



## CURRICULUM VITAE

### DR. COLTER D. RAY

Assistant Professor

Department of Communication Studies  
College of Humanities and Social Sciences  
Louisiana State University  
colterray@gmail.com

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## EDUCATION

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**Ph.D., Communication (2018), Arizona State University**

*Dissertation:* Effects of Message Planning on Support Message Effectiveness, Nonverbal Behaviors, and Supporter Stress and Anxiety

**M.A., Communication Studies (2014), Texas State University**

*Distinction:* Departmental Award for Outstanding Graduate Student

**B.A., Mass Communication – Public Relations (2011), Texas State University**

*Distinction:* Ralph J. Harrell Outstanding Senior

## CERTIFICATES

Graduate Certificate in Corporate Communication and Training, Texas State University, May 2014

Masterclass in Online Pedagogy, Arizona State University, May 2018

## STUDY ABROAD

Oxford University, St. Hilda's College, 2013

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## ACADEMIC APPOINTMENTS

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Fall 2021 – Present

*Assistant Professor*, Department of Communication Studies, College of Humanities and Social Sciences, Louisiana State University

Fall 2018 – Summer 2021

*Assistant Professor*, School of Communication, College of Professional Studies & Fine Arts, San Diego State University

Fall 2018 – Summer 2021

*Director*, Human Communication Laboratory, School of Communication, College of Professional Studies & Fine Arts, San Diego State University

Summer 2019 – Summer 2021

*Associate Director*, The Center for Communication, Health, and the Public Good, San Diego State University

Fall 2018 – Summer 2019	<i>Core Researcher</i> , The Center for Communication, Health, and the Public Good, San Diego State University
Fall 2014 – Summer 2018	<i>Graduate Teaching Assistant</i> , The Hugh Downs School of Human Communication, Arizona State University
Fall 2013 – Spring 2014	<i>Basic Course Administrator</i> , Department of Communication Studies, Texas State University
Fall 2012 – Spring 2014	<i>Graduate Teaching Assistant</i> , Department of Communication Studies, Texas State University

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## RESEARCH & GRANT ACTIVITY

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### REFEREED JOURNAL ARTICLES

19. **Ray, C. D.** (2021). The trajectory and determinants of loneliness during the first two months of the COVID-19 pandemic in the United States. *Journal of Social and Personal Relationships*, 38(6), 1920-1938. <https://doi.org/10.1177/02654075211016542>
18. Shin, Y., Pettigrew, J., **Ray, C. D.**, & Lu, Y. (2021). Frequency and importance of interpersonal communication about a school-based intervention with parents, peers, and teachers: Application of Social Interface Model. *Journal of Applied Communication Research*. Advance online publication. <https://doi.org/10.1080/00909882.2021.1936122>
17. Pettigrew, J., Razzante, R., Allsup, J., Lu, Y., & **Ray, C. D.** (2021). Challenging sustainability in school-based intervention in Nicaragua. *Health Education*. Advance online publication. <https://doi.org/10.1108/HE-12-2020-0115>
16. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (2020). Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages. *Health Communication*, 36(7), 856-865. <https://doi.org/10.1080/10410236.2020.1719322>
15. Floyd, K., York, C., & **Ray, C. D.** (2020). Heritability of affectionate communication: A twins study. *Communication Monographs*, 87(4), 405-424. <https://doi.org/10.1080/03637751.2020.1760327>
14. **Ray, C. D.**, Floyd, K., Tietzort, C., Veluscek, A. M., Otmar, C. D., Hashi, E. C., & Fisher, R. (2020). Mixed messages: I. The consequences of communicating negative statements within emotional support messages to cancer patients. *Journal of Patient Experience*, 7(4), 593-599. <https://doi.org/10.1177/2374373519873781>
13. **Ray, C. D.**, Floyd, K., Mongeau, P. A., & Randall, A. K. (2020). Success bias and inflation bias after planning and communicating emotional support messages. *Journal of Cancer Education*, 35(5), 972-976. <https://doi.org/10.1007/s13187-019-01550-1>
12. Mikkelsen, A. C., & **Ray, C. D.** (2020). Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes. *Journal of Social and Personal Relationships*, 34(8-9), 2482-2509. <https://doi.org/10.1177/0265407520928122>
11. **Ray, C. D.**, Burke, T. J., Young, V., & Curran, M. A. (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal*, 84(5), 301-313. <https://doi.org/10.1080/1041794X.2019.1644665>

10. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019). Planning improves vocal fluency and appearance of concern when communicating emotional support. *Communication Research Reports*, 36(1), 57-66. <https://doi.org/10.1080/08824096.2018.1560251>
9. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2019). “Emotional support won’t cure cancer”: Reasons people give for not providing emotional support. *Western Journal of Communication*, 83(1), 20-38. <https://doi.org/10.1080/10570314.2018.1472800>
8. Stein, J. B., **Ray, C. D.**, van Raalte, L. J., & Mongeau, P. A. (2019). Testing the relational turbulence theory in friends with benefits relationships. *Ohio Communication Journal*, 57(1), 6-18.
7. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018). Factors predicting unmet supportive care needs among adult cancer patients. *Health Behavior and Policy Review*, 5(6), 38-49. <https://doi.org/10.14485/HBPR.5.6.3>
6. Floyd, K., **Ray, C. D.**, van Raalte, L. J., Stein, J. B., & Generous, M. A. (2018). Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends. *Research in Psychology and Behavioral Sciences*, 6(1), 27-34. <https://doi.org/10.12691/rpbs-6-1-4>
5. **Ray, C. D.**, & Veluscek, A. M. (2018). Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer. *Journal of Cancer Education*, 33(3), 649-652. <https://doi.org/10.1007/s13187-016-1125z>
4. Pettigrew, J., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2018). Social interface model: Theorizing ecological post-delivery processes for intervention effects. *Prevention Science*, 19(8), 987-996. <https://doi.org/10.1007/s11121-017-0857-2>
3. Kim, H., **Ray, C. D.**, Veluscek, A. M. (2017). Complementary roles of facilitators and peers in promoting mHealth engagement and weight loss: An analysis of survey and in-app activity data. *Journal of Health Communication*, 22(11), 902-915. <https://doi.org/10.1080/10810730.2017.1373876>
2. **Ray, C. D.**, & Veluscek, A. M. (2017). Face threats and additional reasons for perceiving support as unwanted: A study of recently diagnosed cancer patients. *Health Communication*, 32(11), 1396-1402. <https://doi.org/10.1080/10410236.2016.1228027>
1. Floyd, K., & **Ray, C. D.** (2017). Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support. *Journal of Social and Personal Relationships*, 34(8), 1260-1276. <https://doi.org/10.1177/0265407516673161>

## MANUSCRIPTS UNDER REVIEW

4. **Ray, C. D.** (second revise and resubmit). Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes. *Western Journal of Communication*.
3. **Ray, C. D.** (revise and resubmit). Further investigations into the determinants of loneliness during the COVID-19 pandemic in the United States: A one-year follow-up study. *Journal of Social and Personal Relationships*.
2. **Ray, C. D.**, Scharp, K. M., Parker, E., & Donohoe, D. E. (initial review). Withholding social support because those in need are undeserving: A narrative thematic analysis. *Communication Monographs*.

1. Floyd, K., & **Ray, C. D.**, James, R., & Anderson, A. (initial review). Predictors of compassion for suffering social groups. *Journal of Social Psychology*.

