

# CC & E Early Alert and Intervention

Compiled by CES office-8/2017

## **1. LSU Student Health Center - Location and Hours**

### **Location**

The LSU Student Health Center is located on the corner of Infirmary Road and West Chimes Street, across from the School of Music on the north side of campus.

### **Directions**

From I-10: Take exit #156B (LSU - Dalrymple). Head south on Dalrymple, and cross over Highland Road. Make a right on Infirmary Road. The SHC will be on the left.

### **Hours of Operation \***

#### **Fall & Spring Semesters**

Monday- Friday	8:00am - 5:00pm
Saturday **	8:00am - 11:30am
Sunday	CLOSED

#### **Summer Term**

Monday - Friday	8:00am - 4:15pm
Saturday	CLOSED
Sunday	CLOSED

*\*\* Only the Medical Clinics and Pharmacy are open on Saturdays.*

## **2. Other Resource Numbers**

### **On Campus**

- Disability Services • 225-578-5919
- Greek Life • 225-578-2171
- LSU Police\* • 225-578-3231
- Medical Clinic • 225-578-6716
- Mental Health Service • 225-578-8774
- Residential Life\* • 225-578-8663
- SANE Program (Nurses' Station) • 225-578-6085
- Student Advocacy and Accountability • 225-578-4307
- Wellness and Health Promotion • 225-578-5718

### **Off Campus**

- Baton Rouge City Police\* • 225-389-3800
- Baton Rouge Sheriff\* • 225-389-5000
- Iris Domestic Violence Shelter\* • 225-389-3001
- State-Wide Hotline • 1-800-541-9706
- RAINN Hotline\* • 1-800-656-4673
- RAINN Online Hotline\* • [www.rainn.org](http://www.rainn.org)
- STAR • 225-389-3456, 225-383-7273\*
- National Center for Victims of Crime
- [www.victimsofcrime.org/src](http://www.victimsofcrime.org/src)
- The Phone (Crisis Line)\* • 225-924-5781
- Not Alone • [www.notalone.gov](http://www.notalone.gov)

*\* 24-hour assistance*

### **3. Sexual Assault Support and Services**

**The Lighthouse Program** | SANE | Contacts



If you see this symbol,  
it's a safe place to talk.

Resource Numbers | Medical Options | Legal Options

#### **About The Lighthouse Program**

LSU Student Health Center's interpersonal violence (sexual assault, domestic violence, relationship violence, and stalking) support/medical services are available Monday thru Friday 8am -5pm. If you need support services or an evidence collection kit completed after hours or on the weekend, please contact STAR (Sexual Trauma Awareness and Response) at 225-383-RAPE, The Phone at 225-924-LSU1, or your local police department.

#### **Purpose of The Lighthouse Program**

Louisiana State University is committed to providing confidential, nonjudgmental and appropriate support services for all sexual assault survivors, regardless of gender, ethnicity, sexual orientation, age, ability, or whether or not they report the crime. In addition, the University has a vested interest in obtaining an accurate account of the number of sexual assaults occurring on- or off-campus involving student survivors. The Lighthouse Program (previously known as Sexual Assault Victim's Advocacy or SAVA) is designed to accomplish both of these goals, as well as to meet federal mandates.

The term survivor will be used to refer to someone who has directly experienced a sexual assault. We acknowledge that the person has survived the incident and is beginning the path toward recovery. The term student-at-risk will refer to a student who is in an abusive/violent dating relationship, who is experiencing further abuse after terminating the relationship, or who is being stalked. The Lighthouse Program is housed in the Office of Wellness and Health Promotion in the Student Health Center, but advocates are located in many different departments and offices on campus.

#### **Role & Function of Lighthouse Advocates**

Lighthouse Advocates are specially trained University personnel who can provide confidential guidance and support to LSU students who have directly experienced interpersonal violence (sexual assault, domestic violence, relationship violence, and stalking) or who want to help a friend in need.

Regardless of how long ago the traumatic event or violent incident occurred, you are encouraged to talk to a Lighthouse Advocate about your situation.

The period after a traumatic event can be confusing. Lighthouse Advocates ensure that no survivor or student-at-risk has to navigate the medical, legal, mental health, or University system alone.

