INTRODUCTION

In compliance with Drug Free Schools and Campuses Regulations (EDGAR Part 86), a meeting was held on April 16, 2013 in the Ouachita Room of the Louisiana State University Student Union to conduct a Biennial Review of the effectiveness of LSU’s alcohol and other drug (AOD) programs and the consistency of policy enforcement. The Biennial Review meeting was chaired by Julie Hupperich, Associate Director of the Student Health Center, and Bret Blackmon, Associate Director of the Louisiana Center Addressing Substance Use in Collegiate Communities (LaCASU).

Participants included: Julie Hupperich (Student Health Center), Bret Blackmon (LaCASU), Matt Gregory (Student Advocacy and Accountability, Office of the Dean of Students), Lindsay Madatic (Office of Human Resource Management), Jonathon Hyde (Department of Residential Life), Angela Guillory (Office of Greek Life), and Allison Smith (LaCASU).

Additional contributors to this report included: Mike Durham (Office of Risk Management), Kevin Scott (LSU Police Department), Rebecca Trahan (Office of Sponsored Programs), and Miriam Segar (Athletics Department).

Meeting notes were taken by: Allison Smith, Coordinator, LaCASU

The final report was prepared by: Julie Hupperich, Associate Director, Student Health Center and Bret Blackmon, Associate Director, LaCASU

OBJECTIVES

The task of the Biennial Review Committee, as outlined by the U.S. Department of Education’s Complying with the Drug-Free Schools and Campuses Regulations Manual, is:

1. To determine the effectiveness of, and to implement any needed changes to, the university’s AOD program (policy, enforcement measures, prevention and intervention programming); and
2. To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

To facilitate this task, the Biennial Review Committee utilized the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist. Additionally, participants discussed three specific topics with regard to AOD issues at Louisiana State University:

a. What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at LSU, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?
b. Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at LSU consistently enforced?
c. Looking to the future, what new ideas, strategies and/or partnerships could the LSU pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

Results of the checklist review and discussion are provided in this report.

PART 86, DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program? If yes, where is it located?

LSU offers many drug prevention programs, which are implemented by various departments. Campus departments that facilitate AOD programming and prevention efforts include: Student Health Center, Louisiana Center Addressing Substance Use in Collegiate Communities (LaCASU), Student Health Center, LSU Police Department, Human Resource Management, Office of Risk Management, Office of the Dean of Students, Student Government, Department of Residential Life, and the Athletic Department.
Program descriptions are available through the following websites:

- www.lsu.edu/lacasu
- www.lsu.edu/shc
- www.lsu.edu/psychology/psc/
- http://sites01.lsu.edu/wp/lsupd/
- www.lsu.edu/hrm/EmployeeRelations
- http://saa.lsu.edu/
- www.lsu.edu/housing
- www.lsusports.net

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?

a. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
   
   Students: Yes  Staff and Faculty: Yes

b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
   
   Students: Yes  Staff and Faculty: Yes

c. A description of applicable legal sanctions under local, state, or federal law
   
   Students: Yes  Staff and Faculty: Yes

d. A description of applicable counseling, treatment, or rehabilitation or re-entry programs
   
   Students: Yes  Staff and Faculty: Yes

e. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions
   
   Students: Yes  Staff and Faculty: Yes

COMMENTS:
A broadcast email will be sent to all students, staff, and faculty containing the annual notification in Fall 2013. In addition, students will receive the annual notification prior to registering for their courses via the online 'myLSU' system. Once a student logs in to register for their courses, a landing page containing the notification will appear on their screen. The student must acknowledge that they have read through the document before proceeding to their schedule request. Staff and faculty will receive their notification when accessing their W2's online through 'myLSU' as well. The document will appear on a landing page and must be acknowledged before the employee can proceed to the W2 Form. Staff members who lack computer access will receive their notification via U.S. mail.

LSU will make efforts to deliver these notifications more than once per year via broadcast emails and posted links within the LSU online system.

