



Spring 2022

OLLI AT LSU

Osher Lifelong Learning Institute

**Learners
Age 50 &
Above**

LSU Online
& CONTINUING EDUCATION

Welcome to OLLI AT LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 124 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Online & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU's focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. For Spring 2022, we are offering virtual courses and in-person classes! Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners age 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

Membership

OLLI at LSU is open to anyone who meets its two requirements:

1. Is 50 years old and older; and
2. Enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. Membership fee is tax deductible. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Camellia City Chapter, Felicianas Chapter, or Lagniappe Chapter. There is a special membership fee for all new members for \$25 that is good through June 30, 2022.

OLLI at LSU Benefits

- **Courses:** Experience learning something fun, challenging or amazing!
- **Field Trips:** Visit special places throughout Southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks in some of the most beautiful places in Southern Louisiana and Mississippi.
- **UREC discount:** Exercise at the UREC center on LSU campus at a discounted rate.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at many locations throughout Southern Louisiana.
- **LSU School of Music and Dramatic Arts:** Pay same discounted rate as LSU students. Includes all events at LSU Student Union as well.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535

Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.

- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

Inclement Weather and Class Cancellations

We sometimes have bad weather during the semesters and a class session may need to be canceled. We follow the St. Tammany Parish School System for the Camellia City Chapter, EBR Parish School System for Lagniappe Chapter, and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU's closing announcements (check online: www.lsu.edu).



COURSE CALENDARS

COURSES BEGIN MARCH 7

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Camellia City Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beginner Ukelele 10:00 - 11:30 am Slidell Education Center	Tai Chi Chuan Yang Style 24 Short Form 4:00 - 5:00 pm Location: TBD			
Current Economic Issues 12:00 - 1:00 pm Slidell Education Center				

Camellia City Chapter COURSE LOCATIONS:

- **Slidell Regional Education Center**, 1050 Gause Blvd.

Camellia City Chapter Courses

ONLINE CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Preparing and Grading Collectible Cards for Online Sale 1:30 - 2:30 pm	Tap Into Your Inner Creative: Enhance Your Business and Your Life with Storytelling 2:30 - 4:00 pm	Connecting with Friends and Family: Social Media 101 2:30 - 4:00 pm	Choosing and Preparing Foods for a Healthier Life 2:00 - 3:30 pm	
Collecting, Preparing, and Sharing Family Stories 3:30 - 4:30 pm	Wines of the World 4:00 - 5:30 pm	Artist Talks 3:30 - 4:30 pm	Wines of the World 4:00 - 5:30 pm	

Felicianas Chapter Courses

IN-PERSON CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Basics of Floral Design 9:00 - 11:00 am Grace Episcopal Church	Basic Yoga 8:00 - 9:00 am Grace Episcopal Church	Beginning Yoga 9:00 - 10:00 am West Feliciana Parish Library	Basic Yoga 8:00 - 9:00 am Grace Episcopal Church	Beginning Yoga 9:00 - 10:00 am West Feliciana Parish Library
A Study of Whodunnits Involving Miss Marple and Hercule Poirot by Agatha Christie 9:30 - 11:30 am West Feliciana Parish Library	Introduction to Genealogy 9:00 - 11:00 am West Feliciana Parish Library	Line Dance 10:15 am - 12:15 pm West Feliciana Parish Library (Except 3rd Thursday at Grace Episcopal Church)	Is the Book Always Better than the Film? 9:30 - 11:30 am West Feliciana Parish Library	Finally, It's Not Hopeless for Louisiana 10:15 am - 12:15 pm West Feliciana Parish Library
		Dancing Couples 12:30 - 2:30 pm West Feliciana Parish Library		
Great Decisions 2022 1:00 - 3:00 pm West Feliciana Parish Library	Ukraine and the Chornobyl Nuclear Accident 1:00 - 3:00 pm West Feliciana Parish Library	Playing Duplicate Bridge 1:00 - 4:00 pm West Feliciana Parish Library	The Decline of Democracy 1:00 - 3:00 pm West Feliciana Parish Library	

Felicianas Chapter COURSE LOCATIONS:

- **Grace Episcopal Church**, 11621 Ferdinand St.
- **West Feliciana Parish Library**, 5114 Burnett Rd.

COURSE CALENDARS

COURSES BEGIN MARCH 7

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Lagniappe Chapter Courses

IN-PERSON CLASSES

☐ HYBRID CLASSES

Beginning Pickleball 9:00 - 11:00 am BREC Greenwood Community Park - Tennis Center, Baker	Better Homes and Gardens Six Pocket Bag 9:00 - 11:00 am Broadmoor United Methodist Church	Modern Art 9:00 - 11:00 am Hybrid Broadmoor United Methodist Church & Online		
Basic Hatha Yoga 9:30 - 10:30 am First Christian Church	Smartphone Photography 9:00 - 11:00 am Broadmoor United Methodist Church	Basic Hatha Yoga 9:30 - 10:30 am First Christian Church		
Disasters, Resilience, and Long-Term Recovery 12:30 - 1:30 pm Broadmoor United Methodist Church	Survey of US History from First People to Early European Colonization 9:00 - 11:00 am Broadmoor United Methodist Church	Beginning Bridge 9:30 - 11:30 am The Blake Retirement Community at the Grove		Beginning Bridge 9:30 - 11:30 am The Blake Retirement Community at the Grove
Agatha Christie's Miss Marple and Hercule Poirt Mysteries 1:45 - 3:45 pm Broadmoor United Methodist Church	Life Writing 11:30 am - 1:30 pm Broadmoor United Methodist Church	So What! You're Over 50! Current Advances in Medicine and Surgery 11:30 am - 1:00 pm Hybrid Broadmoor United Methodist Church & Online	Survey of American Film, Part II 11:30 am - 1:30 pm Broadmoor United Methodist Church	Potpourri: A Collection of Interesting Subjects 9:30 - 11:30 am St. James Place
Ukraine and the Chornobyl Nuclear Accident 1:45 - 3:45 pm Broadmoor United Methodist Church	Potpourri: A Collection of Interesting Subjects 11:30 am - 1:30 pm Hybrid Broadmoor United Methodist Church & Online	An Introduction to Christology 11:30 am - 1:30 pm Broadmoor United Methodist Church	Beginning Herb Gardening 12:00 - 1:30 pm Broadmoor United Methodist Church	Line Dance 12:30 - 2:30 pm Jeffie Jean Dance Studio
Backyard Birdwatching 3:00 - 4:30 pm Hilltop Arboretum	North to Alaska 1:45 - 3:45 pm Hybrid Broadmoor United Methodist Church & Online	Eminent Victorians 1:45 - 3:45 pm Hybrid Broadmoor United Methodist Church & Online	A Thirty-Ninth Opera Season 1:30 - 3:30 pm St. James Place	
Shakespeare's Rome 4:00 - 6:00 pm St. James Place	Spanish For Beginners 1:45 - 3:45 pm Broadmoor United Methodist Church	American Revolution: Interesting People, Facts, & Ideas 2:00 - 3:00 pm St. James Place	Public Education: The Road Ahead 1:45 - 3:45 pm Broadmoor United Methodist Church	Beginning Bridge II 2:00 - 4:00 pm The Blake Retirement Community at the Grove
Flicks and Foods 6:30 - 9:00 pm Drusilla's Seafood Restaurant	The World of Italian Wine 7:00 - 9:00 pm Pocorello's Casa D'Italia Restaurant	Beginning Bridge II 2:00 - 4:00 pm The Blake Retirement Community at the Grove	Spanish for Intermediates 1:45 - 3:45 pm Broadmoor United Methodist Church	

Lagniappe Chapter COURSE LOCATIONS:

- **Broadmoor United Methodist Church**, 10230 Mollylea Dr.
- **BREC Greenwood Park - Tennis Center**, 13350 Hwy. 19
- **Blake Retirement Community**, 9511 Creekview Dr.
- **Drusilla's Seafood Restaurant** 3482 Drusilla Lane D.
- **First Christian Church**, 8484 Old Hammond Hwy.
- **Hilltop Arboretum**, 11855 Highland Rd.
- **Jeffie Jean Dance Studio**, 11600 South Harrells Ferry Rd.
- **Pocorello's Casa D'Italia Restaurant**, 12240 Coursey Blvd.
- **St. James Place Retirement Community**, 333 Lee Dr.

COURSE CALENDARS

COURSES BEGIN MARCH 7

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Lagniappe Chapter Courses

ZOOM VIRTUAL CLASSES

☐ HYBRID CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Revolutions in Faith: Profiles from the European Reformation, 1517-1648 9:00 - 10:00 am	Let's Talk Critical Race Theory 9:00 - 10:30 am	Modern Art 9:00 - 11:00 am Hybrid Broadmoor United Methodist Church & Online	Black Lives Matter 9:00 - 10:30 am	
Renaissance and Baroque Art in Europe 10:15 - 11:15 am	Dorothy Parker: The Wit Continues 11:30 am - 1:00 pm	Camellias - The Here and How 9:15 - 10:45 am	Broadway in the 21ST Century 9:00 - 11:00 am	
	Potpourri: A Collection of Interesting Subjects 11:30 am - 1:30 pm Hybrid Broadmoor United Methodist Church & Online	The Six Queens of Henry VII 10:00 - 11:30 am	The Total Nutrition Makeover 11:30 am - 12:30 pm	
	North to Alaska 1:45 - 3:45 pm Hybrid Broadmoor United Methodist Church & Online	So What! You're Over 50! Current Advances in Medicine and Surgery 11:30 am - 1:00 pm Hybrid Broadmoor United Methodist Church & Online		Red Herrings & White Elephants – Odd Words and Phrase Origins 1:15 - 2:15 pm
Great Decisions 2022 2:00 - 4:00 pm	Preventing Cognitive Decline as We Age 2:00 - 3:00 pm	Eminent Victorians 1:45 - 3:45 pm Hybrid Broadmoor United Methodist Church & Online		
	The Anthropology of Body Modification 3:15 - 4:15 pm		Shakespeare's Star-Crossed Lovers 5:00 - 7:00 pm	



Register online: online.lsu.edu/olli

Contact OLLI at LSU: **225-578-2500**



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FACEBOOK GROUP!