**Lighthouse Advocates will provide survivors and students-at-risk with options for recovery, including assistance with the following:**

- Filing a police report
- Filing a University judicial report
- Obtaining medical care
- Obtaining emotional support
- Arranging safe housing
- Securing academic accommodations, as well as referrals to appropriate services and resources.

### **About SANE**

LSU Student Health Center's sexual assault support/medical services are available Monday thru Friday 8am - 5pm. If you need support services or an evidence collection kit completed after hours or on the weekend, please contact STAR (Sexual Trauma Awareness and Response) at 383-RAPE or your local police department.

### **What is the SANE program?**

SANE stands for Sexual Assault Nurse Examiner. The SANE program allows any LSU student to have a forensic exam or "sexual assault evidence collection kit" conducted by a SANE. A SANE is specially trained in collecting evidence and working with survivors of sexual assault.

### **What is the mission of the SANE program?**

The primary mission of the SANE program is to meet the needs of the LSU student who is a sexual assault survivor by providing immediate, compassionate, culturally-sensitive and comprehensive forensic evaluation and treatment by an LSU Student Health Center professional nurse trained in the parameters of the Sexual Assault Nurse Examiners standards.

### **Is there a cost to receive services from the Student Health Center's SANE?**

There is no cost to receive services from the LSU Student Health Center's SANE. Medical screening (STD testing, pregnancy test, etc.) and treatment (antibiotics) are provided at no cost to full time students or students who have paid the Student Health Center fee.

### **Does the SANE work with a Lighthouse Advocate?**

The SANE also works closely with a Lighthouse Advocate from the Student Health Center. Lighthouse Advocates are specially trained University personnel who provide confidential guidance and support to LSU students who have directly experienced interpersonal violence. They provide options for recovery including: assistance with filing a police report, getting medical care, navigating the University accountability process, relocating their residence, obtaining academic assistance/accommodations and accessing services and resources.

### **What information is collected by a Lighthouse Advocate?**

Lighthouse Advocates will complete an anonymous report for every incident reported to them. Only demographic information is collected, as required by federal law under The Student Right to Know and Campus Security Act/Clery Act.

**How many days can evidence be collected?**

Evidence can be collected by a Sexual Assault Nurse Examiner (SANE) following a sexual assault up to four days after the assault has occurred. To preserve evidence, avoid bathing, douching, or changing your clothes.

**How can I reach the LSU Student Health Center's SANE?**

You can receive medical services by a SANE at the Student Health Center during regular work hours, Monday thru Friday from 8:00 am to 5:00 pm. You may reach the Student Health Center's SANE at 578-6085. To preserve evidence, avoid bathing, douching, or changing your clothes.

**What if I need a SANE after hours?**

For after-hours care or if choose to go off-campus you can receive services from a SANE or physician at a local hospital. A hospital advocate from STAR (383-RAPE) will provide hospital accompaniment and support to you through the exam. To preserve evidence, avoid bathing, douching, or changing your clothes.

**Do I have to report the crime to receive services?**

If you choose to report the crime to law enforcement, a report will be taken at the time of the exam. If you are uncertain about reporting the crime, evidence can be collected and preserved for 30 days should you decide to report the crime and/or prosecute at a later date.

**Do I have to report to LSUPD?**

You have the option of filing a police report with LSUPD if the assault occurred on campus. Assaults that occur off campus can be reported to the police department serving the area where the assault occurred. Even though police logs are public records, your name can be withheld to maintain your privacy.

**How can the LSU Office of Student Advocacy and Accountability help?**

If the perpetrator of the assault is a LSU student, you have the option of filing a complaint with the Office of Student Advocacy and Accountability for violation of the University Sexual Assault Policy. It helps to have already filed a report with the police, but it is not absolutely necessary. You can choose to meet with the C.A.R.E (Communicate, Assess, Refer, Educate) Manager to discuss your case; however the University cannot move forward with an investigation without an official complaint on file.

**Who can I talk to for more information about the SANE and Lighthouse Advocate program?**

You may contact Mendy Escudier, SANE/Lighthouse Program Coordinator at 225-578-6085 or Seirra Fowler, SANE/Lighthouse Program Coordinator at 225-578-6549.