### MANUSCRIPTS IN PREPARATION

4. **Ray, C. D.**, Floyd, K., & Hesse, C. (data collected). Combatting the loneliness epidemic through expressive writing focused on gratitude and affection. Target Journal: *Journal of Applied Communication Research*.
3. James, R., **Ray, C. D.**, Spitzberg, B., & Barber, L. (data collected). Native Spanish speakers' perceptions of support messages received in Spanish and English. Target Journal: *Communication Reports*.
2. McLaren, R. M., **Ray, C. D.**, Manusov, V. L., & Crowe, K. (data collected). Assessing the effectiveness of an empathy intervention on overcoming barriers to communicating emotional support messages. Target Journal: *Journal of Applied Communication Research*
1. Manusov, V. L., McLaren, R. M., **Ray, C. D.**, & Crowe, K. (data collected). When tangible support functions as emotional support: Rethinking social support typologies from a recipient perspective. Target Journal: TBD

### FUNDED RESEARCH GRANTS

8. Funder: San Diego State University – University Grants Program  
Project Title: *Combating the Loneliness Epidemic with Gratitude and Affection*  
Amount: \$10,000  
Awarded: February 2021 – June 2022 (Grant Ended Early Upon Leaving SDSU in August 2021)  
Position/Role: Principal Investigator
7. Funder: San Diego State University – Summer Undergraduate Research Program  
Project Title: *Instances When People Believe Cancer Patients Do Not Deserve Social Support*  
Amount: \$3,000  
Awarded: May 2019 – August 2019  
Position/Role: Principal Investigator; Academic Mentor to Undergraduate Research Assistant
6. Funder: San Diego State University – University Grants Program  
Project Title: *How Our Bodies and Minds React to Emotional Support Messages in the Cancer Context*  
Amount: \$9,989  
Awarded: January 2019 – June 2020  
Position/Role: Principal Investigator
5. Funder: The Hugh Downs School of Human Communication at Arizona State University  
Project Title: *Effects of Planning and Rehearsal on Supporter Anxiety and Emotional Support Message Quality During Interactions with Cancer Patients*  
Amount: \$3,000  
Awarded: March 2017 – February 2018  
Position/Role: Principal Investigator
4. Funder: Arizona State University Office of Knowledge Enterprise Development  
Project Title: *The Physiological Effects of Planning Support Messages*  
Amount: \$2,000  
Awarded: February 2017 – May 2018  
Position/Role: Principal Investigator

3. Funder: Arizona State University Graduate and Professional Student Association  
Project Title: *Individual Travel Grant*  
Amount: \$950  
Awarded Twice: November 2016; November 2017
2. Funder: The Hugh Downs School of Human Communication at Arizona State University  
Project Title: *Nonsupport Versus Varying Levels of Person-Centered Emotional Support: A Study of Women with Breast Cancer*  
Amount: \$1,120  
Awarded: March 2016 – February 2017  
Position/Role: Principal Investigator
1. Funder: International Narcotics and Law Enforcement Affairs (U.S. Department of State)  
Project Title: *Expanding the Influence of Dale se REAL in Nicaragua Central America*  
Amount: \$600,000  
Awarded: 2016-2019  
Position/Role: Research Assistant

### RESEARCH GRANT APPLICATIONS UNDER REVIEW

1. Funder: National Institutes of Health  
Activity Code and FOA: R01 Research Project Grant (PAR-19-373)  
Funding Opportunity Title: *Research on Biopsychosocial Factors of Social Connectedness and Isolation on Health, Wellbeing, Illness, and Recovery*  
Status: Progressed past initial review; sent to study section for further review  
Amount: \$400,000  
Principal Investigators: Colin Hesse (Oregon State University), Kory Floyd (University of Arizona)  
Co-Investigators: **Colter D. Ray**, Thaddeus Pace (University of Arizona)  
Consultant: Masato Nakazawa (University of California, San Diego)

### NON-FUNDED RESEARCH GRANT APPLICATIONS

1. Funder: National Cancer Institute (As a component of the UCSD & SDSU U54 Grant Renewal Application)  
Project Title: *Pragmatic approach to address culturally diverse palliative care needs of advanced cancer patients*  
Amount: \$267,500  
Funding Decision Announced September, 2019  
Principal Investigator: Savitri Singh-Carlson  
Co-Investigators: **Colter D. Ray**, Eun Jeong Ko
2. Funder: San Diego State University – University Grants Program  
Project Title: *Empathy Bootcamp: Tools for Building Relationships When It Really Counts*  
Amount: \$10,000  
Funding Decision Announced December, 2019  
Position/Role: Principal Investigator

### NON-REFEREED BOOK CHAPTERS

3. Floyd, K., Pavlich, C. A., Dinsmore, D. R., & **Ray, C. D.** (2020). The physiology of affectionate communication. In L. S. Aloia, A. Denes, & J. C. Crowley (Eds.), *The Oxford handbook of the physiology of interpersonal communication*. Oxford University Press.