[FACEBOOK.COM/GROUPS/OLLI.LSU](https://facebook.com/groups/olli.lsu)

OSHER LIFELONG LEARNING INSTITUTE AT LSU

LSU Online & Continuing Education

340 E. Parker Boulevard., Baton Rouge, LA 70808

Phone: 225-578-2500

Website: online.lsu.edu/olli

Email: OLLI@outreach.lsu.edu

TYPES OF CLASSES

We will be delivering our classes to you in the following ways:

- **In-person** – Classes will be offered at various locations in Baton Rouge, St. Francisville, and Slidell. Registration will be limited to classroom capacity.
- **Zoom Online** – Classes will be offered online via the Zoom platform. Programs are not recorded and must be attended on the date and time listed.
- **Hybrid Live/Streaming Class** – Classes will have both an “In-person” and “Zoom” participation option. When filling out the online form, classes designated as “Hybrid” are listed twice. Make sure to choose the section that corresponds with your preferred class type.



In-person class



Zoom class

EARLY BIRD SPECIAL

Register online or by telephone to qualify for the Early Bird Special! Register from Monday, February 7 – Sunday, February 20 at 11:59pm and pay the early bird fee. Beginning Monday, February 21 at 12:00 a.m., each course will increase by \$5. Courses with low enrollment as of Friday, February 25, may be canceled. If you register by March 4, and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees). Note: Credit and debit cards are the only methods of payment for registration and membership fees.

PHOTOGRAPH POLICY

We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

VOLUNTEERS NEEDED

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Osher Lifelong Learning Institutes are guided by members and are volunteer driven organizations! Our staff is dedicated but small, and volunteers are vital to the success, quality, and sustainability of the institute's programs. This season, volunteers are more important than ever, as we work to bring OLLI at LSU back to where it was prior to COVID. Your time, talents, and resources are valuable and greatly appreciated as we strive to offer high quality opportunities to the community. If you are interested, contact OLLI at LSU OLLI@outreach.lsu.edu.

CAMELLIA CITY CHAPTER COURSES

 In-person class  Zoom class

Artist Talks

Do you like to see amazing artwork from various time periods? Are you curious about the creative mind? Artist Talks (for Inquisitive Minds) is a series of informal, short presentations with a glimpse into artists, their motivations, techniques, and their connection to the global world. Each talk will be followed by optional discussions that evolve into the following week's topic. Participants will see samples of the artist's work, processes when pertinent, and have a front-row seat as we discover the power of the arts. After our initial presentations, class members will be offered options to help guide the direction of the topics, based on interest levels. You need not be an artist to have an interest in the arts and the rich history of creative minds. If you happen to be an artist, these talks will surely stir the muse inside you.

Time & Dates: 3:30 p.m. – 4:30 p.m.
Wednesday, March 9, 16, 23

Course Code: OSARTT(2)

Course Fee: \$15 (early bird \$10)

Instructor: Charlotte Collins

Coordinator: Margo Guilott

Location: Zoom Online

Beginner Ukulele

Learn to play the ukulele - no musical experience necessary! Ukulele is fun, friendly, and easy to learn, which is why it's one of the most popular instruments in the world. Even a beginner will pick up basic chords and play songs in no time!

Time & Dates: 10:00 a.m. – 11:30 a.m.
Monday, March 7, 14, 21

Course Code: OSUKU(3)

Course Fee: \$20 (early bird \$15)

Instructor: Rose Marie Sand

Coordinator: Mark Stahl

Required Supplies: ukulele (any size) and tuner. The instructor will personally advise individuals regarding their purchase of a ukulele.

Location: Slidell Education Center

Choosing and Preparing Foods for a Healthier Life

Eating healthier is an individual journey! For most, it does not happen overnight. This course aspires to help you find your healthy path, make food choices that support your health, and to prepare nutritious meals effortlessly. It will be sprinkled with lessons the instructor has learned on her health journey that is intended to inspire you.

The four classes will cover:

1. An introduction to making delicious and healthy food choices; preparing juices and smoothies.
2. Prepping food for the week and simple recipes to ensure you always have something nutritious on hand.
3. Preparing one-pot meals and soups with the assistance of various cooking appliances such as a pressure cooker, slow cooker and high-speed cooking blender.
4. Growing your own herbs and spices to have them on hand to enhance the taste of the foods you prepare.

The instructor will share some of her favorite recipes, how she identified food sensitivities and more.

Time & Dates: 2:00 p.m. – 3:30 p.m.
Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OSFOOD(3)

Course Fee: \$35 (early bird \$30)

Instructor: TroyLynne Perrault

Coordinator: Mark Stahl

Location: Zoom Online

NEW! Collecting, Preparing & Sharing Family Stories

Family history is more than ancestry. It is also the stories that our family members share with one another. Stories that are retold with one another individually or in family gatherings paint a rich portrait of a family member's experiences, wisdom, nature of individual or group relationships, and perhaps most importantly, the humor that defines and enriches our lives. This six-session course will address:

1. The reasons why we need to collect personal stories from family members
2. The kinds of stories to collect

3. Tips for successfully collecting and preserving stories and
4. Written and video examples of personal stories that keep memories of our families alive.

The course will be interactive as participants will be asked to collect, share, and discuss their family stories. At the end of the course, we want to ask each member to share one story in written form that can be included in a document of OLLI class participants. The instruction will be led by two or three individuals who have experience in collecting or studying family narratives.

Time & Dates: 3:30 p.m. – 4:30 p.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OSTORIES(1)

Course Fee: \$25 (early bird \$20)

Instructor: Mark Stahl

Coordinator: Mark Stahl

Optional Supplies: A good recording device would be helpful for use when collecting stories

Location: Zoom Online

NEW! Connecting with Friends and Family: Social Media 101

Have you heard the buzz about applications like Facebook/META and Twitter but been hesitant to give them a try? Do your family members and friends share photos of new babies, life's milestones, family gatherings and fun news while you feel like you're missing out? Social Media 101 is going to teach you the basics so you can be part of the adventures. In this three-hour course, you will learn how to create a Facebook page and connect with family and friends, how to set up a Twitter account and the basics of sharing information. The course will also touch upon safety issues to keep your account secure, as well as learning how to control who has access to your information. If you can turn on a computer and type, you can learn all about social media with this two-part introductory class. Bring a computer and join the party!

Time & Dates: 2:30 p.m. – 4:00 p.m.

Wednesday, March 9, 16

COURSE DESCRIPTIONS

CAMELLIA CITY CHAPTER COURSES

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CAMELLIA CITY CHAPTER COURSES

 In-person class  Zoom class

Course Code: OSOCMED(2)
Course Fee: \$15 (early bird \$10)
Instructor: Kim Bergeron
Coordinator: TBD
Location: Zoom Online

NEW! Current Economic Issues

This class will present some material on four important current economic issues for discussion:

Week 1 – The US Deficit and Debt
Week 2 – Social Security and Medicare
Week 3 – the US Health Care System
Week 4 – The New Orleans Regional Economy Professor Lane will present some data on each topic along with a brief, easily understood explanation of the basic issues involved.

Time & Dates: 12:00 p.m. – 1:00 p.m.
Monday, March 7, 14, 21, 28
Course Code: OSECON(3)
Course Fee: \$20 (early bird \$15)
Instructor: Dr. Dub Lane
Coordinator: Margo Guilott
Location: Slidell Education Center

NEW! Preparing and Grading Collectible Cards for Online Sale

This course introduces individuals who have or want to acquire collectible cards (sports, video game, movie/entertainment cards) for the purpose selling or reselling them online. If you have vintage cards stored in a shoe box in your closet, this course is for you! We will all learn from each other through discussion, visiting online sites, and listening to experts. Participants do not need to have any expertise in selling cards, just an interest in learning how to go about getting cards authenticated (graded for quality), when it's worth getting them graded, preparing collections of any size for authentication and sale, knowing where to get cards graded, and how and where to sell them. The four sessions of the course will cover:

1. Knowing your collection and preparing it to be sold.
2. Learning how to assess its worth

3. Getting your best or key cards graded
4. Submitting them for sale to online auction houses or eBay.

Time & Dates: 1:30 p.m. – 2:30 p.m.
Monday, March 7, 14, 21, 28

Course Code: OSCARDS(2)
Course Fee: \$20 (early bird \$15)
Instructor: Mark Stahl
Coordinator: Mark Stahl
Location: Zoom Online
Optional Supplies: Any collectible card supplies are available online or at card shops

NEW! Tai Chi Chuan Yang Style 24 Short Form

Tai Chi Chuan is a powerful path to self-development through strength training, concentration, and breath work. The results can be enhanced coordination, balance, and relaxation. It is recognized that practicing Tai Chi Chuan produces physical and mental wellbeing and is an ideal martial art and healing art for staying fit through the aging process. Tai Chi can be smooth and continuous yet when properly trained can be strong and defensive. Fundamental stance work, moving drills, and analysis of martial applications will be studied. Upon successful completion of this course, students should be able to join in any open invitation session of Yang Style 24 Short Form Tai Chi Chuan.

Time & Dates: 4:00 p.m. – 5:00 p.m.
Tuesday, March 8, 15, 22, 29
Course Code: OSTAI(2)
Course Fee: \$20 (early bird \$15)
Instructor: Marie Ricca
Coordinator: Margo Guilott
Location: TBD in Slidell

NEW! Tap Into Your Inner Creative: Enhance Your Business and Your Life with Storytelling

What do The Beatles, an Amtrak train and Super Bowl Sunday have in common? They're all part of the case studies that

will be presented in this three-part course designed to teach how changing the way you think can produce magical results. Instructor Kim Bergeron will demonstrate how a shift in perspective and embracing the power of storytelling led to results that many deemed impossible. Each session will wrap with some lively student interaction that will put newfound perspectives to the test.

Sessions include:

Part 1: Connecting the dots to make things happen.

Part 2: How sharing your story on social media can boost your business.

Part 3: When the Universe is calling, do you answer your phone?

This is more than a course. It's a lively adventure that's sure to add a bit of spark to your life!

Time & Dates: 2:30 p.m. – 4:00 p.m.
Tuesday, March 8, 15, 22

Course Code: OSTAP(1)
Course Fee: \$20 (early bird \$15)
Instructor: Kim Bergeron
Coordinator: TBD
Location: Zoom Online

Wines of the World

An exciting and in-depth study of wine from vine to table in which we will explore the wine regions of the world including, history, geography, climate, vineyards, and styles of wine produced in each region. We will also examine grape varieties, grape growing, and wine making. This course will provide you with the knowledge to look at a wine bottle label and better understand what you should expect from the wine. While wine tasting is not required, for those who like to taste wine an objective will be to discover and practice how to become a better wine taster and understand your own taste preferences.