## Contacts

The following are Lighthouse Advocates at LSU:

### Main Contacts

Susan Bareis, Health Promotion Coordinator, Student Health Center

225-578-6521 [sbareis@lsu.edu](mailto:sbareis@lsu.edu)

### By Department

#### Campus Life

- Margo Jolet • 578-5955 • [mjolet1@lsu.edu](mailto:mjolet1@lsu.edu)
- Craig Marcus • 578-5967 • [cmarcus@lsu.edu](mailto:cmarcus@lsu.edu)
- Shelby McGaha • 578-5160 • [smcgah3@lsu.edu](mailto:smcgah3@lsu.edu)
- Jessica Pellerine • 578-5160 • [jpell21@lsu.edu](mailto:jpell21@lsu.edu)

#### Center for Academic Success

- Nanette Cheatham • 578-0845 • [ncheat1@lsu.edu](mailto:ncheat1@lsu.edu)

#### Center for Community Engagement, Learning, & Leadership

- Taylor Armer • 578-9264 • [tarmer@lsu.edu](mailto:tarmer@lsu.edu)

#### Colle of Agriculture, Renewable Natural Resources

- Hallie Dozier • 578-7219 • [hdozier@agcenter.lsu.edu](mailto:hdozier@agcenter.lsu.edu)
- Michael Kaller • 578-0012 • [mkalle1@lsu.edu](mailto:mkalle1@lsu.edu)

#### College of Business

- Melanie Buchmann • 578-3141 • [mbuchm2@lsu.edu](mailto:mbuchm2@lsu.edu)
- Ashley Junek • 578-3211 • [cjunek@lsu.edu](mailto:cjunek@lsu.edu)

#### College of the Coast & Environment

- Tiffany Treloar • 578-6824 • [ttreloar@lsu.edu](mailto:ttreloar@lsu.edu)

#### College of Engineering

- Lisa Fontenot • 578-5731 • [lisaf@eng.lsu.edu](mailto:lisaf@eng.lsu.edu)
- Leigh Potts-Smith • 578-5731 • [lpotts@lsu.edu](mailto:lpotts@lsu.edu)
- Barbara Reonas • 578-5731 • [breonas@lsu.edu](mailto:breonas@lsu.edu)
- Ashleigh Turner • 578-5731 • [aturner1@lsu.edu](mailto:aturner1@lsu.edu)

#### College of Human Sciences & Education

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- Lisa Newman • 578-3622 • [lnewman@eng.lsu.edu](mailto:lnewman@eng.lsu.edu)
- Haley Shows • 578-2331 • [hshows@eng.lsu.edu](mailto:hshows@eng.lsu.edu)

#### College of Humanities & Social Sciences

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- Alyssa Kimmell • 578-2331 • [akimme1@lsu.edu](mailto:akimme1@lsu.edu)
- Maya Galathe • 578-3141 • [mgalathe@lsu.edu](mailto:mgalathe@lsu.edu)

#### Cox Communications Academic Center for Student-Athletes

- Louise Bodack • 578-0504 • [lbodack@lsu.edu](mailto:lbodack@lsu.edu)

#### Office of Diversity

- Emma Hicks • 578-8039 • [ehicks@lsu.edu](mailto:ehicks@lsu.edu)

#### Office of Enrollment Management

- Rebecca Hubbard • 578-1235 • [hubbard@lsu.edu](mailto:hubbard@lsu.edu)

#### Office of Multicultural Affairs

- Wes Heath • 578-5507 • [weheath@lsu.edu](mailto:weheath@lsu.edu)

#### Office of Veterinary Education & Student Affairs

- Donnie Watkins • 578-9357 • [donniewatkins1@lsu.edu](mailto:donniewatkins1@lsu.edu)

#### Olinde Career Center

- Courtney Frost • 578-2162 • [cfrost6@lsu.edu](mailto:cfrost6@lsu.edu)
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- Joyce Fields • 578-1560 • [jwakef@lsu.edu](mailto:jwakef@lsu.edu)

#### Paul M Hebert Law Center

- Daphne James • 578-8646 • [darmst2@lsu.edu](mailto:darmst2@lsu.edu)

