PERSONAL STATEMENT CONTENT REFLECTION

Use these documents to reflect on your experiences to help you write a personal statement/ statement of purpose for a graduate or professional school program. This information can help you create a general statement, but always make sure to respond directly to the prompt given from the program. Page 1 contains structured questions for reflection and page 2 is an activity to generate content ideas.

MOTIVATION & INTEREST

- 1. What made you initially interested in this field/program of study?
- 2. How have you confirmed (experiences, research, courses, volunteering, shadowing, etc.) that this is the right field for you?

FIT & CAPACITY

- 3. How are you a good fit for this field/program? What is one example of that?
- 4. Why will you be successful in this field/program?

VISION & GOALS

- 5. How do you want to impact this field?
- 6. What are your goals and how will this degree help you obtain them?

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WANDERING MAP

Use this map to mark and detail some of the highlights of your journey so far. Consider what started your interest, how you've confirmed this field is a good fit for you, your goals for graduate/professional school, and you vision for the future.

