Program of Study: Clinical Mental Health Counseling
Required Courses: (60 hours)

Fall (1st Year)

_____ ELRC 4602 Introduction to Counseling Services (3)
_____ ELRC 7331 Counseling Theory and Techniques (3)
_____ ELRC 7391 Counseling Across the Lifespan (3)

Spring (1st Year)

_____ ELRC 7334 Vocational Counseling
_____ ELRC 4600 Disabling Conditions
_____ Elective

Summer (1st Year)

_____ ELRC 7333 Analysis of the Individual (3)
_____ ELRC 7395 Family Counseling (3)

Fall (2nd Year)

_____ ELRC 7393 Multicultural Counseling (3)
_____ ELRC 7397 Substance Abuse (3)
_____ ELRC 4249 Understanding and Applying Research in Education (3) (Offered Fall, Spring, and Summer)

Spring (2nd Year)

_____ ELRC 7345 Counseling Skills and Interventions (3)
_____ ELRC 7330 Group Techniques and Dynamics (3)
_____ Elective

Summer (2nd Year)

_____ Elective
_____ Elective

Fall (3rd Year)

_____ ELRC 7364 Practicum in Clinical Mental Health Counseling (3) – Clinical
_____ Practicum Seminar
_____ Elective
Spring (3rd Year)

_____ ELRC 7399 Supervised Counseling Internship (6)
_____ Elective

In addition to core courses, students will have the opportunity to choose 12 elective hours from three elective cognates: Special populations, Applied Behavior Analysis, and Child and Adolescent Counseling.

**Elective Cognates:**

**Special Populations Cognate**
- ELRC 5300 Girls and Women’s Issues in Counseling (3)
- ELRC 7600 Issues of Race and Gender in Higher Education
- POLI 4027 Politics of Sexual Diversity OR 7406 Social work with Lesbian, Gay, Bisexual and Transgender People
- EDCI 7764 Social and Emotional Development of the Gifted
- SW 7305 Grief and Bereavement

**Applied Behavior Analysis (ABA) Cognate**
- EDCI 6701 Content ABA
- EDCI 6702 Content ABA
- EDCI 6703 School Based Models, Tactics, Strategies
- EDCI 6704 ABA Practicum
- EDCI 7727 Single Subject Research in ABA

**Child and Adolescent Counseling Cognate**
- ELRC 4361 Counseling Children
- ELRC 4360 Introduction to School Counseling
- ELRC 7397 College and Career Readiness