#### Student Advocacy & Accountability

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- Chelsie Bickel • 578-4307 • [cbickel1@lsu.edu](mailto:cbickel1@lsu.edu)
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- Eddie St. Vil • 578-4307 • [estvil@lsu.edu](mailto:estvil@lsu.edu)

#### Student Health Center

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- Laura Jones • 578-5084 • [laurajones@lsu.edu](mailto:laurajones@lsu.edu)
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#### School of Veterinary Medicine

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College of Science  
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Experience LSU  
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Greek Life  
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• Angela Guillory • 578-2171 • angelagu@lsu.edu

International Cultural Center  
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Manship School of Mass Communication  
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• Rachael Mearman • 578-1899 • rmearman1@lsu.edu

• Stephanie Johnson • 578-9547 • sjohn17@lsu.edu

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• Tori Allmendinger • 578-7409 • tallmen@lsu.edu

School of Kinesiology  
• Ari Fisher • 578-3680 • afishe@lsu.edu

Women's Center  
• Summer Steib • 578-1714 • summers@lsu.edu

### Resource Numbers On Campus

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## Resource Numbers Off Campus

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- RAINN Hotline\* • 1-800-656-4673
- RAINN Online Hotline\* • [www.rainn.org](http://www.rainn.org)
- STAR • 225-389-3456, 225-383-7273\*
- National Center for Victims of Crime • [www.victimsofcrime.org/src](http://www.victimsofcrime.org/src)
- The Phone (Crisis Line)\* • 225-924-5781
- Not Alone • [www.notalone.gov](http://www.notalone.gov)
- Staying Safe on Campus • [Affordable Colleges Online](#)

\* 24-hour assistance

## After Hours Assistance

Help is available after regular University operating hours. If you need assistance at night or on the weekend, the following agencies and University departments can provide immediate assistance:

- IRIS Domestic Violence Shelter - Provides a crisis hotline, safely planning, safe housing, and/or protective order assistance for women in abusive relationships.
- Department of Residential Life - Provides support to on-campus residents.
- Rape, Abuse, and Incest National Network (RAINN) - Provides victims of sexual assault with free, confidential services around the clock through a telephone and online hotline.
- Sexual Trauma Awareness & Response Center (STAR) - Provides hospital accompaniment for forensic exam, crisis hotline support, legal advocacy and counseling services.
- **The Phone** (Crisis Line) - Provides support, if you need to speak confidentially with a counselor about how you are feeling.

## Medical Options

The first 96 hours after an assault are critical to the preservation and collection of forensic evidence. It is also a critical time for medical treatment for potential pregnancy or transmission of infections. Survivors may receive a forensic exam at the LSU Student Health Center, Monday - Friday from 8am-5pm at no cost. Survivors are often scared to have the forensic exam because they are unsure about what will happen, particularly regarding filing a police report and pressing charges. However, without a forensic exam conducted in the first 96 hours, crucial evidence could be lost and the survivor's legal case may be significantly weakened. The state will pay for the forensic exam if it is performed at a hospital with a SANE (Sexual Assault Nurse Examiner). A police report will be taken at the time of the exam and the state will follow through with investigating the crime. If a survivor is unsure about whether or not to press charges, the state will hold the forensic evidence for 30 days.

## To preserve the physical evidence:

- Do not bathe or douche.
- Do not brush teeth or ingest food/beverages.

- Do not change clothes if possible and do not wash the clothes worn at the time of the assault. Those clothes are considered forensic evidence and will be collected by the forensic examiner at the hospital. If a survivor doesn't want to wear those clothes to the hospital, s/he can take them to the hospital in a paper bag. Do not use a plastic bag because it may "break down" evidence.

**To preserve the crime scene:**

The space where the assault occurred is considered a crime scene. The police will gather additional evidence from the scene once charges are filed. If the assault occurred in a residence hall or other building on campus, a Lighthouse Advocate can assist with confidentiality issues during the collection of the evidence. Housing relocation is an option for any survivor who lives on-campus.

**Hospital Accompaniment:**

No survivor has to go through a forensic exam alone. A STAR Escort will accompany a survivor through the forensic exam, providing support and answering questions about the exam. The Escort can also help a survivor connect with a Lighthouse Advocate for support after the exam and for assistance with other options within the university setting.

