Table of Contents

Registration .......................................................................................................................................2
Housing & Meals.............................................................................................................................5
What to Bring ..................................................................................................................................7
Rules & Policies ..............................................................................................................................8
Arriving to Campus ......................................................................................................................10
Check-in & Check-out ..................................................................................................................12
STRIPES Schedule .......................................................................................................................13
Registration
Students interested in participating in the STRIPES program can register through their checklist in their portal. Students MUST register for orientation before they will be able to access the STRIPES registration form. Please review all participant and registration information before registering.

Students have the option between two, four-day sessions from which students may choose. Each STRIPES session begins on a Monday and ends on a Thursday afternoon. Sessions are limited to 330 participants each, and registration is available on a first-come, first-serve basis.
Registration Options
$315 which includes:

- Housing & meals for the duration of the program
- STRIPES T-shirt
- STRIPES water bottle, lanyard, and manual

$355 which includes:

- Additional night of housing the Sunday before STRIPES begins, dinner Sunday night, and breakfast Monday morning
- Housing & meals for the duration of the program
- STRIPES T-shirt
- STRIPES water bottle, lanyard and manual

Payment & Fee Waivers
STRIPES registration fees will be placed on the student’s fee bill in July, which can be viewed through their myLSU account. Students that have financial aid in excess of the required costs (tuition, room & board, student fees, etc), can also utilize their financial aid for the STRIPES registration.

In addition, STRIPES offers fee waivers for students with demonstrated financial need. To be eligible for consideration, students must complete the following:

- Register for STRIPES by July 7, 2019
- Check the box on the form indicating they wish to be considered for a fee waiver
- Have a completed FAFSA on file with LSU

Students will be notified via their LSU email no later than July 26, 2019 regarding their fee waiver status. They will be contacted EITHER way (whether they receive a fee waiver or not) and each email asks for a response back from the student.

If a student does not receive a fee waiver, they have the option to stay registered and put the fee on their fee bill or cancel their registration. If a student does not respond to cancel their registration, we will assume they are attending, and the cost of registration will be added to their fee bill.

The fee waiver does not cover the $40 charge for the student checking in on Sunday night (6pm-10pm). That $40 charge will be placed on their fee bill.
Cancellation Policy & Refunds
If a student wishes to cancel their registration for STRIPES, they must do so via email to stripes@lsu.edu with the following information:

- Participant’s full name;
- Participant’s LSU ID number;
- STRIPES session for which they were registered;
- Reason for cancellation.

Students wishing to receive a full refund must cancel their registration by Saturday, August 3, 2019.
Housing & Meals
All students attending STRIPES are required to stay overnight in a campus residence hall. Participants are housed in Spruce Hall.

Accommodations in Spruce Hall include:

- 400 bed spaces
- Wi-Fi & Wired Internet
- Lounges and study spaces on each floor
- On site Classrooms and Conference Room
- Community Kitchen
- Bathroom in each suite
- Community multipurpose room with TV
- Courtyard and Patio
- Security-card access
- Walking distance to Tiger Stadium, the Quad, and the LSU Student Union

Please note that bedding, towels and toiletries are not provided by STRIPES.
All meals are included in the registration fee, beginning with lunch on Monday and ending with breakfast on Thursday. Most meals are served in the campus dining halls and offer a variety of options at each meal time.

During the program, there will be three catered meals including jambalaya at the Fais Do-Do, a breakfast buffet at College Connections, and a tailgate style dinner. Snacks are also provided during the scheduled late night activities each evening.

If a student has any special dietary needs, they should indicate those requirements on the registration form.

Students may also bring extra money if they wish to order food for delivery from a local restaurant.
What to Bring

Students participating in STRIPES are encouraged to wear clothing that is comfortable and suitable for a long day of activity. August temperatures in Louisiana are very hot and humid, and students should bring enough clothing for at least four days.

In the case of rain, it may be a good idea to bring extra clothes and/or a rain jacket. For some activities, participants and staff members will be outside rain or shine. Students will want to wear comfortable tennis shoes; and due to the activities scheduled, open toe shoes, sandals, skirts, short shorts, and dresses are not recommended for the program.

Here is a recommended list of items to bring:

- Alarm Clock
- Backpack
- Bug Spray
- Camera
- Clothing for four days
- Extra money for food and/or bookstore
- Flashlight
- Hand sanitizer
- Hat
- LSU apparel
- Medications - Any prescription or non-prescription

- Pillow, sheets, sleeping bag and/or blankets (Beds are Twin XL)
- Rain jacket
- Snacks
- Shower shoes
- Sleepwear
- Sunscreen
- Tennis shoes
- Toiletries – including hand soap
- Towels and washcloths
- Umbrella
- Water bottle
Rules & Policies
Students who participate in STRIPES are required to abide by the following rules and regulations. If a student does not comply with the rules below, they may be asked to leave the program without refund.

