REDUCE YOUR RISK

MAKING A CLOTH FACE COVERING
USING FABRIC, T-SHIRTS, OR BANDANAS

MATERIALS NEEDED:

- Rubber bands (or hair ties)
- Bandana (or square cotton cloth approx. 20”x20”)
- Scissors* (*if you are cutting your own cloth)

STEP ONE:
Fold bandana in half.

STEP TWO:
Fold top down, then fold bottom up.

STEP THREE:
Place rubber bands or hair ties about 6 inches apart.

STEP FOUR:
Fold side to the middle and tuck.

STEP FIVE:

REMOVING YOUR FACE COVERING:
Be careful not to touch your eyes, nose, or mouth when removing face covering, and wash hands immediately after removing.

CLEANING YOUR FACE COVERING:
Place in washing machine immediately after use. Wash using detergent and dry.

LSU Student Health Center