Mental Health Service will offer three group series on relationships to self and others. Learn ways to improve your current relationships, prepare for future ones, and handle the hardships that may come. Interested students are encouraged to join the group each week or drop in for a topic of interest. **These seminars are open to all students and SHC patients.**

**MEN’S DEVELOPMENT SEMINARS**

3:00-4:30PM | WEDNESDAYS
Check in at the Front Desk (Room 250), Second Floor, SHC

SEPT 19  Understanding Self in the Age of Gender Spectrum
OCT 24  Relating to Fathers
NOV 14  Relating to Women
NOV 28  Rites and Rituals of Passage