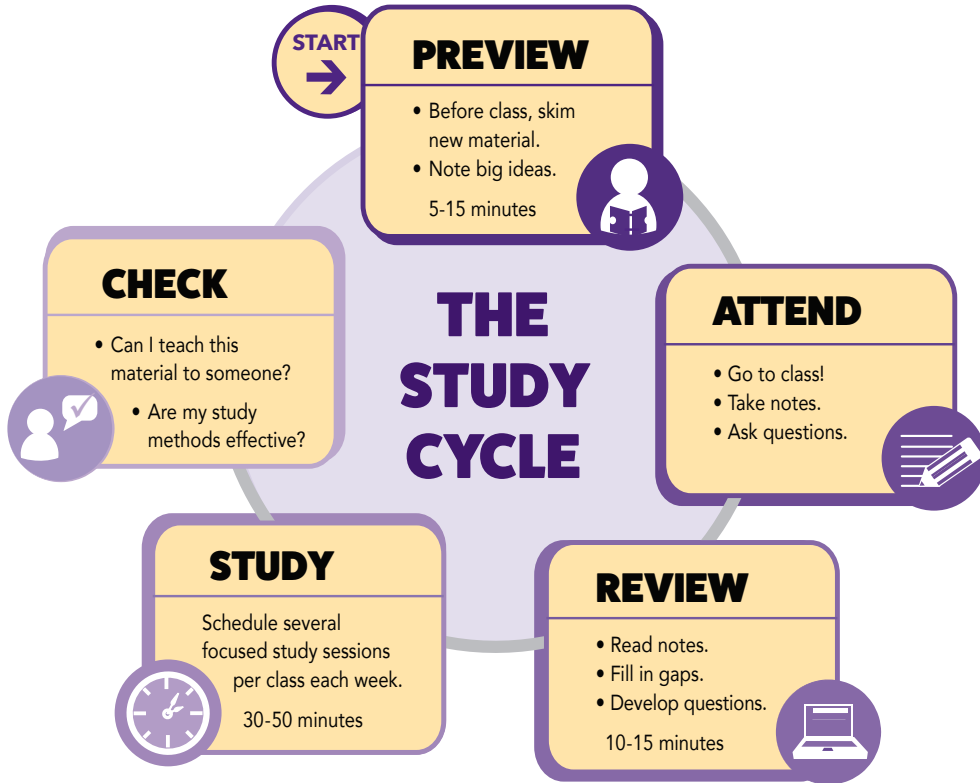


THE STUDY CYCLE

The Path to Improving Study Techniques



Adapted from Frank Christ's PLRS system.
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FOCUSED STUDY SESSIONS

Focused Study Sessions (FSSs) are designed to work with the way your brain learns best: in short, focused increments. Schedule several focused study sessions per class each week.



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