**Non-Forensic Care:**

It is recommended that a survivor get medical attention even if s/he decides not to have a forensic exam. The survivor may seek treatment through her/his private physician or the Student Health Center. Treatment options can include emergency contraception and testing/treatment for potential sexually transmitted infections.

**Legal Options**

Sexual Assault Survivors have the option of processing their case through the civil and/or criminal judicial system. Cases can be processed through each system concurrently or separately. To prosecute a sexual assault or dating violence crime or to get a protective order through the civil or criminal system, it's best to consult with a legal advocate through STAR (225-615-7093) or the Iris Domestic Violence Shelter (225-389-3001).

**University Judicial System**

The University Judicial system is designed to be educational in nature and can only affect the accused student's status as a University student. A student who is found in violation of the University Sexual Assault Policy cannot be sent to jail through the University judicial process (see Code of Student Conduct due process). However, the student can potentially be suspended or expelled, among other sanctions, if found responsible for violating the University Sexual Assault Policy in the Code of Student Conduct.

To file a complaint, contact the Office of the Dean of Students at 225-578-9442. A formal complaint must be filed in order for the University to investigate the allegation. However, a survivor may meet with the Associate Dean for Judicial Affairs to ask questions without filing a formal complaint.

**4. Mental Health > Group Counseling**

**Group Counseling | Interpersonal Therapy Groups | Dissertation Support  
Group | Women's Development Group  
Men's Process Group | Out and About | Stress/Anxiety Management Seminars**

**Group Counseling**

Group counseling offers a safe environment in which to give and receive support regarding specific issues, explore healthy behaviors, and develop new ways of coping. It allows an opportunity to learn more about oneself and others in a climate of trust and mutual support.



The MHS offers a variety of groups each semester. Those groups recently offered have focused on issues such as relationships, grief, shyness/social anxiety, and women's issues, among others. Like individual counseling, group counseling at the MHS is confidential; information disclosed to other members is not discussed outside the group.

For more information, call 225-578-8774 or stop by the Mental Health Service, located on the 2nd floor of the Student Health Center.

### **Interpersonal Therapy Groups**

A variety of interpersonal therapy groups are available each semester. You may select an undergraduate or graduate-student-based interpersonal group. These groups allow individuals to grow in awareness of both self and others through the practice and experience of relating effectively with the group in a supportive and safe environment. Typical presenting concerns appropriate to the group therapy setting include relationship, self-growth, and assertiveness to name a few. Individuals interested in participating in group therapy should discuss their interest with their therapist or during their initial clinical consultation appointment.

### **Dissertation Support Group**

This group is for doctoral level students currently working toward completion of their dissertation. This group assists graduate students by providing support, offering additional accountability and structure, teaching ways to effectively manage anxiety/stress, and increasing personal motivation. Participation in a support group is an excellent way of learning from others who are taking part in the same academic journey.

### **Women's Development Group**

This group therapy experience for women interested in personal self-growth and improved feelings of self-esteem and well-being. The group meets one time per week and typically consists of 5-8 individuals addressing a wide range of issues frequently encountered by women including but not limited to: personal assertiveness, body image, relationships, family, academic pressures, stress management, etc.

### **Men's Process Group**

For male students interested in exploring their inner-self, being able to freely express their emotions and relating with other males in a healthy way.

### **Out and About**

This group is designed for LGBTQ (Lesbian, Gay, Bisexual, Questioning, Transgender/Transsexual) undergraduates and non-teaching graduate students who are interested in exploring relationship issues, life transitions, and decisions related to sexual orientation.

### **Stress/Anxiety Management Seminars**

The purpose of this group is to reduce anxiety and manage stress more effectively. Seminar topics include: Recognizing and Preventing Stress, Relaxation Techniques, Reassuring Thinking and Cognitive Change, and Relating Assertively with Others.

