Increasing Efficiency of Transition Time Using a Social Story with Preschool Children

Social stories are age appropriate, short stories that explain a social situation. These stories describe situations to children in a manner easy for them to comprehend. They also model appropriate responses in place of inappropriate ones displayed by children (Herrin, 2004). The purpose of the present study was to determine if social story interventions would decrease transition time in a preschool classroom. The social story was created by the main researcher, who followed specific guidelines to ensure that it would be appropriate for the participants. The transition times including cleaning up, needed to decrease because it interfered with instructional whole group learning time. The researcher for this experiment used a multiple-baseline design across subjects to collect data. The subjects within this study all showed evident signs that they needed support with transitioning. After the research was conducted, it was evident that the social stories were beneficial in increasing efficiency of transition time with the subjects for this study. Teachers for young children should take in consideration using social stories to help students who may need extra assistance in transitioning to different activities during the school day.