Time & Dates: 4:00 p.m. – 5:30 p.m.
Tues. & Thurs., March 8, 10, 15, 17, 22, 24
Course Code: OSWWW(4)
Course Fee: \$35 (early bird \$30)
Instructor: Dr. Harsha Chacko
Coordinator: Mark Stahl
Location: Zoom Online

COURSE DESCRIPTIONS

COURSES BEGIN MARCH 7

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FELICIANAS CHAPTER COURSES

SESSION I

Basic Yoga

Breathe, stretch & relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions & intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.

Tues. and Thurs., March 8, 10, 15, 17, 22, 24, 29, 31 April 5, 7, 12, 14, 19, 21, 26, 28, May 3, 5

Course Code: OFBEYOG(55)

Course Fee: \$65 (early bird \$60)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Required Supplies: Yoga mat and comfortable clothes

Location: Jackson Hall at Grace Episcopal Church in St. Francisville

NEW! Basics of Floral Design

Learn the basics of floral design. This course will focus on design principles, arranging, flower care, and handling. Participants will work with seasonal materials and create unique arrangements during each class. Enhance your floral artistry while learning about the cultural and historical importance of flowers.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OFLORAL(1)

Course Fee: \$85 (early bird \$80)

Your fee includes all flowers needed for arranging

Instructor: David Parker

Coordinator: TBD

Location: Jackson Hall at Grace Episcopal Church in St. Francisville

Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Wed. and Fri., March 9, 11, 16, 18, 23, 25, 30, April 1, 6, 8, 13, 15, 20, 22, 27, 29, May 4, 6

Course Code: OFGEYOG(24)

Course Fee: \$65 (early bird \$60)

Instructor: Jane Simmons

Coordinator: Carla Bowman

Required Supplies: Yoga mat available on Amazon, Target, and Wal-Mart.

Optional Supplies: Yoga block and yoga strap (instructor can order for those interested)

Location: West Feliciana Parish Library

NEW! Dancing for Couples

Would you like to show off your best moves doing the Cha-cha, jitterbug, swing, waltz, & Cajun 2-step? Come learn traditional dances with a partner in a fun environment. Learn patterns that are syncopated to the rhythm of the music. It is recommended to sign up with a partner or friend, but it is not mandatory. This class will be invigorating & great exercise, so sign up today!

Time & Dates: 12:30 p.m. – 2:30 p.m.

Wed., March 9, 16, 23, 30, April 6, 13

Course Code: OFDANCE(1)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

NEW! The Decline of Democracy

We will examine the ideas, events, and practices which have shaped our experiment in democratic self-government and the growing support for anti-democratic policies and leaders. Topics to be covered will include the treatment of the

 In-person class  Zoom class

indigenous population, the experience with slavery, and the current challenges facing our democratic political institutions.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OFDEM(1)

Course Fee: \$45 (early bird \$40)

Instructor: Jim Bolner

Coordinator: Steve Winham

Location: West Feliciana Parish Library

NEW! Finally, It's Not Hopeless for Louisiana

Louisiana enjoys an abundance of riches: the Mississippi River, the Gulf, large forests, fossil fuels, the huge concentration of multinational industries thriving from our wealth of resources, and our most important resource of all: the generous and celebratory people of Louisiana. Yet, many of those great citizens live in poverty with the lowest quality of life standards in the nation. Why? Powerful special interests have long dominated our state, and for a very long time there was little that could be done to counter such powerful forces. Until now. Beginning a decade ago, faith-based and non-profit organizations throughout the state have been working together to bring about real change, and change is happening.

For example, efforts by these organizations working together have resulted in industries paying hundreds of \$Millions more annually in local property taxes. Louisianans have an opportunity to really move the needle. Come and learn how.

Time & Dates: 10:15 a.m. – 12:15 p.m.

Friday, March 11, 18, 25, April 1, 8, 15

Course Code: OFHOPE(1)

Course Fee: \$45 (early bird \$40)

Instructor: David Treppendahl

Coordinator: Martha Holmgren

Location: West Feliciana Parish Library

Great Decisions 2022

Discussion course on world issues led by moderator. Textbook purchased from Foreign Policy Association. It has about 8 or 9 issues to discuss with background material on each issue. Class begins with

COURSE DESCRIPTIONS

FELICIANAS CHAPTER COURSES

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FELICIANAS CHAPTER COURSES

 In-person class  Zoom class

short DVD on issue. Then discussion is held.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Monday, March 7, 14, 21, 28, April 4, 11, 18, 25

Course Code: OFGRDEC(12)

Course Fee: \$60 (early bird \$55)

Instructor: Sam LeBlanc

Coordinator: Glenn Phillips

Required Supplies: Book from Foreign Policy Association

Required Supplies: *Great Decisions Briefing Book*, at Foreign Policy Association. One can order the book and find an ongoing discussion of issues at https://www.fpa.org/great_decisions or become a fan of Great Decisions on Facebook. There is a link to Amazon, Barnes & Noble, and other internet sites, where the e-book is available.

Location: West Feliciana Parish Library

NEW! Introduction to Genealogy

This course will cover beginning genealogical techniques including gathering family information, evaluating, and documenting sources and citations, and how to use both print and online resources including historical newspapers.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OFGEN(1)

Course Fee: \$45 (early bird \$40)

Instructor: Stacie Davis

Coordinator: Pam Freshney

Location: West Feliciana Parish Library

NEW! Is the Book Always Better than the Film?

Enjoy an opportunity answer this question about film vs. text. In this course we will view film and text excerpts and discuss ways in which Hollywood stays close to the original text and examples where filmmakers transform the film into something very different. Examples of films that we will look at: *Pride and Prejudice*, *Cold Mountain*, *Strangers on a Train*...We will also consider other elements such as director's style, and role that the author played in the film.

Time & Dates: 9:30 a.m. – 11:30 a.m.

Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OFFILM(1)

Course Fee: \$45 (early bird \$40)

Instructor: Jane Simmons

Coordinator: TBD

Location: West Feliciana Parish Library

Line Dance

Come have a great time showing off your best dance moves! Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed over into music styles like disco, pop, Cajun, Latin, contemporary, & traditional. The balance of female & male dancers doesn't matter, so sign up for this fun course as either a single or couple today--don't delay!

Time & Dates: 10:15 a.m. – 12:15 p.m.

Wednesday, March 9, 16, 23, 30, April 6, 13

Course Code: OFLID(7)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Georgia LaCour

Location: West Feliciana Parish Library

Playing Duplicate Bridge

This course is for party bridge players to experience duplicate bridge in a fun relaxed environment. "Playing Duplicate Bridge" will provide each student with the Standard American Yellow Card booklet and convention card. We will use duplicate boards and play two to four boards at each table per round with a goal of completing 12-16 boards each week. Join us for a fun experience that will give you the confidence to play anywhere in the USA.

Time & Dates: 1:00 p.m. – 4:00 p.m.

Wednesday, March 9, 16, 23, 30, April 6, 13

Course Code: OFPDB(4)

Course Fee: \$35 (early bird \$30)

Instructor: Ralph Schomburg

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

NEW! A Study of Whodunnits Involving Miss Marple and Hercule Poirot by Agatha Christie

Agatha Christie is the world's most widely published author—outsold only by the Bible and Shakespeare. Not only did Agatha Christie write puzzling mysteries, but her life also posed a conundrum as well when she vanished for eleven days in 1926. A huge search for her was conducted by the British police, and Sir Arthur Conan Doyle, author of Sherlock Holmes mysteries, brought in an occultist to help. Although she was found, exactly what happened has never been definitively determined. Christie's creations of Miss Marple and Hercule Poirot have entertained generations of mystery lovers both in books and films. Miss Marple, a demure, elderly British lady, and Hercule Poirot, an eccentric, strange-looking Belgian, could not be more different on the exterior, but both have incisive brains that brilliantly untangle crimes. We will read and discuss stories from *Miss Marple: The Complete Short Stories* and *Hercule Poirot: The Complete Short Stories*.

Time & Dates: 9:30 a.m. – 11:30 a.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OFAGATHA(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Olivia Pass

Coordinator: TBD

Required Supplies: Agatha Christie's *Hercule Poirot: The Complete Short Stories*. New York: William Morrow, 2013. and *Miss Marple: The Complete Short Stories*. New York: William Morrow, 1985. They can be purchased at Cottonwood Books or Barnes and Noble in Baton Rouge, the Conundrum Bookstore in St. Francisville, or online at Amazon.com, Barnesandnoble.com, or other online booksellers. They may also be checked out at any public library.

Location: West Feliciana Parish Library

NEW! Ukraine and the Chernobyl Nuclear Accident

Causes and events of the Chernobyl(current

COURSE DESCRIPTIONS

COURSES BEGIN MARCH 7

OLLI
AT LSU

LSU Online
& CONTINUING EDUCATION

FELICIANAS CHAPTER COURSES

 In-person class  Zoom class

proper spelling) Nuclear Plant accident in 1986 in Ukraine, accident response and consequences to people and the environment, and the current status of the site and Chernobyl Exclusion Zone. Each session will include technical and accident discussion and historical and cultural information about the country and people of Ukraine, their society, customs, politics, and transition from a Soviet republic to a democracy. There will be a high-level overview of how electricity is generated, nuclear reactor technology, radioactivity, and radiation safety. Review of the sequence of events, operational errors and design flaws will include contributing causes from the then Soviet culture and government hierarchy. Additional topics will be the settlers' "returnees" to the Exclusion Zone, disposal and disposal of radioactive waste, and the Three Mile Island and Fukushima Daiichi accidents.

Time & Dates: 1:00 p.m. – 3:00 p.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OFCHERN(2)

Course Fee: \$45 (early bird \$40)

Instructor: Richard Hirsch

Coordinator: Dawn Hoyle

Location: West Feliciana Parish Library

SESSION II

Basic Yoga

Breathe, stretch, and relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This class meets twice a week continuously during the semester sessions and intersessions.

Time & Dates: 8:00 a.m. – 9:00 a.m.

