READY to ROAR
CAREER PROFICIENCIES

- LSU produces highly capable students that are ready to enter the workplace of any discipline. The combination of professional experiences, academic pursuits, and involvement opportunities on and off campus produce graduates that are: **Ready to Roar**.

- Developed by the **National Association of Colleges and Employers (NACE)**, the Career Readiness Competencies are the foundation that employers identify when evaluating whether students will be successful in the workplace.

- LSU's general education program, **Integrative Learning Core (ILC)**, adopted a set of proficiencies for students to develop, across the undergraduate curriculum, that will help students succeed after college in pursuing additional educational opportunities as well as beginning a career.

- In the 153 hours outside of the classroom, our students are participating in experiences that intentionally develop vital skills. These **Co-Curricular Competencies** ensure that our students are prepared to be well-rounded individuals upon graduation.

10 CAREER PROFICIENCIES

Self Awareness:

NACE: Professionalism | Career & Self-Development
Co-Curricular: Emotional Intelligence | Time Management | Humility

Identify, articulate, and develop one's values, interests, skills, strengths, knowledge, and experiences relevant to personal growth and professional success. Foundational to career readiness, as it allows individuals to make informed decisions about their career path and to develop the skills and knowledge they need to be successful.

SELF AWARENESS

Communication:

NACE: Communication
ILC: Written Communication | Oral Communication

Effectively convey information, concepts, opinions, and thoughts in a professional or educational setting.

COMMUNICATION

Digital Literacy:

NACE: Technology

Understand how to utilize and leverage technology to solve problems efficiently and ethically.

DIGITAL LITERACY
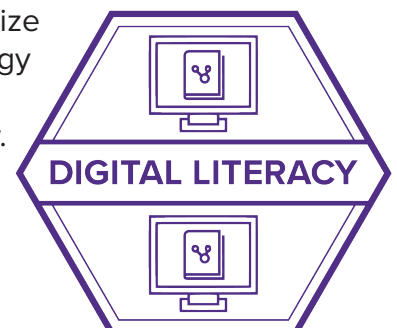
Critical Thinking:

NACE: Critical Thinking
ILC: Inquiry and Analysis | Quantitative & Formal Reasoning

Identify and respond to needs based upon an understanding of situational context and logical analysis of relevant information. Ability to think clearly and rationally to make decisions.

CRITICAL THINKING

Leadership:

NACE: Leadership
Co-Curricular: Initiative | Work Ethic

Recognize and capitalize on personal and team strengths to achieve organizational goals. The ability to influence and motivate others to achieve a common goal.

LEADERSHIP

Teamwork:

NACE: Teamwork
Co-Curricular: Collaboration

Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.
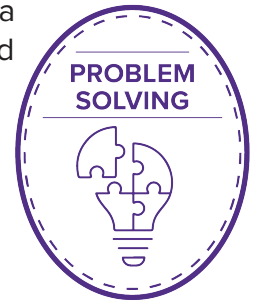
TEAMWORK

Problem Solving:

ILC: Problem Solving | Ethical Reasoning
Co-Curricular: Conflict Management | Creativity

Design, evaluate, and implement a strategy to answer an open-ended question or achieve a desired goal, requiring a combination of critical thinking, creativity, and analytical skills.

PROBLEM SOLVING

Global Learning:

ILC: Global Learning

Examine and think deeply about complicated, connected worldwide systems and their effects on people's lives and the sustainability of the Earth.

GLOBAL LEARNING

Civic Engagement:

ILC: Civic Engagement

Working to make a difference in the civic life of our communities and developing the combination of knowledge, skills, values, and motivation to make that difference.

CIVIC ENGAGEMENT

Intercultural Knowledge:

NACE: Equity & Inclusion
ILC: Intercultural Knowledge and Competence
Co-Curricular: Openness to Understanding Others | Advocacy

Demonstrate the awareness, attitude, knowledge and behavioral skills required to equitably engage and include people from different local and global cultures.

INTERCULTURAL KNOWLEDGE

CAREER PROFICIENCIES WORKSHEET

Use this self-assessment as a tool to identify the skills you need for workplace success. Reflect on your experiences in each area and set goals for how you'll develop or enhance these proficiencies during your academic or professional experiences.

SELF AWARENESS

Sample behaviors:
- Act equitably with integrity and accountability to self, others, and the organization.
- Maintain a positive personal brand in alignment with organization and personal career values.
- Be present and prepared.

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COMMUNICATION

Sample behaviors:
- Ask appropriate questions for specific information from faculty, supervisors, and others.
- Translate content to multiple audiences.
- Employ active listening, persuasion, and influencing skills.

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DIGITAL LITERACY

Sample behaviors:
- Navigate change and be open to learning new technologies.
- Use technology to improve efficiency and productivity.
- Quickly adapt to new or unfamiliar technologies.
- Identify appropriate technology for completing specific tasks.

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CRITICAL THINKING

Sample behaviors:
- Make decisions and solve problems using sound, inclusive reasoning and judgment.
- Gather and analyze information from a diverse set of sources and individuals to fully understand a problem.

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LEADERSHIP

Sample behaviors:
- Inspire, persuade, and motivate self and others under a shared vision.
- Seek out and leverage diverse resources and feedback from others to inform direction.
- Use innovative thinking to go beyond traditional methods.

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CAREER PROFICIENCIES WORKSHEET

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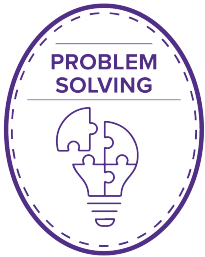
TEAMWORK

TEAMWORK

Sample behaviors:
- Be accountable for individual and team responsibilities and deliverables.
- Employ personal strengths, knowledge, and talents to complement those of others.

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PROBLEM SOLVING

PROBLEM SOLVING

Sample behaviors:
- Develop an action plan to address a problem in an ethical and reasonable manner.
- Listen to multiple parties, evaluate their complaints, and identify possible solutions.
- Suggest multiple creative options on a team project.

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GLOBAL LEARNING

GLOBAL LEARNING

Sample behaviors:
- Ability to connect one's actions to the wider societal or company impact.
- Take informed and responsible action to address challenges.
- Analyze ways that human actions influence the natural and human world.

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CIVIC ENGAGEMENT

CIVIC ENGAGEMENT

Sample behaviors:
- Understand the importance of being an active member of one's community.
- Volunteer one's time to non-profit or community organizations.
- Stay informed about issues facing their community.

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INTERCULTURAL KNOWLEDGE

INTERCULTURAL KNOWLEDGE

Sample behaviors:
- Actively contribute to inclusive and equitable practices that influence individual and systemic change.
- Advocate for inclusion, equitable practices, justice, and empowerment for historically marginalized communities.

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LSU | Olinde Career Center