The Center for Academic Success is a certified national Learning Center of Excellence and the central learning center at LSU. CAS provides a cognitive-science based approach to student assistance and personalized success strategies.

SHELL TUTORIAL CENTER, 141 Middleton Library
Summer hours: 12:00 p.m. - 5:00 p.m. Monday - Friday
Find walk-in tutoring in math, biology, physics, chemistry, accounting, economics, and other courses, as well as computers for independent use. CAS also sponsors access to online tutoring and a tutor-for-hire matching service.

SUPPLEMENTAL INSTRUCTION (SI)
CAS offers peer-led, weekly group study for select disciplines. Find more information at lsu.edu/si.

ACADEMIC COACHING
An academic coach can help you focus, prepare and succeed, with resources on test prep, time management, note-taking, overcoming test anxiety, college reading strategies, concept maps, and study techniques. Schedule at lsu.edu/cas.

PRESENTATIONS BY REQUEST
Student organizations and faculty can request a group presentation on topics from test prep and time management. Schedule at lsu.edu/cas.

PLAN FOCUSED STUDY SESSIONS
Decide what you will accomplish in your study session and get started. (Suggested time: 1 - 2 minutes)
Focused study sessions (FSSs) are designed to work with the way your brain learns best:
- Go to class!
- Take notes.
- Ask questions.

CHECK
- Can I teach this material to someone?
- Are my study methods effective?

STUDY
- Can I teach this material to someone?
- Are my study methods effective?

START
Adapted from Frank Christ’s PLRS system.
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