2. Pauley, P., **Ray, C. D.**, Spitzberg, B. H., & Savage, M. (2019). Interpersonal and relational communication. In B. H. Spitzberg, H. Canary, & D. Canary (Eds.), *The communication capstone: The communication inquiry and theory experience*. Cognella.

1. Floyd, K., & **Ray, C. D.** (2016). The biology of affection. In J. Nussbaum (Ed.), *Oxford research encyclopedia of communication* (pp. 1-26). Oxford University Press. <https://doi.org/10.1093/acrefore/9780190228613.013.157>

## COMPETITIVELY SELECTED CONFERENCE PAPER PRESENTATIONS

29. **Ray, C. D.** (November, 2021). *The trajectory and determinants of loneliness during the first two months of the COVID-19 pandemic in the United States*. Paper submitted for presentation at the annual meeting of the Western States Communication Association, Portland, OR.

28. **Ray, C. D.** (November, 2021). *Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes*. Paper accepted for presentation at the annual meeting of the National Communication Association, Seattle, WA.

27. **Ray, C. D.**, Floyd, K., Mongeau, P. M., & Randall, A. K. (July-August, 2021). *Success bias and inflation bias after planning and communicating emotional support messages to cancer patients*. Paper presented at the annual meeting of the International Association for Relationship Research, London, United Kingdom.

26. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (November, 2020). *Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages*. Paper presented at the annual meeting of the National Communication Association, Indianapolis, IN.

25. Floyd, K., York, C., & **Ray, C. D.** (May, 2020). *Heritability of affectionate communication: A twins study*. Paper presented at the annual meeting of the International Communication Association, Gold Coast, Australia.

24. Mikkelsen, A. C., & **Ray, C. D.** (February, 2020). *Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO. **Top Paper in Interpersonal Division.**

23. Otmar, C. D., **Ray, C. D.**, Spitzberg, B. H., Negash, S. (February, 2020). *The influence of interpersonal patterns of forgiveness on relational resilience*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO.

22. Valenzuela, A., Bohan, S., Nguyen-Grozavu, F., Robbins Sadler, G., Malcarne, V., & **Ray, C. D.** (September, 2019). *Social support for African American women with cancer: Why is it so low? A review of the literature*. Paper presented at the annual meeting of the International Cancer Education Conference, Salt Lake City, UT.

21. Shin, Y., Pettigrew, J., **Ray, C. D.**, Lu, Y., Castillo, M. A., & Allsup, J. D. (May, 2019). *Latent class analysis of interpersonal communication about the school-based intervention, Dale se REAL, with parents, peers, and teachers from the social interface model*. Paper presented at the annual meeting of the Society of Prevention Research, San Francisco, CA.

20. **Ray, C. D.**, Floyd, K., Tietz, C. J., Veluscek, A. M., Hashi, E. C., Otmar, C. D., & Fisher, R. (February, 2019). *Brief negative statements occurring within longer support messages result in lower message effectiveness and supporter competence ratings*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.

19. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019, February). *Planning improves vocal fluency and appearance of concern when communicating emotional support*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.



18. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018, November). *Factors predicting unmet supportive care needs among adult cancer patients*. Paper presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
17. Pettigrew, J., Razzante, R., Lu, Y., Allsup, J. D., & **Ray, C. D.** (2018, August). *Challenging sustainability for school-based prevention in a lower-middle income country*. Paper presented at the First Conference of the Brazilian Association for Research on Prevention and Health Promotion (BRAPEP), Brasília, Distrito Federal, Brazil.
16. **Ray, C. D.** (2017, November). *The effects of relational closeness on cancer patients' perceptions of negative face threats and subsequent responses to emotional support messages*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
15. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2017, November). *Breaking the rules?: Why people choose not to provide emotional support to others*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
14. **Ray, C. D.**, Veluscek, A. M., & Duggan, A. (2017, November). *Nonverbal indicators of cancer patients' turning points in identity and treatment trajectories*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
13. Floyd, K., **Ray, C. D.**, Generous, M. A., van Raalte, L. J., & Stein, J. B. (2017, November). *Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
12. Kim, H., **Ray, C. D.**, & Veluscek, A. M. (2017, November). *Complementary support from facilitators and peers for promoting mHealth engagement and weight loss*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
11. Pettigrew, J., Li, C., & **Ray, C. D.** (2017, November). *Developing and testing Dale se REAL: Drug and violence prevention in Nicaragua, Central America*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
10. Pettigrew, J. P., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2017, September). *Centralizing the mesosystem for intervention message effectiveness: Introducing a social interface model*. Paper presented at the annual meeting of the European Society for Prevention Research, Vienna, Austria.
9. **Ray, C. D.**, & Veluscek, A. M. (2017, February). *Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer*. Paper presented at the annual meeting of the Western Communication Association, Salt Lake City, UT.
8. **Ray, C. D.** (2016, December) *Reasons for not communicating emotional support to personal contacts with cancer*. Presented at the Arizona State University Institute for Social Science Research Poster Competition, Tempe, AZ.
7. **Ray, C. D.**, & Veluscek, A. M. (2016, November). *The experience and outcomes of receiving unwanted social support: A study of recently diagnosed cancer patients*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
6. **Ray, C. D.** (2016, November). *The provision decision model: Understanding supportive interactions from the provider's perspective*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.

5. **Ray, C. D.,** & Framer, M. W. (2016, July). *The effects of sacred matters on perceived support gaps in romantic relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
4. Floyd, K., & **Ray, C. D.** (2015, November). *Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
3. Stein, J., **Ray, C. D.,** & Framer, M. W. (2015, November.) *“But you say he’s just a friend.” Friends with benefits relationships versus exclusive relationships: A relational turbulence perspective*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
2. **Ray, C. D.,** & Fox, W. (2013, November). *Use of Spanish phrases by political candidates and the effects on source credibility*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.
1. **Ray, C. D.** (2013, November). *The narrative paradigm applied to Julian Castro’s Democratic National Convention keynote address*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.

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## TEACHING EXPERIENCE

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### COURSES TAUGHT: INSTRUCTOR OF RECORD

- COMM 2010: Interpersonal Communication (LSU; face-to-face)
- COMM 3114: Communication Research (LSU; face-to-face)
- COMM 735: Seminar: Relational Communication (SDSU; face-to-face; online)
- COMM 715: Seminar: Nonverbal Communication (SDSU; online)
- COMM 495: Communication Capstone (SDSU; face-to-face; online)
- COMM 496: The Dark Side of Communication (SDSU; face-to-face)
- COMM 350: Investigating Communication (SDSU; online)
- COMM 321: Health Communication (SDSU; online)
- COMM 492: Training and Development (ASU; online)
- COMM 411: Communication in the Family (ASU; face-to-face)
- COMM 408: Quantitative Research Methods (ASU; face-to-face and online)
- COMM 312: Conflict and Negotiation (ASU; face-to-face)
- COMM 310: Relational Communication (ASU; face-to-face)
- COMM 308: Advanced Research Methods (ASU; face-to-face and online)
- COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)

### COURSES ADAPTED TO AN ONLINE FORMAT FOR SUMMER AND WINTER SESSIONS

- COMM 495: Communication Capstone (SDSU)
- COMM 350: Investigating Communication (SDSU)
- COMM 245: Interpersonal Communication (SDSU)