Tues. and Thurs., May 10, 12, 17, 19, 24, 26, 31 June 2, 7, 9, 14, 16, 21, 23, 28, 30, July 5, 7

Course Code: OFBEYOG(56)

Course Fee: \$65 (early bird \$60)

Instructor: Owen Kemp

Coordinator: Georgia LaCour

Required Supplies: Yoga mat and comfortable clothes

Location: Jackson Hall at Grace Episcopal Church in St. Francisville

Beginning Yoga

The yoga practiced in this course works for all levels and is very approachable for beginner students. The real focus is on breathing, increased flexibility and strength, balance, and overall body awareness.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Wed. and Fri., May 11, 13, 18, 20, 25, 27, June 1, 3, 8, 10, 15, 17, 22, 24, 29, July 1, 6, 8

Course Code: OFGEYOG(25)

Course Fee: \$65 (early bird \$60)

Instructor: Jane Simmons

Coordinator: Carla Bowman

Required Supplies: Yoga mat available on Amazon, Target, and Wal-Mart.

Optional Supplies: Yoga block and yoga strap (instructor can order for those interested)

Location: West Feliciana Parish Library



LAGNIAPPE CHAPTER COURSES

SESSION I

NEW! Agatha Christie's Miss Marple and Hercule Poirot Mysteries

Agatha Christie is the world's most widely published author—outsold only by the Bible and Shakespeare. Not only did Agatha Christie write puzzling mysteries, but her life also posed a conundrum as well when she vanished for eleven days in 1926. A huge search for her was conducted by the British police, and Sir Arthur Conan Doyle, author of Sherlock Holmes mysteries, brought in an occultist to help. Although she was found, exactly what happened has never been definitively determined. Christie's creations of Miss Marple and Hercule Poirot have entertained generations of mystery lovers both in books and films. Miss Marple, a demure, elderly British lady, and Hercule Poirot, an eccentric, strange-looking Belgian, could not be more different on the exterior, but both have incisive brains that brilliantly untangle crimes. We will read and discuss stories from *Miss Marple: The Complete Short Stories* and *Hercule Poirot: The Complete Short Stories*.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OLAGATHA(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Olivia Pass

Coordinator: Aline Creed

Required Supplies: Agatha Christie's *Miss Marple: The Complete Short Stories*. New York: William Morrow, 1985 and *Hercule Poirot: The Complete Short Stories*. New York: William Morrow, 2013. They can be purchased at Cottonwood Books or Barnes and Noble in Baton Rouge, the Conundrum Bookstore in St. Francisville, or online at Amazon.com, BarnesandNoble.com, or other online booksellers. They may also be checked out at any public library.

Location: Broadmoor United Methodist Church

NEW! American Revolution: Interesting People, Facts & Ideas

Journey with us during the American Revolution. We will cover pre-war, war, and post war periods. The emphasis will be on interesting facts, people, and ideas. We will cover topics such as: Robert Morris - who almost single handedly financed the war (only to wind up in debtor's prison); Daniel Morgan transformed a bunch of backwoods sharpshooters into a fighting force and was part of the reason the British could never claim the South; why West Point was so strategically important (and why Benedict Arnold's treason all the more egregious); and why Washington's personal character saved the war and the nation. We will even cover colonial clothing from the period. Join us for these, and many more, interesting discussions of this dynamic time.

Time & Dates: 2:00 p.m. – 3:00 p.m.

Wednesday, March 9, 16, 23, 30, April 6

Course Code: OLREV(3)

Course Fee: \$20 (early bird \$15)

Instructor: Leah Barron

Coordinator: Brenda Dungan

Location: St. James Place Retirement Community (Theater Room)

NEW! The Anthropology of Body Modification

Over 5,300 years ago, a bronze-age farmer was traversing what is now the Italian Alps, where he met a grisly and untimely death. His body was preserved in the frozen environment and discovered by hikers in 1991, thawing out of a glacier. While scientists were investigating his body, they identified at least 61 simple tattoos covering his body. They believe that these inky black markings were a form of therapy for the man's arthritic joints. This mummy is far from the only instance of prehistoric body modification, however. For thousands of years, humans have altered their physical appearance in a variety of ways, some of which are still popular today, while others may be specific to a culture or period of time. This class will use PowerPoints, and various visual media to explore the depth of human personal expression, from the simple to the elaborate, all around the world.

Time & Dates: 3:15 p.m. – 4:15 p.m.

 In-person class  Zoom class

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLBODY(1)

Course Fee: \$25 (early bird \$20)

Instructor: Ken Tremblay

Coordinator: Kathy Gates

Location: Zoom Online

Backyard Birdwatching

This four week course will cover: attracting birds to your yard, using binoculars and field guides, identification of common birds, all about hummingbirds, and information about the birdwatching resources in Louisiana.

Time & Dates: 3:00 p.m. – 4:30 p.m.

Monday, March 7, 14, 21, 28

Course Code: OLBACKB(2)

Course Fee: \$25 (early bird \$20)

Instructor: Jane Patterson

Coordinator: Jane Patterson

Location: Hilltop Arboretum

Basic Hatha Yoga

Practice yoga and enrich your lifestyle by learning yoga poses and shapes while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility, and strength. Wear comfortable clothes. A yoga mat, yoga block(s) and yoga strap are required (blanket and towel are optional). No prior yoga experience is necessary. You must be able to sit comfortably on your yoga mat on the floor and able to transition to standing poses. Join this coed class of yogis to discover the "present moment" while gaining strength, stamina, and core stability. Leave your shoes, cell phone and the "outside world" to enjoy this class. Focus on the PRESENT and the NOW with gratitude and without judgment in Basic Hatha Yoga class.

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. & Wed., March 7, 9, 14, 16, 21, 23, 28, 30, April 4, 6, 11, 13

Course Code: OLBHY(21)

Course Fee: \$90 (early bird \$85)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Location: First Christian Church

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

Beginning Bridge

People play bridge for one reason: because it's fun! This course will help beginners and social bridge players understand the basics of duplicate bridge. Whether your goal is to enjoy playing with friends or to get involved at a bridge club, these classes will help you get started. It's also a good refresher for people who used to play but have forgotten some of the rules of the game. We will cover the basics of bidding and playing the hand, what makes duplicate different (and so fascinating!), defensive strategy, and common bidding conversations (aka "conventions"). At least half of every class will be spent playing bridge.

Time & Dates: 9:30 a.m. – 11:30 a.m.

Wed. and Fri., March 9, 11, 16, 18, 23, 25,
30, April 1, 6, 8, 13, 15

Course Code: OLBBR(4)

Course Fee: \$90 (early bird \$85)

Instructor: Martha Robson

Coordinator: TBD

Location: The Blake Retirement Community at the Grove

Beginning Bridge, Level 2

The more you know about how to play bridge, the more fun it is! Whether your goal is to dominate in duplicate or to sweep your social games, this class will teach you what you need to know in a fun and supportive atmosphere.

The course is for everyone with a basic knowledge of bridge skills, whether or not you have taken the OLLI Beginning Bridge class. We will cover long suits, big hands, the Circle of Doubles, slams, and Defense. At least half of every class will be spent playing bridge.

Time & Dates: 2:00 p.m. – 4:00 p.m.

Wed. and Fri., March 9, 11, 16, 18, 23, 25,
30, April 1, 6, 8, 13, 15

Course Code: OLBBM(2)

Course Fee: \$90 (early bird \$85)

Instructor: Martha Robson

Coordinator: Ginger Paddock

Location: The Blake Retirement Community at the Grove

NEW! Beginning Herb Gardening

Introduction to common culinary, aerobatic, and useful herbs with an emphasis on native plants. Planting, husbandry, harvesting, and practical applications.

Time & Dates: 12:00 p.m. – 1:30 p.m.

Thursday, March 10, 17, 24, 31

Course Code: OLBHERB(1)

Course Fee: \$25 (early bird \$20)

Instructor: Art Scarbrough

Coordinator: Claire Fontenot

Location: Broadmoor United Methodist Church

Beginning Pickleball

This course will teach you hand/eye coordination and motivate you to become mobile again. At the same time, you'll have more fun than you've had in a long time. The sport is named Pickleball and it's the fastest-growing sport in America right now. People love this game because it's fun, easy to learn, low impact for senior citizens, inexpensive, highly social, and very competitive.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OLPBALL(2)

Course Fee: \$25 (early bird \$20)

Instructor: Robert Kelly

Coordinator: Kathy Gates

Location: BREC Greenwood Community Park--Tennis Center Baker, LA

NEW! Better Homes and Gardens Six Pocket Bag

The Better Homes and Gardens six pocket bag is a roomy and stylish bag just waiting to be filled with your everyday essentials with all the exterior pockets. You won't be short on storage. This cleverly formed bag is an easy to sew project even for beginners.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLBETTER(1)

Course Fee: \$45 (early bird \$40)

Instructor: Lorrie Ingram

Coordinator: TBD

Required Supplies: Better Homes and Gardens six pocket bag pattern(Google it. You can print it from there), sewing machine, thread, scissors, seam ripper, tape measure, marking tool, fabric, batting, interfacing.

Optional Supplies: Rotary cutter, mat, ruler, iron, ironing board

Location: Broadmoor United Methodist Church

Black Lives Matter

This class will be centered around the Black Lives Matter movement, police violence, and the responses to the Black Lives Matter movement. We will begin with the origins of Black Lives Matter and end with the current status of the movement. Part of the objectives of this class is to understand how the past has influenced the present to the movement known as Black Lives Matter.

Time & Dates: 9:00 a.m. – 10:30 a.m.

Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLBML(2)

Course Fee: \$35 (early bird \$30)

Instructor: Relius Johnson

Coordinator: Kathy Gates

Location: Zoom Online

NEW! Broadway in the 21st Century

The 21st Century is young. But in the past two decades we've seen some incredible musical theatre that will no doubt go down as some of the best works of all time. These musicals aren't just filled with gorgeous scores or interesting characters. They raised the bar with their creativity, originality, and themes. So, join me as we explore some of Broadway's sparkling original productions and brilliantly reimagined classics all brought to the stage by musical theatre's newest creators and stars...Broadway in the 21st Century.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLBROADW(1)

Course Fee: \$45 (early bird \$40)

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

Instructor: Brian Pope
Coordinator: Kathy Bosworth
Location: Zoom Online

NEW! Camellias – The Here and How

Everything you ever wanted to know about camellias and then some: their history, what grows around here, their culture, their care, planting for success, transplanting when they cannot stay where they are, and propagating for more.