***Brighter Moods and Less Stress Seminar: Every Thursday at 3:00pm. Ends May 1, 2014.***

## **5. Emergencies**

### **Medical Emergencies | Medical Care After Hours | Mental Health Emergencies FAQs about Emergencies**

For an appointment call 225-578-6716 during operation hours. Appointments are preferred. Patients without appointments may be seen depending on the severity of the problem. **Urgent care cases always take priority.**

### Medical Emergencies

An ambulance may be summoned for acute medical emergencies by dialing **578-HELP (4357)**. State the condition of the person and the exact location. If you are in a residence hall, a staff person should be notified at once.

**For emergencies**, call or go to one of the following hospital emergency rooms, open 24 hours daily:

- **Baton Rouge General Medical Center**  
225-387-7000  
8585 Picardy Ave  
225-763-4000
- **Our Lady of the Lake Regional Medical Center**  
225-765-8826  
5000 Hennessy Blvd.
- **Ochsner Medical Center**  
225-754-3278  
16777 Medical Center Dr.

The above hospitals accept out of state checks. They also accept LSU student insurance (please check your policy for limitations).

Any expenses incurred as a result of medical care obtained off-campus, including ambulance service, are your responsibility.

### Medical Care After Hours

If your problem is not a critical emergency but you need assistance, choose one of the following options:

- Call or go to a private physician of your choice.
- If you live in a residence hall, consult a staff person.
- Call or go to one of the following clinics:

- **Lake After Hours**

Brusly 225-771-8012 4463 Hwy 1 South Mon - Fri: 9 am - 9 pm Sat - Sun: 9 am - 6 pm	Denham Springs 225-791-8800 31985 LA Hwy 16 Mon - Sun: 9 am - 9 pm	O'Neal 225-756-0780 2380 O'Neal Ln. (Suite A) Mon - Fri: 9 am - 9 pm Sat - Sun: 9 am - 6 pm
Central 225-262-8377 8751 Sullivan Rd. Mon - Sun: 9 am - 9 pm	Drusilla 225-924-3906 3333 Drusilla Ln. (Suite B) Mon - Sun: 9 am - 11 pm	Perkins 225-819-8857 12525 Perkins Rd. Mon - Sun: 9 am - 11pm
Coursey 225-246-8000	Highland Rd 225-302-5757 123 Lee Dr. Mon - Fri: 9 am - 9 pm	Zachary 225-654-8850 18989 Old Scenic Hwy Mon - Fri: 9 am - 9 pm

13702 Coursey Blvd.  
Mon - Sun: 9 am - 6 pm

Sat - Sun: 9 am - 6 pm

Sat - Sun: 9 am - 6 pm

- Baton Rouge Clinic  
Urgent Care  
225-246-9997  
7479 Perkins Rd.  
Mon - Fri: 9 am - 9 pm  
Sat - Sun: 10 am - 6 pm

Ochsner Health Center  
225-761-5200  
9001 Summa Ave. (off of  
Bluebonnet)  
Mon - Fri: 7 am - 5 pm  
Sat: 8 am - 3 pm  
Sun: 9 am - 3 pm

## 24 - Hour Nurse Advice and Health Information

- Lake Line Direct  
24 - Hour Nurse Advice and Health Information  
225-765-5253 or 1-877-765-5253 (toll free)  
\*Hearing and speech impaired, call Louisiana Relay Service 1-800-846-5277

## Mental Health Emergencies

It is always recommended that students call the clinic to schedule an appointment for service. However, the Mental Health Service has a counselor available for students in times of an urgent situation/emergency during regular clinic hours.

See below FAQs for more information about Mental Health Emergencies.

### FAQs about Emergencies

Q: What constitutes an emergency?

A: Typically emergencies involve traumatic and life-threatening situations, such as suicide and sexual assaults.

Q: What should I do if I have an emergency?

A: If your situation becomes urgent, or if a medical emergency arises immediately do one of the following options:

- Call **Mental Health Service** at 225-578-8774 during clinic hours.  
A mental health clinician can talk with you about the urgent situation and plan your next step with you.
- Call the LSU crisis intervention and referral service, "**The Phone**" at 225-924-5781.  
Trained counselors are available 24 hours per day to talk with you. All calls are confidential.

- Go to a local hospital emergency room.  
In Baton Rouge we suggest going to the COPE Team 225-765-8900 at **Our Lady of the Lake Hospital** (5000 Hennessey Blvd.)
- Call **911**.