### COURSES TAUGHT: TEACHING ASSISTANT

- COMM 608: Multivariate Statistical Analysis (ASU; face-to-face)
- COMM 312: Conflict and Negotiation (ASU; face-to-face)
- COMM 259: Business and Professional Communication (ASU; hybrid)
- COMM 230: Small Group Communication (ASU; face-to-face)
- COMM 3330: Empirical Research Methods (TXST; face-to-face)
- COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)



### GRADUATE STUDENTS SUPERVISED

- Rebecca James (SDSU; 2020-2021). Thesis Title: *Native Spanish Speakers' Perceptions of Support Messages Received in Spanish and English*. Defended: March 2021.
- Courtney Meissner (SDSU; 2019-2020). Thesis Title: *The Significance of Perceived Support: A Quantitative Study of Support Deprivation Experienced by Single Parents Compared to Partnered Parents*. Defended: March 2020.
- Pia de los Reyes (SDSU; 2019-2020). Thesis Title: *The influence of Expressive Writing on Quality of Pursuit and Provision of Social Support*. Defended: March 2020.
- Christopher Otmar (SDSU; 2018-2019). Thesis Title: *The Influence of Interpersonal Patterns of Forgiveness on Relational Resilience*. Defended March 2019. Now a doctoral student at UC-Santa Barbara.

### MASTERS THESIS SECOND READER

- Andrea Sanchez (SDSU, School of Communication; 2020-2021). Thesis Title: *Traversing Consent Conversations*. Defense scheduled for summer 2021.
- Sol Bukin (SDSU, Department of Psychology; 2020-2021). Thesis Title: *Information Communication Technology Demands and Fatigue: The Moderating Effects of Personality Traits*. Defended March 2021.
- Chandler Spahr (SDSU, Department of Psychology; 2019-2020). Thesis Title: *Relationship Quality and Racial Composition of Roommates: Effects on Cardiovascular and Psychological Outcomes*. Defended April 2020.

### COMPREHENSIVE EXAM COMMITTEES

- Andrew Anderson (SDSU; 2020-2021)
- Michael Barnes (SDSU; 2020-2021)
- Laura Horton (SDSU; 2019-2020)
- Ainsley Escobar (SDSU; 2019-2020)
- Brianna Avalos (SDSU; 2018-2019)
- Aaron Dellefield (SDSU; 2018-2019)
- Kevin Roberts (SDSU; 2018-2019)

### UNDERGRADUATE RESEARCH ASSISTANTS

- Emily Parker (SDSU; 2019): Funded by University Grants Program and Summer Undergraduate Research Program. Completed masters at University of Essex; Currently employed with UK National Health Service.
- Alec Valenzuela (SDSU; 2019): Funded by the National Cancer Institute's program *Creating Scientists to Address Cancer Disparities*
- Nicole Dies (SDSU; 2019): Earned a Research Apprentice Certificate through volunteer laboratory work. Now a masters student at University of San Diego.
- Victoria Mudd (SDSU; 2018): Earned a Research Apprentice Certificate through volunteer laboratory work. Now a masters student at George Mason University.

### UNDERGRADUATE HONORS STUDENTS ADVISED

- Michael Morrissey (ASU; 2016). Honors Thesis Title: *Bitcoin: How Benefit and Cost Shape the Adoption of Virtual Currency*.

### INVITED LECTURES

- *Communication and Biology*. Presented to University of Washington, Methods of Inquiry (Spring 2019)
- *How (and Why) You Should Write Love Letters*. Presented to the Residents of the Cuicacalli Suites at San Diego State University (Spring 2019)
- *Evolutionary Perspectives on Communication Research and Social Support*. Presented to San Diego State University, COMM 601 – Seminar in Theory and Research Methods (Fall 2018)
- *Theorizing About the Dark Side of Social Support in the Cancer Context*. Presented to University of Arizona, COMM 669 – Theories of Health Communication (Fall 2018)