In addition to the above mentioned methods of notification, the Office of the Dean of Students and Student Health Center staff present the above information to students and parents at new student orientation sessions throughout the Spring and Summer months each year. The above information is shared with residential students by Residential Life staff at the beginning of the Fall semester. LSU Police send a broadcast electronic message with the Annual Campus Safety and Security Report as required by the Clery Act; a link to the notification will be included in that message. Additionally, the above information is shared individually with students who meet with staff within the Office of the Dean of Students for alcohol and other drug related infractions.

3. Are the above materials distributed to students in one of the following ways?

a. Mailed to each student (separately or included in another mailing): Yes, by electronic mail
b. Through campus post office boxes: No
c. Class schedules which are mailed to each student: This is not applicable
d. During freshman orientation: Yes
e. During new student orientation: Yes
f. In another manner (describe):
   
   Spring 2013 – Students will receive a broadcast email containing the notification.
   Fall 2013 – Students will receive their notification prior to scheduling for their spring semester courses using the online system.

4. Does the means of distribution provide adequate assurance that each student receives the materials annually? Yes

COMMENTS:
The LSU Biennial Review Committee is confident that the electronic materials delivered prior to spring course scheduling will adequately ensure that all students receive the information.

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution? Yes

COMMENTS:
LSU intentionally delivers the notification during the spring course scheduling to accommodate late enrollees. In addition, the notification will be provided at the new student orientation prior to each fall semester. Furthermore, LSU will send a broadcast email to all students each fall and spring semester to ensure all students receive the information regardless of the time they enrolled.

6. Are the above materials distributed to staff and faculty in one of the following ways?

a. Mailed?
   
   Staff: Yes, by electronic mail  Faculty: Yes, by electronic mail
b. Through campus post office boxes?
   
   Staff: No  Faculty: No
c. During new employee orientation?
   
   Staff: Yes  Faculty: Yes
Committee Discussion:
In addition to completing the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist, Committee members addressed each of the discussion questions below and provided information pertinent to these items.

What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at LSU, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?
Louisiana Center Addressing Substance Use in Collegiate Communities (LaCASU)

- Administer the Core Alcohol and Drug Survey biennially
- Disseminate alcohol and drug research to LSU staff members as well as state and community stakeholders
- Conduct professional development trainings on substance abuse prevention for LSU staff and community stakeholders
- Host an annual professional development Summit for college substance abuse prevention staff
- Coordinate a campus-community coalition to reduce substance abuse among college students in Baton Rouge, LA by using evidence-based environmental strategies
- Consult with the East Baton Parish Metro Council on alcohol related ordinances

Student Health Center

Mental Health Initiatives

- Routine screening of all new clients for alcohol and marijuana abuse/dependence
- Provide specific consultation and treatment for abuse issues of AOD
- Provide community treatment resources for clients needing inpatient/IOP
- Provide motivational interviewing training for yearly intern cohort and staff (Student Health Center Policy Statement 20-31)

Health Promotion Initiatives

- My Student Body Essentials Course – mandated completion for all incoming students. Three part course including alcohol, other drugs and sexual violence prevention modules (See Student Health Center Policy Statement 21-16)
- Educational Presentations and Outreach
  o Athletics
    - Freshmen male football players
    - Freshmen female athletes
  o Curricular Classes
    - Human Ecology
    - Women and Gender Studies
    - Residential Colleges
    - Psychology
    - Social Work
  o Co-curricular Classes
    - Kinesiology courses (multi-level)
    - Tiger Education on Alcohol/Other Drug Matters (TEAM) (See Student Health Center Policy Statement 21-17)
- Orientation Sessions
  - Peer designed performed theatrical skit for new students at all orientation sessions
  - Presentations for parents at all orientation sessions
- Residential Halls and Off Campus Housing
  - LSU After Dark series of programs in residential halls
  - Presentations at off campus apartment complexes
- Greek Social and Professional Organizations
- Educational Outreach on Campus
  - Collaborative programs with University Recreation
  - Informational tables in Free Speech Plaza
  - Collaboration with Students on Target for “Groovin on the Grounds” Wellness and Music Festival
- Baton Rouge Community Outreach
  - Educational presentations in high schools
  - Partnership with the East Baton Rouge Parish School system ICARE program which provides primary, secondary and tertiary prevention education
- Assessment
  - Conduct the American College Health Association National College Health Assessment Survey, 2009, 2011, 2013
  - Individual Advising – students who violate the LSU Code of Student Conduct are referred to the Office of Health Promotion for individual advising sessions. (See Student Health Center Policy Statement 21-17)

