**REDUCE YOUR RISK**

**USING A BANDANA AS A FACE COVERING:**

**MATERIALS NEEDED:**
- Bandana (or square cotton cloth approximately 20” x 20”)
- Rubber bands (or hair ties)

**STEP ONE:**
Fold bandana in half.

**STEP TWO:**
Fold top down. Fold bottom up.

**STEP THREE:**
Place rubber bands or hair ties about 6 inches apart.

**STEP FOUR:**
Fold side to the middle and tuck.

**STEP FIVE:**

**REMOVING YOUR FACE COVERING:**
Be careful not to touch your eyes, nose, or mouth when removing face covering and wash hands immediately after removing.

**CLEANING YOUR FACE COVERING:**
Place in washing machine immediately after use. Wash using detergent and dry.

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LSU Student Health Center