

LSU | Center for Academic Success

ANNUAL

REPORT

2022
2023



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LSU | Center for Academic Success

OUR MISSION

“As LSU’s central learning center, the Center for Academic Success cultivates academic resilience through metacognitive development. We promote life-long learning by providing innovative services and transformational experiences that support student persistence and achievement.”

OVERVIEW

The LSU Center for Academic Success (CAS), an award-winning national Learning Center of Excellence, continued to equip students to attain higher levels of learning in 2022-23 by creating and updating programs and services. Our goal is to inspire and empower individuals with innovative strategies for learning and teaching by encouraging active learning and critical thinking through metacognitive development, the fundamental foundation for all CAS services and resources. The CAS encourages students to embrace learning as an active, ongoing process that promotes growth in their academic and personal lives.

Students who take advantage of the support and resources offered by the CAS are more likely to increase their academic confidence, improve their academic performance, persist in their majors of choice, and graduate on time.

As a result, more students maintain scholarships and financial aid, obtain prime employment opportunities, and enter into professional or graduate level programs ready to succeed.

The CAS staff embraces learning and strives for continued growth. Current best practices from student learning and development, cognitive science, higher education, and other complementary fields are used to develop new content and enhance programs and services to maximize effectiveness for an ever-changing student population. In addition to applying these practices to benefit students, the CAS utilizes these experiences to create original content and contribute to the learning center community.

CAS BY THE NUMBERS



In 2022-23, the Center for Academic Success received

43,308

total visits

8,483

unique students served*

52%

of the freshman class

**Supplemental Instruction Sessions,
Supplemental Instruction Office Hours,
Tutoring, Academic Coaching, Workshops,
CAS Presentations, and IMPACT*

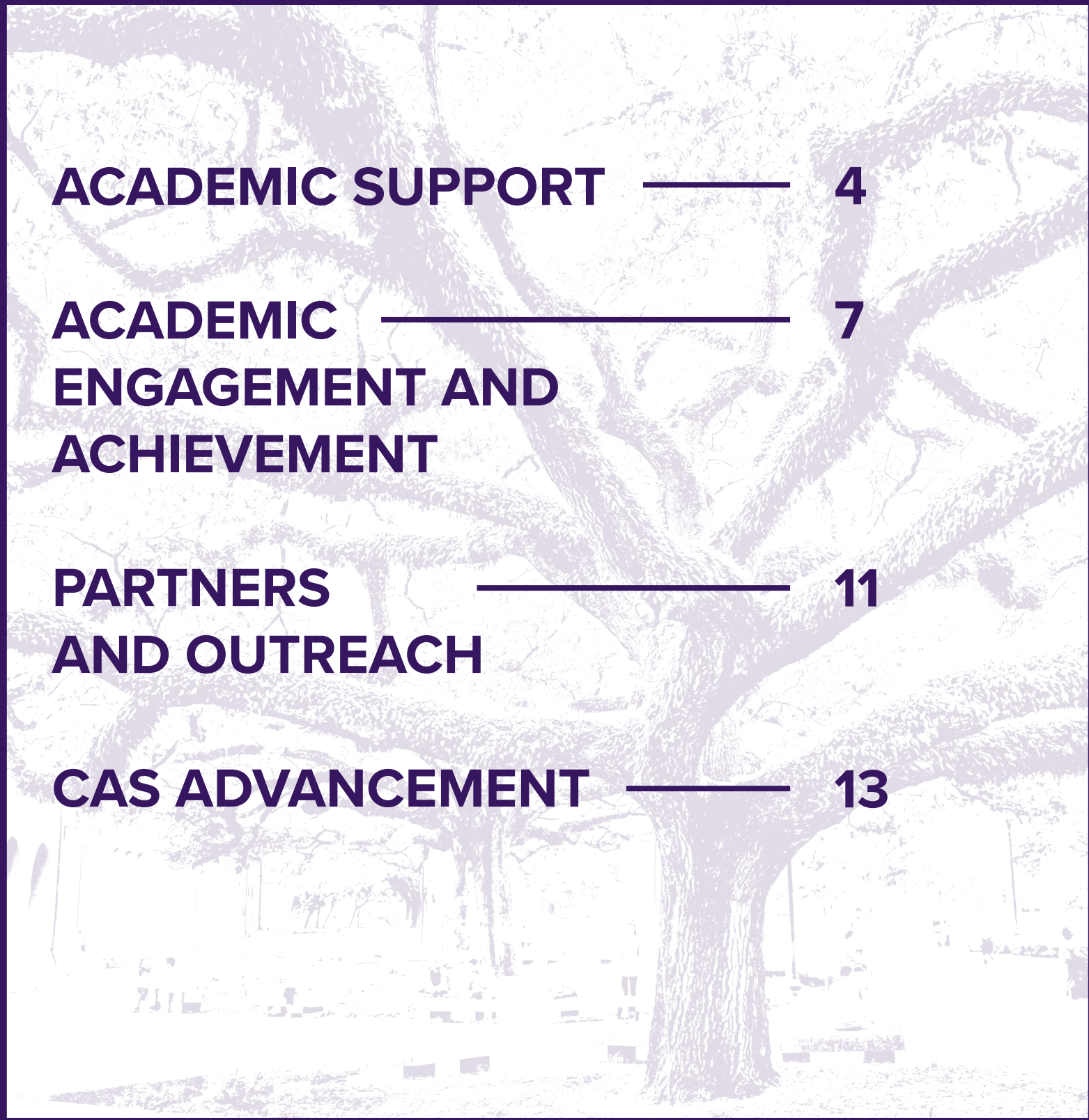
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Academic Support