LSU Police Department

- Alcohol and Drug Enforcement
  - Police personnel participate in targeted enforcement based on known or probable alcohol or drug abuse
  - Driving While Intoxicated (DWI) enforcement grant awarded for 2012
  - DWI enforcement recognized by Louisiana Highway Safety Commission (LHSC)
    - 2012 LHSC: Most DWI arrests for University Police Department
  - Alcohol and drug enforcement strike teams during home football events
  - Police personnel participate in random announced DWI traffic checkpoints
  - Police Narcotic Detector Dog Team actively patrols
  - Police personnel are equipped to identify alcohol and illegal drugs
  - Police personnel participate in the event approval process for all registered University events where alcohol will be served (Policy Stmt 78).
  - Police personnel provide or support physical security at all registered University events where alcohol is served.
- Student Orientation Sessions
  - Present community safety information to include drug and alcohol awareness and enforcement initiatives to all participating first year undergraduate, graduate, transfer and international students.
- Community Outreach
  - Participate and host positive interactive opportunities to promote prevention of drug and alcohol abuse.
    - University departments or organizations may independently request a community safety presentation.
    - Typical requests and presentations include to Greek organizations, University staff departments and campus housing residents and staff.
    - Interactive stations include Fatal Vision goggles, chemical test for intoxication hardware and demonstrations, standardized field sobriety test demonstrations, and others.
- **Intervention**
  - Consistent monitoring and intervention when appropriate to address a variety of student behavioral issues to include AOD behaviors through the Communicate Assess Refer Educate (CARE) Team.
- **Staff Training**
  - Present drug and alcohol awareness, recognition and response training to University employees.
  - Police personnel participate in annual in-service training specific to drug and alcohol awareness, recognition and response.

**Department of Risk Management & Safety**
- University Policy on Misuse of Alcohol and Drugs PS 67 provides guidance and policy on substance abuse at LSU.
- After a review by task group of representatives from major departments, appropriate state regulatory/legal authorities, and the University Safety Committee, the Policy was updated and approved effective January 7, 2013.
- Employees who work in safety and security sensitive positions on campus are subject to pre-employment and random drug screening.
- Drug Screening, including the services of the Medical Review Officer, for detection of abuse is conveniently provided for employees by the Student Health Center.
- Drug Screening for all employees on campus is provided:
  - Following accidents in which the employee's behavior or actions were contributing factors. (accidents are investigated immediately)
  - Where behavior indicates a need
  - Where rehabilitative and restorative treatment has been provided for the employee

**Human Resource Management**
- Provision of supervisor and employee consults with HRM regard to issues of substance abuse.
- Provision of referral for counseling and treatment regarding AOD issues.
- Dissemination of brochures and other referral information regarding AOD issues upon request.