## **6. Victim Services**

**Services to victims are provided by on and off campus programs. Please contact these programs directly for more information.**

- LSU Student Health Center, The Lighthouse Program, for survivors of sexual assault, domestic violence, relationship violence, stalking: <https://www.lsu.edu/shc/medical/sexual-assault-support-services/lighthouse.php>
- LSU Mental Health Service, for all full-time students and part-time students who have paid the Student Health Center fee. Group and individual services available: <https://www.lsu.edu/shc/mental-health/index.php>
- LSU Student Advocacy and Accountability, to assist students in crisis, distress and of concern; not therapeutic. Provides consultation and referrals to available resources: <https://www.lsu.edu/saa/>
- LSU Student Life Emergency Support Fund Application: <https://lsu.edu/studentaffairs/giving/emergencyfundapp.php>
- LSU Food Pantry, available to any student who is enrolled for the current semester: <https://www.lsu.edu/campuslife/service/foodpantry.php>
- LSU Student Life Emergency Support Fund: <https://lsu.edu/studentaffairs/giving/emergencyfund.php>
- Sexual Trauma Awareness and Response (STAR), serves individuals 12 years and older in the Baton Rouge community who have been affected by sexual trauma, including sexual assault, rape, child sexual abuse and sexual harassment. Serves the greater Baton Rouge area, including LSU: <https://www.star.ngo/>
- Baton Rouge Crisis Intervention Center; The Phone: <https://cicla.org/phone/>, Crisis Chat: <https://www.contact-usa.org/chat.html>

### **Services specific to crime victims:**

- Louisiana Commission on Law Enforcement and Administration of Criminal Justice, Crime Victim Reparations: <http://www.lcle.state.la.us/>
- Louisiana Automated Victim Notification System (LAVNS) offender search. LAVNS is an on-line resource and toll-free automated system that allows you to search for information regarding an adult offender's current custody and case status: <http://www.lcle.state.la.us/programs/lavns.asp>

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## **7. Baton Rouge Crisis Intervention Center (Suicide prevention)**

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### **OFFERINGS**

We offer 24-hour counseling provided by paraprofessional counselors. We are also active in prevention activities and participate in a community referral network. Our programs consist of seven different categories of service in addition to a board and foundation which oversee the work of the Center.

**Our services include:**

- The PHONE, 24 hour crisis counseling line
- Crisis Chat, online emotional support
- Education, training and consultation
- Traumatic loss support through outreach
- Survivors of Suicide support group

More information about our services can be found here. If you are having suicidal thoughts, seek help immediately. Confide in a friend or family member, consider calling The PHONE (225-924-3900) or go online to <https://www.contact-usa.org/chat.html> to speak with someone who will listen.

## The Phone

### **(225) 924-3900 or (800) 437-0303 – Toll Free**

A 24-hour crisis counseling and emotional support line. We are here to listen to you. To ensure that no one in the community has to go through a tough time alone, trained counselors are available to listen and talk with you whenever you need help the most.

Calls to The PHONE come from all types of people with all sorts of feelings and problems including, but not limited to, depression, anxiety, loneliness, interpersonal problems and financial issues. Callers to The PHONE are connected to a volunteer paraprofessional counselors trained in crisis intervention and suicide prevention. All calls to The PHONE are strictly confidential. **WE ARE HERE TO LISTEN, CALL US.**

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## Circle of Support Services

To help those in our 10-parish service area, we offer a complete Circle of Support.

**Crisis Intervention Services** —THE PHONE, Crisis Chat, and 2-1-1 Information and Referral provide free, 24-hour emotional support to our community.

**THE PHONE** is our oldest and best known service, and takes about 23,000 calls a year.

**Crisis Chat** provides free, online emotional support through a private instant message with our counselors.

**2-1-1 Information and Referral** offers immediate assistance connecting with health and human services in the community, including information about emergency food and shelter, housing assistance, counseling and substance abuse services, and much more.

## Traumatic Loss Support

**Traumatic Loss Services (Crisis Intervention Center)**— offers immediate emotional first aid to those in our community who have experienced or witnessed a death by a traumatic event. The traumatic events may include, but are not limited to such things as drownings, vehicular crashes, accidental shootings, drug overdoses, and suicide. The outreach is activated at the Coroner's discretion for those impacted by the event.

