RESILIENCE, THRIVING and MANAGING EXPECTATIONS
You are here because you have the ability to succeed.

We believe in You!!

And this is a good time for a Reality Check
What to Expect

• It will be fun
• It will be difficult
• There will be moments of doubt
• There will be lots of successes
• There may be some failures
What you can do to thrive (in order of importance):

1. Attend class!!
2. Attend class!!
3. Attend class!!
4. Attend class!!
5. Attend class!!
What you can do to thrive:

• Make use of the resources we have available to support your success
  • Center for Academic Success; Supplemental Instruction; Tutorial Support; Student Health Center; Academic Advisors, Resident Advisors, etc.

• Get academically engaged
  • Communication Across the Curriculum
  • Service Learning
  • LSU Discover
  • Study Abroad
What you can do to be resilient:

- Manage your expectations
- Use the resources we have in place!!!
Time Management • Learning Strategies • Test Prep

Thursday August 16, 2018

11:00 am - 12:00 P.M.
Nicholson Hall, Room 119
Academic Kickoff

September 6, 2018

11:00 am – 1:00 pm

Tower Drive by the Union and Coates Hall

Free Food, Drinks, Information, Games & Giveaways