- *Cognitive Biases and Evaluations of Support Messages*. Presented as a Colloquium for the School of Communication at San Diego State University (Fall 2018)
- *Are Your Support Messages Really Helping People with Cancer?* TED Talk Recorded at TEDxTexasStateUniversity (Fall 2016)
- *Programmatic Research Focused on the Dark Side of Social Support in the Cancer Context*. Presented as a Colloquium for the Hugh Downs School of Human Communication at Arizona State University (Fall 2016)
- *Stress, Anger, and the Body*. Arizona State University, COMM 312 – Conflict and Negotiation (Fall 2014)
- *Celebrating Dr. Steven Beebe's Tenure as Department Chair*. Presented to Texas State University at the "Beebe 101" Retirement Celebration (Spring 2014)
- *7:03 Moments: Creating Meaning in Your Life Through Acts of Kindness Toward Others*. Presented to Incoming Freshmen Students at Texas State University's Cat Camp (Fall 2013)

#### CREATOR AND FACILITATOR ROLES IN COMMUNICATION AND LEADERSHIP TRAININGS

- *Empathic Listening and Presence* – Empathy Bootcamp, LLC (Spring 2021)
- *Empathy and Communication* – Empathy Bootcamp, LLC (Fall 2020)
- *Being a Leader Workshop* – The Transformation Project at Arizona State University (Fall 2014)
- *Hospital Management Communication Retreat* – Central Texas Medical Center (Spring 2014)
- *Teaching and Learning Academy* – Texas State University (Fall 2013)
- *Balancing Work and Life When You Have Too Much Work* – San Jacinto Hall Council at Texas State University (Fall 2012)
- *Associated Student Government Retreat* – Texas State University's Associated Student Government (Fall 2010)

#### PARTICIPATION IN PEDAGOGICAL TRAININGS

- *Flexible Course Design Summer Institute* (Summer 2020)
- *LGBTQ+ Ally Training*, San Diego State University (Fall 2019)
- *Student-Centered Formative Assessment*, San Diego State University (Fall 2019)
- *UndocuALLY Training*, San Diego State University (Spring 2019)
- *Military Ally Training*, San Diego State University (Fall 2018)
- *Masterclass in Online Pedagogy*, Arizona State University (Spring 2018)
- *New Graduate Instructor Orientation*, Arizona State University (Fall 2014)
- *Teaching and Learning Academy*, Texas State University (Fall 2012)
- *LGBTQ+ Ally Training*, Texas State University (Fall 2010)

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#### MEDIA APPEARANCES & QUOTATIONS IN THE POPULAR PRESS

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- *Make It Mentionable* (Not Yet Aired). Featured Guest on Podcast Hosted by Alyssa Patmos
- *Stupid Cancer* (July 27, 2021). Panelist for "When They Say Exactly the Wrong Thing: Navigating Friendship After Cancer"
- *b-Present* (July 21, 2021). Panelist for "It's a Two-Way Street: Why Good Communication Matters"
- Facebook Live, Sponsored by 1-800-FLOWERS (June 19, 2021). Featured Guest for Interview with Rebecca Soffer, Founder of Modern Loss
- *USA Today* (April 30, 2021). India is in crisis. Showing more empathy is the least we can do.
- *The Telegraph* (February 12, 2021). I'm one of the super-lonely suffering from skin hunger.
- *Red Rock Relationships Podcast* (February 2021). Season 2, Episode 4, "Lean on Me." Featured Guest.
- *The Guardian* (May 21, 2020). I desperately miss human touch. Science may explain why.

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## SERVICE

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### SERVICE TO THE DISCIPLINE

- Secretary of the National Communication Association's Health Communication Division (2018 – 2020)
- Secretary of the Western States Communication Association's Health Communication Interest Group (2015 – 2017)
- Legislative Assembly Representative for San Diego State University at the annual meeting of the Western States Communication Association (2019)
- Editorial Board Member for *Journal of Social and Personal Relationships* (2020 – Present)
- Editorial Board Member for *Communication Research Reports* (2018 – Present)
- Ad hoc reviewer for *Western Journal of Communication* (2021)
- Ad hoc reviewer for *Health Communication* (2019)
- Ad hoc reviewer for *Communication Monographs* (2019; 2015)
- Ad hoc reviewer for *Journal of Social and Personal Relationships* (2019; 2015)
- Reviewer for the NCA/ICA Health Communication Division Dissertation & Thesis of the Year Awards (2020)
- Conference Paper Reviewer (2014 – Present)
  - National Communication Association's Health Communication Division (2017 – 2020)
  - Western States Communication Association's Health Communication Interest Group (2015 – 2018)
  - Western States Communication Association's Interpersonal Division (2018 – 2019)
- Conference Panel Chairperson
  - National Communication Association's Interpersonal Communication Division (2018; 2019)
  - National Communication Association's Health Communication Division (2020)
  - Western States Communication Association's Health Communication Interest Group (2017)
  - International Association for Relationship Research (2015)

