Greetings from the Chair-Elect

Hello and Welcome to the Fall! I am excited and honored to begin my year serving as the Chair-Elect for the 2008-2009 Louisiana Gulf Coast IFT, in the company of our Secretary Ms. Ashley Bond Gutierrez, Treasurer Mr. Miguel A. Gutierrez, Chair Dr. John W. Finley, and Past-Chair Dr. Kayanush J. Aryana.

This year, we are putting together an exciting program for the GC-IFT section (see below). I will follow the lead of our Chair and Past-Chair and strongly encourage the broader participation of the GC-IFT activities. I am also fully supportive of the efforts to expand our memberships. For students, please be aware that both IFT membership and active participation at GC-IFT meetings are judged when applying for the GC-IFT sponsored scholarships.

I welcome your comments, suggestions, questions, or concerns, and please contact me at bge@lsu.edu. I look forward to seeing you all at our next meeting!

Sincerely,
Beilei Ge
Chair-Elect

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Approx. Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 2008</td>
<td>Abita Brewing Company</td>
<td>Covington, LA</td>
<td>6 h</td>
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<tr>
<td>November 2008</td>
<td>Lafourche Sugar Corp. Visit</td>
<td>Thibodaux, LA</td>
<td>6 h</td>
</tr>
<tr>
<td>February 2009</td>
<td>Motivated Seafood</td>
<td>Houma, LA</td>
<td>6 h</td>
</tr>
<tr>
<td>April 2009</td>
<td>Crawfish Boil/IFT Speaker</td>
<td>Baton Rouge, LA</td>
<td>3 h</td>
</tr>
</tbody>
</table>

Disclaimer

The opinions expressed in this newsletter are the opinions of the contributors and do not necessarily represent the official position of IFT, nor the Regional Section and should not be interpreted as such.

IFT accepts and adopts the concept of diversity which views society as a mixture of all backgrounds each with a unique contribution. IFT seeks to retain and celebrate individual differences and therefore will not discriminate based on race, color, gender, sexual orientation, age, religion, national origin, disability or veteran status.
Meeting Notice
October 4th, 2008
11:00 a.m.—2:30 p.m.
Tour of
The Abita Brewery
Followed by lunch at
The Abita Brew Pub
21084 Highway 36
Covington, LA

*Must be 21 or older to attend AND wear closed toed shoes

**RSVP early as space is limited!

Meeting Registration
☐ Tour only No Fee
☐ Tour and Lunch Order off Menu

Name __________________________
Address ________________________
_______________________________
City _________________ State _____
Zip ________________
Phone ________________
Email ________________________

Please mail your registration to:
Ashley Bond Gutierrez
111 Food Science Building
Louisiana State University
Baton Rouge, LA 70803

We are on the Web
www.ift.org/sections/gulf/index.htm

LA Gulf Coast Section
Newsletter
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(2008/2009)

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DRIVING DIRECTIONS FROM BATON ROUGE

Directions to 21084 Highway 36, Covington, LA 70433-9200
Total Time: 1 hours 16 mins, Total Distance: 73.16 miles

A
1. Starting in BATON ROUGE, LA on GOVERNMENT ST go toward ST FERDINAND ST
   go 0.46 mi
2. Turn R on S 10TH ST
   go 0.19 mi
3. Take L ramp onto I-10 E
   go 4.1 mi
4. Take L exit #159/HAMMOND onto I-12 E
   go 62.63 mi
5. Take exit #83A-83B/COVINGTON/PLASSEY/NEW ORLEANS CAUSEWAY TOLL BR onto US-190 W toward #83B/COVINGTON/BOGALUSA
   go 3.75 mi
6. Bear R on BUSINESS 190 (US-190-BR W)
   go 0.31 mi
7. Bear R on HIGHWAY 21 (LA-21)
   go 0.15 mi
8. Bear R on HIGHWAY 36 (LA-36)
   go 1.85 mi
9. Arrive at 21084 HIGHWAY 36, COVINGTON, on the R

B

Time: 1 hours 16 mins, Distance: 73.16 miles

When using any driving directions or map, it's a good idea to do a reality check and make sure the road still exists, watch out for construction, and follow all traffic safety precautions. This is only to be used as an aid in planning.
### DRIVING DIRECTIONS FROM NEW ORLEANS

**Directions to 21084 Highway 36, Covington, LA 70433-9200**

**Total Time:** 50 mins, **Total Distance:** 42.02 miles

**Distance**

<table>
<thead>
<tr>
<th>Step</th>
<th>Instruction</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Starting in NEW ORLEANS, LA on LA SALLE ST go toward PERDIDO ST</td>
<td>go 264 ft</td>
</tr>
<tr>
<td>2.</td>
<td>Turn R on PERDIDO ST</td>
<td>go 0.43 mi</td>
</tr>
<tr>
<td>3.</td>
<td>Turn L on BERTRAND ST</td>
<td>go 422 ft</td>
</tr>
<tr>
<td>4.</td>
<td>Turn R to take ramp onto I-10 W</td>
<td>go 5.29 mi</td>
</tr>
<tr>
<td>5.</td>
<td>Take exit #228/CAUSEWAY BLVD/MANDEVILLE onto N CAUSEWAY BLVD toward CAUSEWAY BLVD NORTH/MANDEVILLE (Portions toll)</td>
<td>go 2.25 mi</td>
</tr>
<tr>
<td>6.</td>
<td>Continue on LAKE PONTCHARTRAIN CSWY (Toll applies)</td>
<td>go 23.96 mi</td>
</tr>
<tr>
<td>7.</td>
<td>Continue on N CAUSEWAY BLVD (Toll applies)</td>
<td>go 2.42 mi</td>
</tr>
<tr>
<td>8.</td>
<td>Continue on N CAUSEWAY BLVD (US-190 W)</td>
<td>go 0.51 mi</td>
</tr>
<tr>
<td>9.</td>
<td>Continue to follow US-190 W</td>
<td>go 4.7 mi</td>
</tr>
<tr>
<td>10.</td>
<td>Bear R on BUSINESS 190 (US-190-BR W)</td>
<td>go 0.31 mi</td>
</tr>
<tr>
<td>11.</td>
<td>Bear R on HIGHWAY 21 (LA-21)</td>
<td>go 0.15 mi</td>
</tr>
<tr>
<td>12.</td>
<td>Bear R on HIGHWAY 36 (LA-36)</td>
<td>go 1.85 mi</td>
</tr>
<tr>
<td>13.</td>
<td>Arrive at 21084 HIGHWAY 36, COVINGTON, on the R</td>
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**Time:** 50 mins, **Distance:** 42.02 miles

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