**Office of the Dean of Students**
- Implementation and facilitation of the bystander intervention program, STEP UP!, an interdisciplinary program that trains student leaders to recognize problem situations (alcohol, drugs, hazing, physical violence) and to safely and effectively act on concerning cues.
- Individual meetings with students concerning AOD policies, enforcement and awareness issues.
- AOD policy awareness education at new student and parent orientation sessions throughout the Spring and Summer Semesters.
- Staff the student wage at home football games to assist the game day security team by identifying and responding to problematic situations to include excessive use or abuse of AOD.
- Provide notification to students of alleged AOD infractions of the LSU Student Code of Conduct and consistently enforce AOD infractions involving these students to effectively resolve individual accountability matters.
- Identify and provide assistance to students with AOD related issues and who may be in crisis, distress, or of concern. Identify and facilitate appropriate referral options if applicable.
- Publication of University policies, sanctions on the Student Advocacy & Accountability and Office of the Dean of Students websites.
- Regular review and updating of the LSU Student Code of Conduct to include AOD policies and sanctions for students at the University.
- Develop and facilitate Ethics and Decision Making Classes with students to discuss personal choices and their impact on self and others. Discussions have included choices pertaining to alcohol and/or other drug issues.
- Consistent monitoring and intervention when appropriate to address a variety of student behavioral issues to include AOD behaviors through the Communicate Assess Refer Educate (CARE) Team.
- Facilitate student referrals as a result being found responsible for AOD policies and upon completion of the University accountability process.
- Referrals/sanctions may include individual assessment, attendance to the TEAM class, or completion of a motivational interviewing assessment through the BASICS program.

**Campus Life**
- Provide risk management training for any event registered where alcohol will be served. Policy Statement (PS) 78 is reviewed, tips and strategies on managing risk before, during, and after the event are discussed. This process is followed for any registered student organization who registers an event where alcohol will be served.

**Greek Life**
- Present a brief overview of the University alcohol and drug policy to each Greek student at the beginning of each Fall semester.

**Student Government**
- Students on Target, a committee of Student Government hosts an annual event, “Groovin’ on the Grounds” that includes wellness activities and a concert that is an alcohol-free event.
- Hosts Tiger Nights, a late-night event that includes alcohol-free activities in the Student Union and on the parade grounds throughout the year.
- Funds the Organization Relief Fund, which has been used to send the Student Health Advocates to the Bacchus Conference a couple of times, where they were able to receive health education and promotion training and learn about wellness programming strategies.

**Residential Life**
- Nightly building rounds and emergency on call response provides a means to address students in need who are abusing alcohol and other drugs.
- The Living On Campus Handbook is distributed in hard copy form to all first year students when they move in to their communities. Additionally it is available year round to students and parents online: [http://appl003.lsu.edu/slas/reslifeweb.nsf/$Content/Living+on+Campus+Handbook?OpenDocument](http://appl003.lsu.edu/slas/reslifeweb.nsf/$Content/Living+on+Campus+Handbook?OpenDocument)
- This document provides an overview of policies related to alcohol and other drugs and expectations for behavior in residential communities.
- Residential Education staff present programs on alcohol and other drugs throughout the year in residential communities.
- Special passive programming poster and online campaign to prevent the use of marijuana in residential communities was implemented: [http://appl003.lsu.edu/slas/reslifeweb.nsf/$Content/Marijuana+Campaign+Resource?OpenDocument](http://appl003.lsu.edu/slas/reslifeweb.nsf/$Content/Marijuana+Campaign+Resource?OpenDocument)

**Athletic Department**
- Provide orientation program to all new incoming students that includes awareness and education on use of NCAA Banned Substances, illegal use of stimulant medication and nutritional supplements.
- Provide annual education to all student-athletes on NCAA Banned Substances as well as LSU and NCAA Drug Testing Policy information. Student-Athletes are provided with a list of illicit substances and knowledge that both NCAA and LSU drug testing will occur.
- Utilize professional speakers on an occasional basis to educate student-athletes on drug/alcohol related issues. (2009- Mark Sterner, DUI; 2013- Taylor)
Hooton Foundation, nutritional supplement education and dangers of steroid use/abuse).