Time & Dates: 9:15 a.m. – 10:45 a.m.
Wednesday, March 9

Course Code: OLCAMELLIA(1)
Course Fee: \$10 (early bird \$5)
Instructor: Dr. Trent James
Coordinator: Claire Fontenot
Location: Zoom Online

NEW! Disasters, Resilience, and Long-Term Recovery

This course is designed to provide a broad overview of life-changing events, including hurricanes, floods, and other types of disaster. We will examine the consequences of such events for people's daily lives. Different approaches to coping with disaster stressors and strategies to promote healing after loss will be discussed.

Time & Dates: 12:30 p.m. – 1:30 p.m.
Monday, March 7, 14, 21, 28, April 4, 11
Course Code: OLDISASTER(1)
Course Fee: \$25 (early bird \$20)
Instructor: Dr. Katie Cherry
Coordinator: Claire Fontenot
Location: Broadmoor United Methodist Church

Dorothy Parker: The Wit Continues

Dorothy Parker was considered the wittiest woman in America in the 1920s. She's still clever, funny, wise, profound, and shocking. Her short stories show us the many meanings of social justice; what's good for women, and whether it's good for men; how to talk back to powerful people;

how to mend a broken heart and laugh at scoundrels. We'll be reading the second ten short stories in *The Portable Dorothy Parker*.

Time & Dates: 11:30 a.m. – 1:00 p.m.
Tuesday, March 8, 15, 22, 29, April 5, 12
Course Code: OLWIT(2)
Course Fee: \$35 (early bird \$30)
Instructor: Dr. Emily Toth
Coordinator: Kathy Bosworth
Location: Zoom Online

NEW! Eminent Victorians

Hybrid Live/Streaming Class

In 1918 the English writer Lytton Strachey published a book entitled *Eminent Victorians*, pocket biographies of four famous Victorian figures --- Cardinal Manning, Florence Nightingale, Thomas Arnold, and "Chinese" Gordon. His intent was to ridicule Victorian values by showing how hollow Victorian heroes could be. This course will not do that. Instead, it will provide ten pocket biographies of other eminent Victorians who contributed considerably to civilization through inventions, intellectual success, architecture, medicine, and exploration.

Time & Dates: 1:45 p.m. – 3:45 p.m.
Wed., March 9, 16, 23, 30, April 6, 13
Course Code: OLEMIN(1)
Course Fee: \$45 (early bird \$40)
Instructor: Dr. Karl Roider
Coordinator: Karen Egedy
Location: Broadmoor United Methodist Church

Time & Dates: 1:45 p.m. – 3:45 p.m.
Wednesday, March 9, 16, 23, 30, April 6, 13
Course Code: OLEMIN(2)
Course Fee: \$45 (early bird \$40)
Instructor: Dr. Karl Roider
Coordinator: Karen Egedy
Location: Zoom Online

Flicks and Foods

This semester, we'll view and discuss films starring Humphrey Bogart. We'll start with *High Sierra* (1941), the film that made Bogart

a star. A career gangster, ambivalent about his past, is released on parole and immediately falls in with a band of thieves for one last heist. Second is *To Have and Have Not* (1944), a romance-adventure film based on a novel by Ernest Hemingway. Bogard plays an American Expatriate during WWII who aids a French resistance leader; Lauren Bacall plays a sensuous lounge singer in her first film pairing with Bogart. Our final film is John Huston's classic of adventure, greed, and irony, *The Treasure of the Sierra Madre* (1948). A couple of down-on-their luck Americans team with an old prospector to hunt for gold in Mexico, while trying to retain enough trust in one another to work together. All films will be viewed over dinner and shown with captions.

Time & Dates: 6:30 p.m. – 9:00 p.m.
Mon., March 7, 21, April 4
Course Code: OLFLICK(25)
Course Fee: \$150 (early bird \$145)
Instructor: Donald Beale
Coordinator: Kathy Bosworth
Location: Drusilla's Seafood Restaurant

Great Decisions 2022

"Great Decisions," the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. Planned topics for Spring 2022: Changing Demographics, Outer Space, Climate Change, Russia and the United States, Myanmar and ASEAN, Quad Alliance, Drug Policy in Latin America, Industrial Policy, and Biden's Agenda. We will engage in an e-mail discussion a few days before each class.

Time & Dates: 2:00 p.m. – 4:00 p.m.
Monday, March 7, 14, 21, 28, April 4, 11, 18, 25
Course Code: OLGRDEC(14)
Course Fee: \$60 (early bird \$55)
Instructor: Dr. Nancy Sidener

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

Coordinator: Marguerite Davis

Required Supplies: *Great Decisions Briefing Book*, at Foreign Policy Association. One can order the book and find an ongoing discussion of issues at https://www.fpa.org/great_decisions or become a fan of Great Decisions on Facebook. There is a link to Amazon, Barnes & Noble, and other internet sites, where the e-book is available

Location: Zoom Online

NEW! An Introduction to Christology

The purpose of this course is to introduce students to the vast field of study known as Christology. It is intended to enlighten, challenge, and provide methodologies for authentic Christian living in a contemporary social and religious milieu.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Wed., March 9, 16, 23, 30, April 6, 13

Course Code: OLCHRIST(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Francis Vanderwall

Coordinator: TBD

Optional Supplies: *Jesus Before Christianity* by Albert Nolan (available at Amazon.com)

Location: Broadmoor United Methodist Church

NEW! Let's Talk Critical Race Theory

We are living in a polarized time. Critical Race Theory (CRT) is often used to explore and explain how racism has impacted the United States of America. This class will explore the tenets of Critical Race Theory while providing an understanding of what Critical Race Theory is and isn't. In this course, you will take steps to deepen your understanding of historical and social racial inequity through the exploration of Critical Race Theory (CRT).

Time & Dates: 9:00 a.m. – 10:30 a.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLCRT(1)

Course Fee: \$35 (early bird \$30)

Instructor: Relius Johnson

Coordinator: Kathy Gates

Location: Zoom Online

Life Writing

We will discuss the importance of telling our stories and forms and guidelines for sharing those stories. We will work on writing, editing, and sharing our stories.

Time & Dates: 11:30 a.m. – 1:30 p.m.

Tuesday, March 8, 15, 22, 26, April 5, 12

Course Code: OLIFEW(27)

Course Fee: \$45 (early bird \$40)

Instructor: Versa Stickle

Coordinator: Myrna Bergeron

Required Supplies: Your preferred writing materials - Pen, paper, 3 -ring binder or laptop / tablet

Optional Supplies: *Tell Me a Story, The Life-Shaping Power of our Stories* Daniel Taylor, 2001, *Creating a Spiritual Legacy* Daniel Taylor, 2011, *Your Story Matters* Leslie Leyland Fields, 2020

(all available on Amazon.com)

Location: Broadmoor United Methodist Church

Line Dance

Come have a great time showing off all your best dance moves. Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, pop, Cajun, and Latin. In line dancing, the balance of male and female partners doesn't matter, so sign up for this course either as a single or a couple. The fun begins with "The Cupid Shuffle" and ends with "The Zydeco Bounce."

Time & Dates: 12:30 p.m. – 2:30 p.m.

Friday, March 11, 18, 25, April 1, 8, 15

Course Code: OLLID(25)

Course Fee: \$45 (early bird \$40)

Instructor: Jerisse Grantham

Coordinator: Mackie Burt

Location: Jeffie Jean Dance Studio

Modern Art

Hybrid Live/Streaming Class

This class will continue the fall class's exploration of shifts occurring in painting,

the development of immersion exhibitions, and expansive public art. We will begin with art movements in the 1960s, including the New Realism, Minimal Art, Op Art, the introduction of shaped canvases, and the increasing internationalism of art, far beyond the handful of traditional centers of activity and inspiration such as Paris and New York. In our own time light erupts into our consciousness as a new technologically driven medium. We'll be watching the blurring of boundaries between painting, sculpture, and architecture as artists and designers seek ways to engage viewers more comprehensively.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Wed., March 9, 16, 23, 30, April 6, 13

Course Code: OLMART(4)

Course Fee: \$45 (early bird \$40)

Instructor: Marchita Mauck

Coordinator: Claire Fontenot

Location: Broadmoor United Methodist Church

Time & Dates: 9:00 a.m. – 11:00 a.m.

Wednesday, March 9, 16, 23, 30, April 6, 13

Course Code: OLMART(5)

Course Fee: \$45 (early bird \$40)

Instructor: Marchita Mauck

Coordinator: Claire Fontenot

Location: Zoom Online

NEW! North to Alaska **Hybrid Live/Streaming Class**

Alaska is the largest state in the United States and is very rich in natural resources and minerals. The state has a diverse geography and volcanic activity and glaciers have formed much of its landscape. It has a very low population density. Climate change is very dramatic in Alaska. Seven Native American people groups are found in Alaska and its economic activity includes forestry, mineral and oil extraction, fisheries and ecotourism. It contains a dazzling array of national parks, Forests and Monuments. Join me as we explore the Last Frontier in North America.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLNORTH(1)

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

Course Fee: \$45 (early bird \$40)
Instructor: Dr. William "Bill" Stickle
Coordinator: Karen Egedy
Location: Broadmoor United Methodist Church
Time & Dates: 1:45 p.m. – 3:45 p.m.
 Tuesday, March 8, 15, 22, 29, April 5, 12
Course Code: OLNORTH(2)
Course Fee: \$45 (early bird \$40)
Instructor: Dr. William "Bill" Stickle
Coordinator: Karen Egedy
Location: Zoom Online

NEW! Potpourri: A Collection of Interesting Subjects Hybrid Live/Streaming Class

Starting with Afghanistan from ancient times to the turbulent present, this course will include Alaskan history and totem poles, the globalization of food crops, the Northwest Passage and changing climate, and African conflict and blood diamonds.