### SERVICE TO SAN DIEGO STATE UNIVERSITY

- Cancer Research Group Steering Committee (2019 – Present)
- Faculty-in-Residence (2019 – Present)
- Chair of the School of Communication Scholarship Selection Committee (2019 – 2020)
- Member of the College of Professional Studies & Fine Arts Scholarship Selection Committee (2019 – 2020)
- Course Coordinator - COM 245: Interpersonal Communication (2018 – Present)
- College Core Scholarship Committee (2019)
- Faculty Chair of the School of Communication Annual Awards & Alumni Celebration (2019)
- Explore SDSU Information Booth Volunteer (2019)
- Student Success Fee Committee (2018)

### SERVICE TO ARIZONA STATE UNIVERSITY

- Doctoral Program Recruitment Liaison (2014 – 2016)

### SERVICE TO TEXAS STATE UNIVERSITY

- Course Administrator for COMM 1310: Fundamentals of Human Communication (2013 – 2014)
- Student Body Vice President (2010 – 2011)
- Cat Camp Counselor (2010)
- Residence Hall Association Representative & Blanco Residence Hall Council President (2008 – 2009)

### SERVICE TO THE PUBLIC

- Singleton Moms Home Delivery of Groceries and Food to Single Mother with Cancer (2015 – 2018)

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## PARTICIPATION IN PROFESSIONAL ORGANIZATIONS

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- National Communication Association (2012 – Present)
- International Association for Relationship Research (2015 – Present)
- Western States Communication Association (2015 – Present)
- Texas Speech Communication Association (2013 – 2014)

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## HONORS & AWARDS

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### SAN DIEGO STATE UNIVERSITY

- Top Paper: Western States Communication Association Interpersonal Division (2020)

### ARIZONA STATE UNIVERSITY

- Nominated for Outstanding Graduate Student: College of Liberal Arts and Sciences (2018)
- Outstanding Graduate Researcher: Hugh Downs School of Human Communication (Awarded 2017, 2018)
- Continued Excellence in Teaching Award: Graduate and Professional Student Association (2017)
- Knowledge Mobilization Impact Award for Research (\$500): The ASU Graduate College (2017)
- Teaching Excellence Award: Graduate and Professional Student Association (2017)
- Outstanding Mentor Award: Graduate and Professional Student Association (2016)

### TEXAS STATE UNIVERSITY

- Department of Communication Studies Outstanding Graduate Student (2014)
- Texas State University Man of the Year (2011)
- School of Journalism and Mass Communication Ralph J. Harrell Outstanding Senior (2011)
- Finalist, Lyndon B. Johnson Outstanding Senior (2011)
- College of Fine Arts and Communication Council of Scholars (2009 – 2011)
- Student Government Senator of the Year (2010)
- National Finalist, Hearst Photojournalism Competition (2009)

### COMPETITIVE SCHOLARSHIPS AWARDED

- Alfred Noelle Scholarship
- Associated Student Government Scholarship
- Association of Energy Companies Scholarship
- College of Fine Arts and Communication Scholarship
- Dean's Student Service Fee Scholarship
- Don Anders Scholarship
- Fred Adams Scholarship
- Graduate College Scholarship
- Hearst Foundation Endowed Scholarship
- Maude Ogle Friends of Fine Arts Scholarship
- Student Foundation Scholarship
- University Bookstore Scholarship