The CAS Academic Support unit offers free course-based support services to further the CAS mission of helping students persist in their major of choice. Tutoring and Supplemental Instruction provide students with the necessary support they need to increase their performance in targeted courses.

TUTORING

Shell Tutorial Center

The Shell Tutorial Center houses the CAS tutorial program, which includes content assistance, test preparation, and study strategies. These services are provided by College Reading and Learning Association (CRLA) trained peer tutors. Tutors utilize the most up-to-date, research-based techniques which emphasize critical thinking principles, allowing students to apply these newly learned skills to many disciplines within the university. As a result of their training and experience, tutors improve their own understanding and performance in the disciplines for which they tutor.

Online Tutoring

Online tutoring is available through NetTutor to provide availability when the Shell Tutorial Center is not open or a course is not offered. **412** sessions were logged allowing students access to additional tutoring options.

Tutoring Participants Reported

95%

Increase in course understanding

90%

Increase in academic confidence

Tutoring by the numbers

11,832

Total tutoring visits

2,654

Unique students served

SUPPLEMENTAL INSTRUCTION

Supplemental Instruction (SI) is a series of weekly study sessions offered for students in historically challenging courses. SI sessions are guided by trained SI leaders, who have previously taken the course. SI leaders attend class, work closely with instructors and conduct learning sessions to further explain course concepts and help student understanding.

Students who attend six or more SI sessions typically earn a 0.5 letter grade higher than students who do not attend SI sessions.

SI Participants Reported

98%

Increase in course understanding

95%

Increase in course performance

6

SI by the numbers

25,296

Total SI visits

5,336

Unique students served



Academic Engagement and Achievement

ACADEMIC ENGAGEMENT AND ACHIEVEMENT

The CAS Academic Engagement and Achievement unit offers free programs and services, which are grounded in research-based metacognitive principles. These services help students improve their academic performance, critical thinking skills, and self-efficacy.

In the 2022-2023 year, Academic Engagement and Achievement...