In addition, all STRIPES participants are subject to Residential Life policies and the LSU Student Code of Conduct.

Alcohol & Drugs
Absolutely no alcohol or illegal drugs will be allowed for any reason. Students taking prescription drugs for medical conditions should include that information on the STRIPES registration form. If a student requires life-saving medications or devices, they should carry them at all times (e.g. asthma/inhaler).

Smoking
LSU is a tobacco free campus. No smoking or chewing tobacco is permitted on campus. This includes vaporizers.

Car Keys
Car keys will be collected by staff on the first day of the program and will be returned on the last day of STRIPES. If a student needs to access their car, ask a staff member to accompany you to STRIPES headquarters and from your car as a safety precaution.
Cell Phones
Students are allowed to keep their cell phones with them throughout the STRIPES program.

Please be respectful of all staff, guests and presenters and refrain from using your cell phone except for during breaks or free time. If you are carrying your phone to scheduled activities, please ensure that it is set to vibrate or silent.

Guests
Students are not allowed to visit or be visited by guests at the STRIPES program.

Jogging
If a student would like to go for a jog around campus in the morning, they may do so, but should bring another participant with them. Please bring your cell phone and the phone number of a STRIPES staff member in case you get lost. As a safety precaution, please do not run alone or at night.

Leaving STRIPES
No student is allowed to leave the program early without permission from a parent or guardian. If you need to leave for an emergency, please have a parent or guardian call the STRIPES advisor via cell phone. Students who leave the program early will not be permitted to return, and are not eligible for a refund.

Lights Out
When staff calls for “lights out,” all participants must return to their assigned rooms for the remainder of the night.

Locked Doors
When leaving your room, always bring your student ID, keys and emergency phone numbers in addition to locking your door.

If you lose the key to your assigned residence hall room, you may be billed for the cost of a lock change ($65).

Participation
Participants are expected to attend all scheduled events. Some of the events are physically strenuous, and several are conducted outdoors. Participants always engage in these activities by choice, no student will be forced to participate. Students with concerns about participating in any of the events should speak with their small group leaders, an executive staff member, or professional staff.

Please do NOT schedule interviews, tests, doctor appointments, or other meetings during the STRIPES program. You are expected to remain with the program during its entirety.

Small Groups
It is important for participants to stay with their small groups at all times. Many of the activities during STRIPES are done within small groups to promote teamwork and help students meet new friends. If for some reason you need to step away from the group, please get the approval of your small group leader first.
Arriving to Campus

Please note that the center of campus is closed to visitors, students, and families during weekdays from 7:00 am to 4:30 pm. No one will be allowed access to the inner streets of campus, so it is important to follow the driving directions below.

Directions to Spruce Hall:

From I-10 West

1. Take exit 156B–Dalrymple Drive/LSU.
2. Stay right off exit ramp and merge onto Dalrymple Drive.
3. Turn right on to Highland Road.
4. At the fourth stop light, turn left on to Aster Street.
   a. If you are bringing your car: turn right onto Spruce Drive and the parking lot will be on your left.
   b. If you are being dropped off: turn left onto Spruce Drive and the drop off area will be on your right.
From I-10 East

1. Take exit 155A–Nicholson Drive/Highland Road.
2. Go straight off the exit on to Highland Road.
3. At the fifth stop light, take a right on to Aster Street.
   a. If you are bringing your car: turn right onto Spruce Drive and the parking lot will be on your left.
   b. If you are being dropped off: turn left onto Spruce Drive and the drop off area will be on your right.

Parking Information
Signs will be posted around the entrances to campus directing students where to park. Staff members will be stationed around Spruce Hall directing students to appropriate parking lots.

Families dropping off students will be allowed to park in loading/unloading areas for approximately 15 minutes. Once your student is dropped off at STRIPES, you must move to visitor parking if you wish to stay longer.

Students driving themselves to STRIPES should indicate that on the registration form. Parking permits will be available at check-in for those who requested one. Permits are valid in any blue or green student lot.

Please only park in the designated areas, and keep your permit visible at all times through the front windshield. STRIPES and LSU will not be responsible for cars that are towed or ticketed while parked in a non-designated area.
Check-In & Check-Out

Early Arrival Check-In
For students selecting early check-in on the registration form, check-in begins at 6 pm on Sunday and continues until 10 pm. Please do not arrive before the scheduled check-in time as staff will not be available to assist you.