- Athletic Training Department has created a blog (Healthytiger.blogspot.com) to share monthly information and educate student-athletes.
- Twitter is utilized to notify the student-athletes when updates to blog are completed as well as providing an additional educational opportunity.
- Registered Dietician is employed in the Athletics Department to work directly with student-athletes to help educate and stress the dangers of using unregulated nutritional supplements.
- Educational brochures and materials are available and provided to student-athletes through the athletic training room. Topics include proper nutritional fueling, disordered eating, nutritional supplements, proper hydration, etc.
- Full time Staff Psychologist was hired in 2012 to work with student-athletes who have psychological and addictive behaviors. Individual and group education occurs specifically with student-athletes who have drug/alcohol problems.

In comparing the 2011 and 2013 American College Health Association- National College Health Assessment data sets, there have been positive changes in several areas, including a decrease in the number of binge drinking episodes, an increase in appointing a designated driver, an increase in employing protective or risk reduction strategies and a decrease in harmful consequences. While many factors can influence these behaviors, we feel the aforementioned initiatives have been effective in having a positive impact on the health and wellbeing of the campus community.

B) Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at LSU consistently enforced? Yes. Student discipline is administered through Student Advocacy & Accountability (SAA), a unit within the Office of the Dean of Students. Staff in SAA identify, charge, and resolve AOD-related infractions of the LSU Student Code of Conduct. SAA staff regularly prescribe established outcomes to effectively address AOD-related infractions and to ensure consistency across hearing officers. Absent mitigating circumstances, SAA staff may assign a combination of disciplinary probation, TEAM class, BASCIS intervention, personal assessment, and creative sanctioning options to address AOD-related behavior. Any AOD-related referral involving a student is reviewed and acted upon by SAA. Additionally, students living in Residential Life may lose their living on campus privileges or be relocated for multiple or excessive alcohol and/or drug conduct violations.

Relative to LSU employees, it can be reported that employee management continues to be highly decentralized; however, all AOD issues should be dealt with by the central HR function on campus. HRM relies on employees in supervisory roles to relay any relative AOD concerns regarding their employees. The EAP policy also dictates what to do when faced with an employee having a problem with AOD.

C) Looking to the future, what new ideas, strategies and/or partnerships could LSU pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

- **Improving Communication between Campus/ City Law Enforcement**
  We continue to work on improving communication between the local Sheriff’s office, the East Baton Rouge Police and the LSU Police Departments.

- **Implementing a Social Marketing/Social Norms Campaign**
  Given the wealth of data available, we could utilize more social marketing outlets share messages that help to clarify social norms, and thereby reduce high risk behavior in the campus community.

- **Regulating High Risk Drinking on Game Day**
  There are few controls in place to discourage high risk drinking for football game days, including kegs, hard liquor and drinking games.

- **Conducting Formalized Strategic Planning**
  There are limited conversations about data trends and strategic planning among appropriate units.

- **Instituting Pervasive Screening**
  Many student services on campus, particularly the Student Health Center, would implement more pervasive screening to identify students with high risk drinking behaviors and/or alcohol and drug addiction issues.

- **Development of a Recovery Community**
  Several units have begun conversations about identifying current resources and obtaining new resources to support students in recovery, particularly those that return to campus immediately following treatment.

- **Addressing High Alcohol Outlet Density**
  Multiple on- and off-premise alcohol outlets surround the campus. No collaboration exists between the bar owners and the university to prevent high-risk drinking.

THE BIENNIAL REVIEW COMMITTEE MEETING ENDED AT APPROXIMATELY 12:00 PM.

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Date ____________

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Date ____________

APPENDICES

* Student Health Center Policy Statement 20-31, Assessment and Treatment of Substance Use Disorder
* Student Health Center Policy Statement 21-16, Online Health Education
* Student Health Center Policy Statement 21-17, Alcohol and Drug Education Referrals
* LSU Policy Statement 67, Misuse of Drugs or Alcohol
* LSU Policy Statement 39, Employee Assistance Program
* LSU Permanent Memorandum 33, Drug-Free Workplace & Drug Testing