Time & Dates: 11:30 a.m. – 1:30 p.m.
 Tuesday, March 8, 15, 22, 29, April 5, 12
Course Code: OLPOT(1)
Course Fee: \$45 (early bird \$40)
Instructor: Henry Bradsher
Coordinator: Karen Egedy
Location: Broadmoor United Methodist Church
Time & Dates: 11:30 a.m. – 1:30 p.m.
 Tuesday, March 8, 15, 22, 29, April 5, 12
Course Code: OLPOT(2)
Course Fee: \$45 (early bird \$40)
Instructor: Henry Bradsher
Coordinator: Karen Egedy
Location: Zoom Online

Time & Dates: 9:30 a.m. – 11:30 a.m.
 Friday, March 11, 18, 25, April 1, 8, 15
Course Code: OLPOT(3)
Course Fee: \$45 (early bird \$40)
Instructor: Henry Bradsher
Coordinator: Trisha Cook
Location: St. James Place Retirement Community (Theater Room)

Preventing Cognitive Decline as We Age

This course will describe advances in our understanding of factors that keep our brains healthy. It will provide actionable steps that we can take to prevent memory loss in our senior years. The course will change the way you think about brain health even if you are at high risk of cognitive impairment. It will give guidance on risk assessment. A discussion of the recently developed Bredesen Protocol, a program that enhances cognition and, in some instances, reverses decline will be included.

Time & Dates: 2:00 p.m. – 3:00 p.m.
 Tuesday, March 8, 15, 22, 29, April 5, 12
Course Code: OLCOG(3)
Course Fee: \$25 (early bird \$20)
Instructor: Dr. Lawrence "Sal" Guidry
Coordinator: Margaret King
Location: Zoom Online

NEW! Public Education: The Road Ahead

Representatives of the Louisiana Department of Education, Board of Elementary and Secondary Education (BESE), the East Baton Rouge Parish School system, the Louisiana Association of Public Charter Schools, Teach for America and the Council for a Better Louisiana will discuss recent policies and how they will affect Louisiana's public schools in the future.

Time & Dates: 1:45 p.m. – 3:45 p.m.
 Thursday, March 10, 17, 24, 31, April 7, 14
Course Code: OLEDOC(3)
Course Fee: \$45 (early bird \$40)
Instructor: Linda Lightfoot
Coordinator: Jenny Hastings
Location: Broadmoor United Methodist Church

Red Herrings & White Elephants – Odd Words and Phrase Origins

This course is a happy and entertaining stroll through the origins of many English idioms, like "Red Herrings" and "White

Elephants," or "The Whole 9 Yards," "Dead as a Doornail" and "Balls to the Wall." We all know what they mean but literally they make no sense at all. These four zoom sessions will just be me telling the wonderful stories of how things like "Don't Fly Off the Handle" came to mean what it means. Each will be about 50 minutes long so zoom on in. (bring your own coffee)

Time & Dates: 1:15 p.m. – 2:15 p.m.
 Friday, March 11, 18, 25, April 1
Course Code: OLRHWE(2)
Course Fee: \$15 (early bird \$10)
Instructor: Phil Chenevert
Coordinator: Phil Chenevert
Location: Zoom Online

NEW! Renaissance and Baroque Art in Europe

This class will explore the Art of the Renaissance and its evolution into the Baroque Period. All your favorites are here: Donatello, Leonardo, Michelangelo, and Raphael (more than just Ninja Turtles). Baroque artists include Bernini, Caravaggio, and Rembrandt (the toothpaste was named after him, not the other way around!)

Time & Dates: 10:15 a.m. – 11:15 a.m.
 Monday, March 7, 14, 21, 28, April 4, 11
Course Code: OLREN(1)
Course Fee: \$25 (early bird \$20)
Instructor: Lee Randall
Coordinator: Bud Snowden
Location: Zoom Online

NEW! Revolutions In Faith: Profiles from the European Reformation, 1517-1648

These lectures examine many of the key individuals and events that shaped the Reformation era from 1450 to 1648. Each lecture will revolve around a biographical sketch of a key figure with a substantial focus on the context in which the person lived and acted. The key figures covered here include Queen Isabella of Spain, Martin Luther, King Henry VIII of England, Queen Catherine de Medici of France, Emperor Ferdinand II of the Holy Roman Empire, and Cardinal Richelieu of France.

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

Key events covered will include the rise of Lutheranism, Henry VIII's dissolution of the monasteries, the Saint Bartholomew's Day Massacre, and the Thirty Years War.

Time & Dates: 9:00 a.m. – 10:00 a.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OLREVO(1)

Course Fee: \$25 (early bird \$20)

Instructor: Jared Day

Coordinator: Bud Snowden

Location: Zoom Online

NEW! Shakespeare's Rome



Although William Shakespeare had "small Latin and less Greek," he took significant inspiration from classic civilizations and consistently included Roman and Greek settings, characters, and plots in his plays. In four of his plays, collectively referred to as the "Roman plays," we see classical allusions used to critique and elevate social issues of Early Modern England. These plays contribute to the popular and lasting conceptualization of ancient Rome as a place of masculine stoicism, military heroics, and dignified self-abnegation, but what do they intimate about Shakespeare's England, and why does their appeal persist across time and cultures? We will consider these and other questions in this course by examining the two more obscure Roman plays, *Titus Andronicus* and *Coriolanus*, through discussion and film extracts.

Time & Dates: 4:00 p.m. – 6:00 p.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OLROME(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Jennifer Page

Coordinator: Trisha Cook

Location: St. James Place Retirement Community (Theater Room)

NEW! Shakespeare's Star-Crossed Lovers



The term "star-crossed" was coined by William Shakespeare in the 1590s to describe Romeo and Juliet, who were only one pair of this type in his plays. Shakespeare references and devotes entire plays and one long poem to these doomed

couples, and in this class, we will discuss the historical and popular appeal of tragic relationships. We will analyze famous pairings in the plays like *Dido and Aeneas*, *Pyramus and Thisbe*, *Hero and Leander*, and *Tristan and Isolde*. We will also take a broad look at four complete works: *Venus and Adonis*, *Romeo and Juliet*, *Troilus and Cressida*, and *Antony and Cleopatra*. Join us as we talk about what makes these couples so famously tragic, and why we keep reading about them!

Time & Dates: 5:00 p.m. – 7:00 p.m.

Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLSHAKE(1)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Erica Daigle

Coordinator: Karen Egedy

Optional Supplies: William Shakespeare: *Antony and Cleopatra*, *Troilus and Cressida*, *Romeo and Juliet*, *Venus and Adonis*

Location: Zoom Online

NEW! The Six Queens of Henry VIII



"Divorced, beheaded, died: divorced, beheaded, survived." The rhyme taught to British schoolchildren summarizes the fate of Henry VIII's six wives, but it doesn't tell us about the persons each of these queens were. This course will examine these queens' lives, and their strengths and weaknesses in the face of their husband and king's persistent drive to father his "male heir and a spare."

Time & Dates: 10:00 a.m. – 11:30 a.m.

Wed., March 9, 16, 23, 30, April 6, 13

Course Code: OLSIX(1)

Course Fee: \$35 (early bird \$30)

Instructor: Sue Lincoln

Coordinator: Kathy Gates

Optional Supplies: *The Six Wives of Henry VIII* by Antonia Fraser, copyrighted 1992

Location: Zoom Online

Smartphone Photography



Do you want to take great photos on your smartphone or iPad? Then this is the course for you! You'll learn about the

camera features on your specific phone/tablet and how to use those features to capture outstanding photos of people, nature, and events. After completing this course, you will get tired of hearing, "I can't believe you took that picture with your phone." The course is designed for students with more recent versions of the iPhone, Android, and tablet devices. This six-week class will be a combination of classroom time and hands-on practice taking pictures around the Broadmoor United Methodist's campus.

Time & Dates: 9:00 a.m. – 11:00 a.m.

Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLPHONE(2)

Course Fee: \$45 (early bird \$40)

Instructor: Tommy Draughn

Coordinator: Bud Snowden

Location: Broadmoor United Methodist Church

So What! You're Over 50! Current Advances in Medicine and Surgery



Hybrid Live/Streaming Class

Series of presentations by healthcare providers discussing their specialties and practices, diagnosis, diagnostic procedures, and current treatment of diseases and conditions. These providers are physicians, allied health and mid-levels, and scientists.

- Dr. William "Beau" Clark MD, East Baton Rouge Parish Coroner. *When Will You Need a Coroner?*
- Dr. John Tabor MD, General and Oncological Surgeon. *When Does Robotic Surgery Take Over?*
- Dr. Alan Sticker MD, Otorhinolaryngology (ENT). *What Does All This Cover? Did You Hear That?*
- Dr. Owen Carmichael Ph.D., *What's New in Dementia Research...When Do We Know?*
- Dr. Robert Hinkle MD, Pulmonology, *Sleep Medicine...Sweet Dreams When Possible.*
- Dr. Brandon St. Amant MD, Interventional and Diagnostic Radiology, *When There is a Need to Know More.*

Some speakers will be in-person at BUMC and some speakers will present over Zoom to accommodate their work schedules. Students who attend at BUMC will be able

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

to see any Zoom presentations projected onto a screen, and students who attend via Zoom will be able to see the classroom presentations. More information about the specific presentations will be provided later.

Time & Dates: 11:30 a.m. – 1:00 p.m.
Wednesday, March 9, 16, 23, 30,
April 6, 13

Course Code: OLSYOF(10)

Course Fee: \$35 (early bird \$30)

Instructor: Dr. Trenton James

Coordinator: Karen Egedy

Location: Broadmoor United Methodist Church

Time & Dates: 11:30 a.m. – 1:00 p.m.
Wednesday, March 9, 16, 23, 30,
April 6, 13

Course Code: OLSYOF(11)

Course Fee: \$35 (early bird \$30)

Instructor: Dr. Trenton James

Coordinator: Karen Egedy

Location: Zoom Online

Spanish for Beginners

In this introductory course learn simple questions and answers, beginning grammar, and vocabulary as presented in the text. Practice basic pronunciation and become familiar with the interesting cultures. We can all learn another language!

Time & Dates: 1:45 p.m. – 3:45 p.m.
Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLSPAC(7)

Course Fee: \$45 (early bird \$40)

Instructor: Merrie Lee Logan

Coordinator: Merri Lee Logan

Text Required: *Spanish Now! Level One, 7th or 8th Ed.*, Barron's Published by Ruth Silverstein. Can be purchased at Barnes and Noble

Optional Supplies: A folder for handouts

Location: Broadmoor United Methodist Church

Spanish for Intermediates

This course is a continuation of the previous intermediate courses using the same book.