- Increased coaching capacity to meet student demand
- Created subject-specific strategy workshops
- Developed the LSU Promise Scholar program for recipients of the Louisiana Pelican Promise Scholarship

“ Amazing, I got exactly what I expected during the session. All my classes, readings, and assignments were in shambles and I felt like a complete mess, but this academic coaching session definitely helped me fix all of that. I believe I will start to improve if I follow all the strategies and tips I was given. ”

- Academic Coaching Participant

2,328

Coaching sessions offered

80%

Increase in coaching capacity

WORKSHOPS AND PRESENTATIONS

Signature Strategies

Three workshops that address the most common challenges college students face: time management and goal setting; effective study strategies to improve grades; final exam preparation and academic stress management.

IMPACT

Helps first-year students to evaluate their study habits and provide transformational strategies to improve academic performance.

Small Group Strategy Sessions

Mini workshops offered during high volume times to ensure all students can find support.

Subject-Specific Workshops

Strategy workshops for courses students often find challenging. Currently offered in Math, Biology, and Chemistry.

Class & Student Group Presentations

Customized presentations on metacognitive strategies to improve learning and performance are offered upon request.

956

Attended Signature Strategies in 2022-2023

799

Attended IMPACT in 2022-2023

329

Attended Subject-Specific Workshops in 2022-2023

LSU Promise Scholars

The LSU Promise Scholar program is a ground-breaking CAS initiative for LSU first-year students who receive the Pelican Promise Scholarship. This program provides students with a custom educational, interactive experience tailored to their needs and aligned with research to enhance their matriculation and retention at LSU.

90

Promise Scholar Participants

1,022

CAS visits

3.2

Median GPA

Academic Kick-Off

A drop-in resource fair where students learn about various academic and departmental student support services across campus.

821

Attended Academic Kick-Off

Sophomores Rise

Empowers first-year students at-risk of being scholastically dropped with independent learning strategies to help raise their GPA and have a successful sophomore year.

354

Attended Sophomores Rise



Partners & Outreach

FACULTY RESOURCES

Faculty Partners

Faculty Partners serve in an advisory capacity for CAS programs, services, and with discipline-specific content needs. They act as liaisons between the CAS and their department/college to ensure timely and mutually beneficial communication and feedback, as well as encourage the adoption of active and engaging practices to improve student learning.

Our Faculty Partners

Elzbieta Cook—**Chemistry**

Janice Holmes—**Accounting**

Daniel Keniston—**Economic**

Julia Ledet—**Mathematics**

Adam Melvin—**Chemical Engineering**

Steven Pomarico—**Biological Sciences**

Heather Rackin—**Sociology**

Supporting Student Success in the Classroom

A virtual workshop series designed to empower LSU Faculty by sharing best practices to support student success.

Strategies for Streamlining Student Referrals to Support Academic Success

Enhance understanding of campus referral processes such as Navigate progress reports, Academic Intervention Team, LSU Cares and other academic resources to ensure the most efficient use of time while connecting students to the resources they need.

Fostering Academic Resilience Using Metacognition and Mindset

Learn strategies to help students adopt a mindset to avoid or bounce back from poor performance in classes and incorporate metacognitive learning strategies that will ensure success in the college classroom.

Academic Intervention Team

Coordinated by the CAS and part of LSU Cares, the Academic Intervention Team (AIT) provides timely and appropriate interventions for students facing circumstances that may impede their academic success. Students are identified, and an intervention is intrusively provided based on the student's unique needs.

Faculty Newsletter

The faculty newsletter is sent at strategic points throughout the semester to connect faculty with resources that enhance student success. The newsletter has been well received, with an average open rate of almost 50%.

CAS

ADVANCEMENT

- Contributed to the national learning center community through presentations at the NCLCA National Conference
- National Learning Center of Excellence, one of the only two in the nation awarded this designation twice
- Provided support to at-risk students with targeted interventions through student success caseloads.

Fiscal Contributors

- Shell
- LSU Office of the President
- Auxiliary Services
- E.J. Orso College of Business
- College of Science
- College of Humanities & Social Sciences
- Campus Federal Credit Union
- LSU Student Government
- Honors College
- NetTutor