Trained volunteers responding to the scene can offer support to the bereaved, while allowing the medical/law enforcement personnel to concentrate on their duties. In addition to immediate response, this program offers follow-up support and links families to local resources.

**Survivor Services** —offers free, weekly, peer facilitated support groups for those who have lost a loved one to suicide, and is the local, ongoing support resource for this group. For more information about this group, or to join, please contact us at (225) 924-1431.

**Outreach to traumatic losses in Louisiana** — contact our office at (225) 924-1431 for traumatic loss response and outreach in our community

**Education and Training** — Topics include issues related to: suicide and risk assessment, intervention and prevention, coping skills, stress management, and bereavement. Trainings and consultations are available for teachers, clergy, hospital staff, general public, and other community gatekeepers and may be customized to target special audiences.

## 8. Online Tutoring

Online Tutoring is offered through a service called SMARTHINKING.

How do I register for SMARTHINKING?

- Students can register through their MyLSU account under Student Services by clicking SMARTHINKING, or by clicking [here](#).
- Must use a valid LSU e-mail address for their username and e-mail address when registering.

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What is SMARTHINKING?

- 900 minutes of free online tutoring (Students needing more than 15 hours can purchase additional hours at [smarthinking.com](http://smarthinking.com))\*
- Sponsored by LSU's Student Technology Fee Program and the Center for Academic Success

For what subjects is tutoring offered?

- Writing
- Reading
- Math: basic math through calculus II
- Business: statistics, finance, economics, accounting
- Science: general biology, anatomy and physiology, genetics, physics, chemistry
- Foreign Language: Spanish
- Nursing & Allied Health
- Computers & Technology

## ***Faculty***

- **Do not have access to SMARTHINKING, but can get a free demo account by calling Melissa Brocato (225-578-5293) at the Center for Academic Success**
- Can inform their students on their course web page to register for SMARTHINKING through their PAWS account under student services by clicking SMARTHINKING

How do I efficiently use my 900 minutes of free tutoring?

- Do as much work as you can before engaging an online tutor
- Determine specific questions you would like to discuss with the tutor
- Submit questions that can be answered off line whenever possible

How can I find out more about SMARTHINKING?

- Visit their web site: [www.smarthinking.com](http://www.smarthinking.com)
- Call the Center for Academic Success @ 225-578-2872

\*Need to Purchase Additional Hours? Go to [smarthinking.com](http://smarthinking.com) Click on "**Individuals**" and then click on "**Buy Now!**" to review our pricing and terms of service. When you are comfortable with the terms and know which plan you would like to buy, use the "**Click Here to Create Your Account!**" button to get started.

## **9. Tutorial Centers**

CAS Tutorial Centers offer free assistance with homework, test preparation, and study strategies in biology, chemistry, mathematics, physics, foreign languages. These services are provided by trained peer tutors.

No appointment is necessary, so drop in and we will be happy to assist you!

Tutoring is Available for the following courses:

- **Math:** 1021, 1022, 1023, 1029, 1100, 1201, 1202, 1431, 1441, 1550, 1552, 2057, 2090 and selected higher levels (schedules for 1201/02, 2057, 2090, and higher level maths below)
- **Chemistry:** 1001, 1002, 1201, 1202, 2261, 2262
- **Biology:** 1001, 1002, 1201, 1202 and selected higher levels
- **Physics:** 1100, 1201, 1208, 2001, 2002, 2101, 2102, 2108, 2109
- **Foreign Languages:** see Foreign Language Schedule below
- **Other Courses:** see schedules below

## **SHELL TUTORIAL CENTER**

### **141B Middleton**

All Courses listed above

Summer Hours: (opens June 10, 2014)

Monday-Friday  
11:00am-4:00pm

## **PHYSICS TUTORIAL CENTER**

### **102 Nicholson**

Physics only

Closed for summer.

## **SCHEDULES FOR SPECIFIC COURSES**

### **141B Middleton**

## **ADDITIONAL LSU TUTORING RESOURCES**

- Genesis: 335 Union; Monday - Thursday, 3:00-6:00PM
- Writing Support: Provided by CxC