Broaden and review your knowledge of grammar and vocabulary, using different verb tenses. Improve your oral skills, as well as your pronunciation and your knowledge of the interesting cultures.

Time & Dates: 1:45 p.m. – 3:45 p.m.
Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLSPIN(9)

Course Fee: \$45 (early bird \$40)

Instructor: Merrie Lee Logan

Coordinator: Merri Lee Logan

Text Required: *Spanish Now! Level One, 7th or 8th Ed.*, Barron's Published by Ruth Silverstein

Location: Broadmoor United Methodist Church

Survey of American Film, Part II

This course presents an overview of the second half of American film (1960 to the present). Although the class complements Part I of the survey (taught during the spring), there is no prerequisite; you may take the classes in reverse order if you choose. Students will be treated to lectures and discussions of the major movements in the history of American movies, while also learning about the social and economic forces that shaped them. Students will view a list of films in lieu of a textbook, as illustrative examples of each decade. As needed, we will analyze scenes, techniques, and themes contained in movies on the list.

Time & Dates: 11:30 a.m. – 1:30 p.m.
Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLAFILM(4)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Paul Graham

Coordinator: Karen Egedy

Location: Broadmoor United Methodist Church

NEW! Survey of US History from First People to Early European Colonization

This is a multi-media survey of the cultural history of the United States from the pre-Columbian era to the colonization of the North American continent by

Europeans through about 1700. The class will probe the broad themes that shaped the experiences of the American people throughout this enormous sweep of time. I will strive to draw your attention to the issues of race, gender, and class as a way of fully grasping the critical role people like you and me have played within the panorama that is the American experience.

Time & Dates: 9:00 a.m. – 11:00 a.m.
Tuesday, March 8, 15, 22, 29, April 5, 12

Course Code: OLSURV(1)

Course Fee: \$45 (early bird \$40)

Instructor: Kevin Portz

Coordinator: Linda Gray

Location: Broadmoor United Methodist Church

A Thirty-Ninth Opera Season

Enjoy and learn about a different opera each week using DVDs and lectures. The operas will be Puccini's *Tosca*, Mozart's *The Abduction from the Seraglio*, Gershwin's *Porgy and Bess*, and Mussorgsky's *Boris Godunov*. Two classes will be determined later.

Time & Dates: 1:30 p.m. – 3:30 p.m.
Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLOPERA(11)

Course Fee: \$45 (early bird \$40)

Instructor: Dr. Tommy Beard

Coordinator: Ken Nelson

Location: St. James Place Retirement Community (Theatre Room)

The Total Nutrition Makeover

The Total Nutrition Makeover is a 6-week nutrition lifestyle challenge. Obesity and poor nutrition are major problems in our society today, and it affects almost everyone. It's time for a change. This class will cover all the modern nutrition confusion and controversies to give you a clear understanding of what the current science on nutrition states through simple and easy-to-understand lessons. Along with nutrition education, we will also cover effective methods to effectively create a real nutrition lifestyle that you love in this

LAGNIAPPE CHAPTER COURSES

 In-person class  Zoom class

fast-paced convenient food culture we live in today. The key to better health is good nutrition. The key to good nutrition is not only the science of healthy food but also the practical skills to get healthy foods in your day-to-day diet. I'm going to show you exactly how to do that.

Time & Dates: 11:30 a.m. – 12:30 p.m.
Thursday, March 10, 17, 24, 31, April 7, 14

Course Code: OLTNM(5)

Course Fee: \$25 (early bird \$20)

Instructor: Kirk Vidrine

Coordinator: Kathy Gates

Location: Zoom Online

Ukraine and the Chornobyl Nuclear Accident

Causes and events of the Chornobyl (current proper spelling) Nuclear Plant accident in 1986 in Ukraine, accident response and consequences to people and the environment, and the current status of the site and Chornobyl Exclusion Zone. Each session will include technical and accident discussion and historical and cultural information about the country and people of Ukraine, their society, customs, politics, and transition from a Soviet republic to a democracy. There will be a high-level overview of how electricity is generated, nuclear reactor technology, radioactivity, and radiation safety. Review of the sequence of events, operational errors and design flaws will include contributing causes from the then Soviet culture and government hierarchy. Additional topics will be the settlers' "returnees" to the Exclusion Zone, disposal and disposal of radioactive waste, and the Three Mile Island and Fukushima Daiichi accidents.

Time & Dates: 1:45 p.m. – 3:45 p.m.

Monday, March 7, 14, 21, 28, April 4, 11

Course Code: OLCHEM(2)

Course Fee: \$45 (early bird \$40)

Instructor: Richard Hirsch

Coordinator: Steve Haines

Location: Broadmoor United Methodist Church

NEW! The World of Italian Wine

Come explore the world of Italian wine. Whether your only experience with Italian wine is that glass of Pinot Grigio you had at your brother's house last Thanksgiving, or you can discuss at length the wines of Tuscany and how they differ from those of Sicily, you will find something of interest in this class. The instructor brings his own unique perspective from years in the Italian wine business to introduce you to Italian wines, both reds and whites. Along the way you will learn about the winemaking process as well as something of the history, geography, and culture of Italy. We will sample 6 wines each class, and the instructor will discuss the background and characteristics of each wine. Light snacks will be served to complement the wines. The class will meet every other week during the semester.

Time & Dates: 7:00 p.m. – 9:00 p.m.

Tuesday, March 15, 29, April 12

Course Code: OLWINE(1)

Course Fee: \$105 (early bird \$100) Wines and snacks are included with this fee.

Instructor: Antonio Molesini

Coordinator: Hugh McClain

Location: Pocrelo's Restaurant Casa D'Italia Restaurant

SESSION II

Basic Hatha Yoga

Practice yoga and enrich your lifestyle by learning yoga poses and shapes while using your breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, flexibility, and strength. Wear comfortable clothes. A yoga mat, yoga block(s) and yoga strap are required (blanket and towel are optional). No prior yoga experience is necessary. You must be able to sit comfortably on your yoga mat on the floor and able to transition to standing poses. Join this coed class of yogis to discover the "present moment" while gaining strength, stamina, and core stability. Leave your shoes, cell phone and the "outside world" to enjoy this class. Focus on the PRESENT and the NOW with gratitude and without judgment in Basic Hatha Yoga class.

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. and Wed., April 25, 27, May 2, 4, 9, 11, 16, 18, 23, 25

Course Code: OLBHY(22)

Course Fee: \$75 (early bird \$70)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Location: First Christian Church

Time & Dates: 9:30 a.m. – 10:30 a.m.

Mon. and Wed., June 1, 6, 8, 13, 15, 20, 22, 27, 29

Course Code: OLBHY(23)

Course Fee: \$75 (early bird \$70)

Instructor: Agnes Bickham

Coordinator: Fran Martin

Location: First Christian Church



INSTRUCTOR BIOGRAPHIES

LEAH BARRON graduated with a JD from LSU Law School and a BA in Political Science with a minor in history from LSU. She has taken an unfailing interest in American Revolutionary history.

DONALD BEALE, director for Online Distance Learning at LSU Online & Continuing Education, has a MALA from LSU in general humanities with an emphasis in film studies. He has also done graduate study in English, concentrating on American literature and film.

THOMAS BEARD has a Ph.D. from Duke University and is an alumni professor emeritus of economics at LSU. He has taught thirty-eight opera courses for the Lagniappe Chapter of OLLI at LSU and eight opera courses for OLLI at Auburn Univ.

KIM BERGERON holds a BFA in Applied Arts/Advertising from ULL and Accreditation in Public Relations from the Public Relations Society of America. She has received regional and national awards in advertising, marketing, public relations, and special event productions.

AGNES BICKHAM is a Yoga Alliance ERYT with experience of 1,000+ teaching hours. She received her Yoga Teacher Certification from Shambhava School of Yoga. She teaches yoga as a stabilizing practice that promotes a sense of well-being, strength, confidence, balance, and joy.

JIM BOLNER received his bachelor's degree in education from LSU, his master's from LSU in government, his Ph.D. in political science from the Univ. of Virginia. He has taught at the Univ. of Alabama and the Univ. of Massachusetts at Amherst before coming to LSU in 1967.

HENRY BRADSHAW has ranged over the world as a foreign correspondent, a CIA senior analyst, and a cruise ship lecturer, acquiring all sorts of miscellaneous knowledge for development into adult education classes.

DR. HARSHA E. CHACKO is a Professor Emeritus of Hotel, Restaurant

and Tourism Administration at the University of New Orleans where he taught for 33 years. He successfully completed the requirements as a Certified Specialist of Wine from the Society of Wine Educators.

PHIL CHENEVERT is a long-time enthusiastic collector of word and phrase origins. He is retired, and enjoys taking care of his wife, very short walks on the beach, eating, napping, recording audiobooks at home and generally having as much fun as possible.

DR. KATIE E. CHERRY is a professor of psychology at LSU. She earned her Ph.D. from the Univ. of Georgia. Her grant funded research program has resulted in over 185 publications. In 2002, she was awarded the Emogene Pliner Distinguished Professor of Aging Studies professorship for her contributions to the field of adult development and aging.

CHARLOTTE LOWRY COLLINS received her art degrees from LSU and UNO, and an M.F.A. from Memphis College of Art. She was an Assoc. Professor of Art at Kennesaw State Univ. and taught at SELU. Charlotte currently teaches at Talented Arts at University View Academy.

STACIE DAVIS has an BA and a M.L.I.S. from LSU. Genealogy and family history has been a hobby of hers with a particular interest in immigrants from Alimena, Palermo Province, Sicily to the United States, especially who came to LA. She is currently the Director of the West Feliciana Parish Library.

ERICA DAIGLE, Ph.D, is a native of Louisiana and received her BS and MA from LSU. Her Ph.D. work at the Univ. of Iowa focused on English Renaissance literature (especially Shakespeare) and medical history. Erica has taught writing, British literature, Biblical and classical literature, and world mythology courses at the college level.

TOMMY DRAUGHN, a lifelong resident of Baton Rouge is an IT professional with 25 years of experience in the corporate, non-profit, and small-business sectors. Tommy

has a passion for demystifying technology for people of all ages so they can use and enjoy their electronic devices for fun and productivity.

PAUL GRAHAM received his Ph.D. at LSU in English with a concentration in American film in 2002. He received his master's degree from the UNO, where he studied medieval literature. He has taught multiple writing, literature, and film courses at LSU, WVU, and OLLI at LSU.