Standard Check-In
Check-in for students arriving on Monday will begin at 8:00 am and end at 9:30 am. Students should keep in mind that approximately 330 participants will be checking in for each session. Activities begin on Monday at 9:45 am sharp, and participants should plan accordingly. Late check in is subject to staff availability. Participants, checking in late, may miss a significant portion of the program.

Check-Out
Participants should be packed and ready to check out on the last day of the program before attending any scheduled activities. This will help the check-out process run more efficiently. Should a participant need to check out early, please have a parent or guardian call the STRIPES advisor via cell phone. Students who leave the program early will not be permitted to return.

Participants check out of their residence hall room by returning their keys to STRIPES staff. Failure to return a key may result in a lock change charge of $65 to the student.
**STRIPES Schedule**
Take a look at a sample schedule for the STRIPES program. Please note that this only a sample schedule and not the exact STRIPES program—we do our best to change the program to best suit our students’ needs each year.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Check-In</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Floor Meeting</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Welcome</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>Small Group Meeting #1</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td>Lunch/Buddy Group Meeting #1</td>
</tr>
<tr>
<td>1:40 p.m.</td>
<td>Love Purple, Live Gold Trilogy</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Small Group Meeting #2</td>
</tr>
<tr>
<td>4:40 p.m.</td>
<td>Leadership</td>
</tr>
<tr>
<td>5:55 p.m.</td>
<td>Dinner/Buddy Group Meeting #2</td>
</tr>
<tr>
<td>7:45 p.m.</td>
<td>STRIPES Games</td>
</tr>
<tr>
<td>9:30 p.m.</td>
<td>Late Night Activities</td>
</tr>
<tr>
<td>12:00 a.m.</td>
<td>Lights Out</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
</tr>
<tr>
<td>------------</td>
<td>--------------------------------------------</td>
</tr>
<tr>
<td>8:15 a.m.</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:05 a.m.</td>
<td>Extravaganza</td>
</tr>
<tr>
<td>10:05 a.m.</td>
<td>Wellness Presentation</td>
</tr>
<tr>
<td>10:55 a.m.</td>
<td>Get Smart with CAS/Adjusting to College</td>
</tr>
<tr>
<td>12:10 p.m.</td>
<td>Lunch/Small Group Meeting #3</td>
</tr>
<tr>
<td>1:50 p.m.</td>
<td>Diversity &amp; Inclusion</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>Buddy Group Meeting #3</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>Snack Break</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Mock Lecture</td>
</tr>
<tr>
<td>4:45 p.m.</td>
<td>Find Your Classes</td>
</tr>
<tr>
<td>5:55 p.m.</td>
<td>Fais Do Do</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>Campus Tour</td>
</tr>
<tr>
<td>8:30 p.m.</td>
<td>Alma Mater</td>
</tr>
<tr>
<td>9:15 p.m.</td>
<td>Late Night</td>
</tr>
<tr>
<td>12:00 a.m.</td>
<td>Lights Out</td>
</tr>
</tbody>
</table>

**Wednesday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td>College Connections Breakfast</td>
</tr>
<tr>
<td>9:35 a.m.</td>
<td>Student Services Tour</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Roll Call/Flag Presentation</td>
</tr>
<tr>
<td>11:50 p.m.</td>
<td>Lunch/Career Center Presentation</td>
</tr>
<tr>
<td>1:35 p.m.</td>
<td>Geaux Get Involved</td>
</tr>
<tr>
<td>3:05 p.m.</td>
<td>Service Project</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Buddy Group Meeting #4</td>
</tr>
<tr>
<td>4:30 p.m.</td>
<td>Break/Bookstore Visit</td>
</tr>
<tr>
<td>5:10 p.m.</td>
<td>Spirit in Sports</td>
</tr>
<tr>
<td>6:20 p.m.</td>
<td>Tailgate Dinner</td>
</tr>
<tr>
<td>7:10 p.m.</td>
<td>Small Group Meeting #4</td>
</tr>
<tr>
<td>8:40 p.m.</td>
<td>Passing the Torch</td>
</tr>
<tr>
<td>9:20 p.m.</td>
<td>Late Night</td>
</tr>
<tr>
<td>12:00 a.m.</td>
<td>Lights Out</td>
</tr>
</tbody>
</table>

**Thursday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:15 a.m.</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:05 a.m.</td>
<td>Small Group Meeting #6</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Quiz Bowl</td>
</tr>
<tr>
<td>10:25 a.m.</td>
<td>Streak Off</td>
</tr>
<tr>
<td>10:55 a.m.</td>
<td>Closing Session</td>
</tr>
<tr>
<td>11:35 a.m.</td>
<td>Check-Out</td>
</tr>
</tbody>
</table>

For additional information about the LSU STRIPES program or if you have any questions, please email stripes@lsu.edu or (225) 578-2781.