JERISSE GRANTHAM, owner of the Jeffie Jean Dance Studio, is a certified dance teacher. She earned her BS from LSU and has enjoyed teaching dance for more than 30 years. She is also a 20-year adjunct faculty member at Tulane University.

LAWRENCE "SAL" GUIDRY, Ph.D., has been a licensed psychologist for over 40 years. He was a staff psychologist at VA Medical Center for 27 years, a clinical associate psychology professor in the Dept. of Psychiatry at Tulane Medical School, and in the Dept. of Psychiatry at LSU Medical School.

RICH HIRSCH has a BA in political science from LSU and is a certified Project Management Professional. He is an expert in nuclear plant operations and managing radioactive materials. He worked in the US, England, Taiwan, Ukraine, and the Chernobyl Exclusion Zone.

LORRIE INGRAM has been a sewing/quilting instructor for the past 30 years. Sewing and quilting is her passion, and she loves sharing it with others.

TRENT JAMES is a board-certified family physician and retired from active practice. He is also interested in camellias and is passionate about their history, culture, and care.

RELIUS JOHNSON is currently the Assistant Director of Multicultural Affairs at the Univ. of Texas at Arlington. Relius is an alumni of LSU, Univ. of Central Arkansas, and Texas A&M Univ. -Commerce. Relius has a passion for engaging in DEI work.

INSTRUCTOR BIOGRAPHIES

ROBERT KELLY played pickleball more than 12 years, won more than 150 medals in over 10 states, is a PPR certified coach and for over 10 years has served as a pickleball ambassador.

OWEN KEMP has been a yoga instructor for many years receiving her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, TX. She attended training sessions at the Omega Institute in Rhinebeck, NY and various venues around the country and internationally.

W. J. (DUB) LANE (Ph.D. Univ. of California, San Diego) Chair of the Department of Economics and Finance; Freeport-McMoRan Professor of Economics; Director, MS Program in Health Care Management and MS program in Finance at UNO. He is a specialist in Microeconomics and Health Care Economics.

SAM LEBLANC is a retired attorney and civic volunteer.

LINDA LIGHTFOOT received her BA in journalism and political science from the Univ. of Mississippi. Retired from The Advocate, she worked there for 42 years, 15 as executive editor. For OLLI, she has arranged 24 guest speaker classes and has taught 12 courses on political and legal issues.

SUE LINCOLN earned her BA in general studies from LSU. Retired from broadcasting, the former news director and host of WRKF's Capitol Access still writes articles for the Bayou Brief. She has extensively studied Tudor history and participates in Renaissance events all around the country.

MERRIE LEE LOGAN attended the Univ. of Iowa and La Universidad Iberoamericana in Mexico City, before moving to Louisiana and graduating from LSU with a bachelor's degree in Spanish, French and English. She taught in various high schools for almost 20 years before joining OLLI.

ANTONIO MOLESINI is an Italian wine specialist for Republic National Distributing Company. He is a native of Cortona, Tuscany, Italy and has conducted wine tastings and wine classes at various locations in Baton Rouge.

JENNIFER PAGE received her MA and Ph.D. in English from ULL. She is a former associate professor of English at Northwestern Oklahoma State Univ. and is a current Learning Experience Designer at LSU Online. Her graduate research focused on gender in Renaissance revenge plays.

DAVID PARKER, II is a graduate of the Univ. of Mississippi with a bachelor's degree in social work and has completed master classes in floral design and is working towards his CFD. After 27 years in the medical field, he is now the owner of Stems Boutique Florist St Francisville.

OLIVIA MCNEELY PASS has a Ph.D. from ULL and two master's degrees from LSU in English and journalism. She retired from Nicholls State Univ. and has since taught as an adjunct for Tulane in Biloxi as well as Southern Univ., Baton Rouge Community College, and LSU.

JANE PATTERSON is an avid birder who loves to share her love of birds with others. She is currently president and education chair for the Baton Rouge chapter of The National Audubon Society. She has been teaching birding classes since 2007.

TROYLYNNE PERRAULT holds a master's degree in Public Administration, is a licensed realtor, and is a Pampered Chef consultant who loves to help people make healthier food choices. She received a Certificate of Completion of "The Plant Fed Gut Online Course" which focused on optimizing your gut microbiome.

BRIAN POPE, MA from Univ. of Texas at Austin, performs the creative and hosting duties for Center Stage on WRKF-FM, a weekly one-hour radio show. He was inducted into Theater BR's Hall of Fame and is also an adjunct instructor at NSU in Natchitoches where he teaches Musical Theater History and Literature.

KEVIN PORTZ holds a MA degree history from the Univ. of Texas at Dallas. A federal retiree who worked for the Social Security Administration, he is a former manager of the Baton Rouge Social Security District Office. Kevin served as an adjunct professor of history at Dallas College/Richland.

LEE RANDALL graduated from LSU with a BFA. She taught art history to high school students for 24 years at Runnels School.

MARIE RICCA intertwines lifelong studies of sports, dance, and martial arts. Initially trained in Taekwondo, she received her black belt in Shotokan from Mikame Sensei with JKA and later acquired her second degree under the training of Darrell Goodyear Sensei with USANKF.

MARTHA ROBSON loves to play bridge! A retired pastor, she time playing at the bridge club in Metairie and online. She also believes that playing bridge is one of the best things you can do for your brain, and she loves helping people learn how to approach this complex and fascinating game.

KARL ROIDER graduated from Yale Univ. with an AB in History and from Stanford Univ. with a Ph.D. in History. He began teaching as an instructor in the LSU History Dept. and retired as Alumni Professor Emeritus. He served as chair of the department and later dean of the College of Arts and Sciences.

RALPH SCHOMBURG has a BS in math and an MBA in finance. He worked at NASA in Houston, TX and retired as Assistant CFO. He was a part-time math instructor at San Jacinto College and is an avid bridge student and enthusiast.

ROSE MARIA SAND continuously seeks to find her limits, break through them, learn, and share those learnings with others through art, music, and writing. She hopes to encourage others to never let fears get in the way of trying new things.

INSTRUCTOR BIOGRAPHIES

ART SCARBROUGH, a native of Baton Rouge, retired from ExxonMobil after 31 years. He is the current chair of the Herb Society of America Baton Rouge Unit, certified Master Naturalist and Vice President of the Baton Rouge Botanic Garden Foundation.

NANCY SIDENER earned her A.B. at UC, Berkeley, and her Ph.D. at UC, Davis. Before retiring, she taught economics at the Univ. of Colorado, Colorado Springs, and part-time at LSU while directing the Louisiana Council for Economic Education.

JANE SIMMONS has taught yoga for over 15 years and has developed a style and pace that is approachable for all levels. Yoga is an essential aspect of fitness, especially regarding flexibility and balance as the aging process threatens many of OLLI's members.

MARK B. STAHL provides consulting services on professional workforce and economic development-related topics to many organizations. Currently, he builds partnerships between LSU and regional business, government, and not-for-profit organizations. He also serves as business development consultant for the Gulfcoast Regional Education and Training Consortium.

VERSA STICKLE has degrees in English from the Univ. of South Dakota and library science from LSU. She has participated in various writing workshops since retiring.

WILLIAM STICKLE received his Ph.D. from the Univ. of Saskatchewan, Regina in biology with a minor in oceanography. He taught zoology, physiology, marine communities, environmental physiology, and biological sciences at LSU. He also developed LSU Marine Biology in Southeast Alaska Program.

EMILY TOTH (Ph.D., Johns Hopkins) is in her second century of teaching about women writers and women's lives. Her published books include academic advice under "Ms. Mentor," biographies of Kate Chopin and Grace Metalious, and an award-winning Civil War novel.

KEN TREMBLAY received his BA in both history and anthropology from Eckerd College in St. Petersburg, FL. He graduated from LSU with his MA in anthropology, his thesis titled, "The Bioarcheology of the Lake St. Agnes Mound Site: Exploring Diet from Fragmentary Remains."

DAVID TREPPENDAHL graduated from the US Naval Academy with a degree

in history and served 5 years on active duty as a Naval Officer. David is involved with Together BR/Together LA and has become increasingly active testifying at the LA Legislature on bills that help or hurt special interests at the expense of the general public.

FRANCIS W VANDERWALL, a theologian and author of six books in spirituality and psychology, was awarded his Ph.D. by the Graduate Theological Union and his Master of Divinity from the Jesuit School of Theology at Berkeley. He is a professor emeritus from the Franciscan Univ. and has taught courses for OLLI over the last 10 years. He was a Jesuit for almost 30 years.

KIRK VIDRINE has been working as a fitness professional for over 18 years, including five years developing wellness programs for Shell Oil. Has an BS in dietetics and a master's in human nutrition from LSU. He has presented at national conferences, researched nutrition and body composition, bone health, and bio compounds.





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To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2021 – June 30, 2022, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is \$50. There is a special membership fee for all new members for \$25 that is good through June 30, 2022. This is a non-refundable, tax-deductible donation. Check your membership status by calling LSU Enrollment Specialists at 225-578-2500.

DONATE TO OLLI AT LSU

Consider joining your OLLI friends on the Honor Roll of Donors List for 2021–2022. Your optional donation helps ensure OLLI continues to offer a quality program at bargain prices. Donations also help to support OLLI scholarships. Donations are non-refundable, tax-deductible, and appreciated. Gifts can be made in a variety of forms, including outright gifts of cash, securities and real estate, or through planned giving solutions. You may contact the LSU Foundation to make their donation or online at the LSU Foundation. Your gift may be eligible for the Company Match Program. Donations may be made by credit card. Contact the OLLI office at 225-578-2500 for details.

PAYING BY CREDIT CARD

All fees may be paid by credit card online or by calling Enrollment Services at 225-578-2500. This includes membership fees and course fees. Go to online.lsu.edu/olli and pay with a credit card. VISA, MasterCard, Discover, and American Express are accepted.

REFUNDS AND CANCELLATIONS

If your plans change, you must cancel five business days prior to the first day of class in order to receive a full refund or transfer to another course. If you cancel less than five business days, no refunds will be granted however you can have a one-time transfer of funds to another current course. There are no penalties for substitutions prior to the first day of class.

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES

To arrange accommodations for persons with disabilities, contact the OLLI office: 225-578-2500 or olli@outreach.lsu.edu